



### Aspect 3

## General sound discrimination – body percussion

### Action songs

Singing songs and action rhymes is a vital part of Phase One activities and should be an everyday event. Children need to develop a wide repertoire of songs and rhymes. Be sure to include multi-sensory experiences such as action songs in which the children have to add claps, knee pats and foot stamps or move in a particular way. Add body percussion sounds to nursery rhymes, performing the sounds in time to the beat. Change the body sound with each musical phrase or sentence. Encourage the children to be attentive and to know when to add sounds, when to move, and when to be still.

**We love to join in with this.....**

### The Skeleton Dance + More/ Dance songs for kids/ Super simple songs

#### Roly poly

Rehearse the rhyme with the actions (rotating hand over hand as in the song 'Wind the bobbin up').

*Ro ... ly ... po ... ly ... ever ... so ... slowly*

*Ro ... ly ... poly faster.*

(Increase the speed of the action as you increase the speed of the rhyme.)

Now add in new verses, such as:

*Stamp ... your ... feet ... ever ... so ... slowly*

*Stamp ... your feet faster.*

Ask the children to suggest sounds and movements to be incorporated into the song.

*Say hello ever so quietly*

*Say HELLO LOUDER!*