



# Christopher Pickering Impact Report 2018/2019

# Tigers Trust and Premier League Primary Stars



The Tigers Trust is working in close partnership with the Premier League Primary Stars programme to deliver the highest quality of Physical Education to schools and academies across Hull and the East Riding of Yorkshire region. Each Tigers Trust Physical Education and School Sport Specialist has achieved the minimum of, or is working towards, the Association for Physical Education (AfPE) Level 3 Award in Supporting the Delivery of Physical Education and School Sport. This continuity within the Trust ensures that each of our partnership schools are consistently receiving the highest delivery standards that both students and school staff can learn from.

***“We have thoroughly enjoyed working in partnership with Christopher Pickering Primary School during the 2018-19 Academic Year. Through the effort from pupils and staff over the year, we have been able to increase the confidence of pupils, and improve their enjoyment of PE and school sport. Physical activity levels have increased, and pupils have been able to realise their potential and be inspired to work towards their personal best. Through the hard work of teaching staff we have also been able to increase their confidence and knowledge to consistently deliver outstanding PE lessons. We thank everyone from Christopher Pickering for your continued support, and look forward to continuing to work with your school in the future.”***



# National Curriculum for PE

## Develop competence to excel in a broad range of activities

The Premier League Primary Stars programme has carefully been planned to ensure that each of the NCPE (2014) aims are met within delivery and that students:

### Are physically active for a sustained period of time

From EYFS and Key Stage 1 the Tigers Trust coaches aim to develop the full range of fine and gross motor skills for students to acquire the fundamental movement skills to excel within a broad range of physical activities. Key Stage 2 students are then delivered a wide range of competitive games in which they can apply their previously acquired skills to excel in numerous games and sports.

### Engage in competitive sports and activities

Lessons are carefully planned to place sustained physical activity as a priority whilst also incorporating innovative assessment for learning techniques to ensure that students are also developing their knowledge and understanding whilst being active.

As well as competition being an integral aspect of lessons, each half-term partnership schools are invited to inter-school competitions for students in Years 1-6 to compete in tag rugby, benchball, dodgeball, hockey, netball, cricket and multi-skills.

### Lead healthy and active lifestyles

In addition to the extra-curricular clubs ran by the Tigers Trust, a range of informative assemblies are offered which seek to educate students on the benefits of leading a healthy, active lifestyle and making correct and informed lifestyle choices.



Within the 2018-19 academic year the Tigers Trust has worked closely with over 250 students and 4 members of teaching staff at Christopher Pickering Primary School.

During this contact time, Key Stage 1 students were delivered basic invasion games which looked at the basic skills of creating space, changing speed and direction to beat a defender also whilst using a ball. Key stage 2 students were delivered a range of invasion games which aimed to develop a number of skills including; creating space, moving/dribbling with the ball, outwitting an opponent, sending and receiving, and attacking and defending principles. This delivery was further supported by the school entering into cluster and area competitions.

As well as curriculum PE the Tigers trust continued their support with the successful breakfast club which sees plenty of children get active during the morning before lessons making sure they are engaged and ready for their day of learning ahead.



## Reading Stars

- The aim of the programme was to develop a select group of individuals who would benefit from extra reading and writing opportunities using sport related texts.

This allowed children to work an individual as well as in pairs and teams to develop their reading skills. We looked at different techniques and skills to help read and understand different types of texts. We linked a lot of this around sport to help create a buy in from the children and they responded really well. Some of the children did not read or do a lot of work away from the classroom however we found they made some great progress with their reading ability but also increasing self confidence and the benefits of reading.

We then had a visit from Hull City Goalkeeper Callum Burton to discuss the importance of reading in day to day life but also as a footballer.



## FS2 and Year 1

- Play invasion games to look at attacking and defending principles
- Movement skills in order to change speed and direction
- Basic sending and receiving techniques

During our delivery time at Christopher Pickering Primary School we have worked with 250 children in Key Stage 1 and 2. Tigers Trust staff have delivered lessons that have looked at;

Playing invasion games to look at basic principles of attacking and defending. Introduced pupils to a ball, thinking of different ways to move with it and pass with it

We have used invasion games to help develop basic skills including; creating space, moving/dribbling with the ball, sending and receiving, and basic attacking and defending principles.

We also worked closely with the staff to help develop and improve subject knowledge around invasion games and the use of assessment in lessons.



## Key Stage 2



- We have been working on invasion games using attacking and defending principles through competitive games as well as evaluating our own performances
- Develop skills which may be transferred into other sports such as creating space , moving /dribbling a ball and sending and receiving

We have used invasion games to help develop basic skills including; creating space, moving/dribbling with the ball, outwitting an opponent, sending and receiving, and attacking and defending principles. These principles were then put into practise by allowing children to showcase their skills through competitive games. The children were given lots of opportunity from self reflection and group discussion to review their performance and look at what they would change and how/why?. This has allowed opportunity for better game sense/understanding through a social aspect within the lesson and encourages children to be problem solvers rather than given answers.

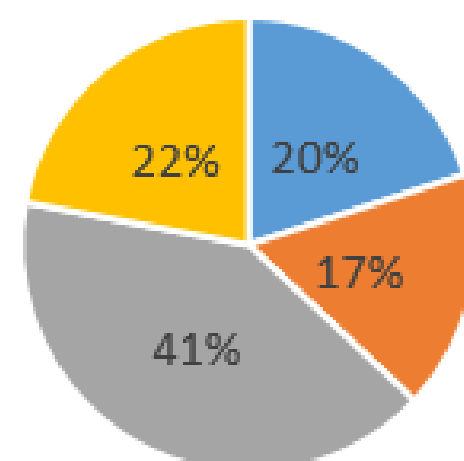
We also worked closely with the staff to help develop and improve subject knowledge around invasion games and the use of assessment in lessons.



# Stats

## Student Questionnaire Results

How often do you play sports outside of school? - Before

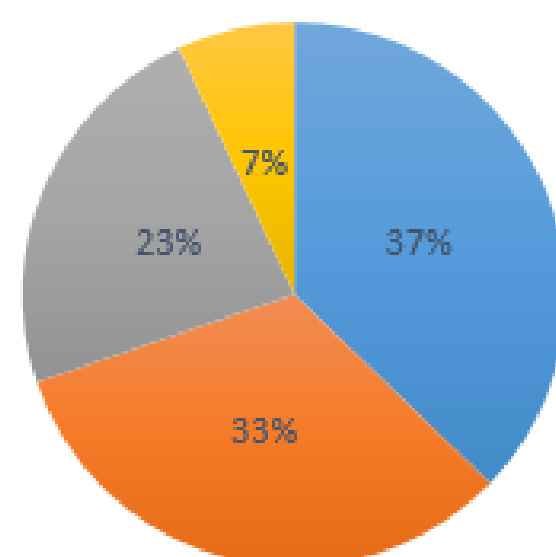


- Everyday
- More than twice a week
- Once a week
- Once a month

Feedback to how often do you play sport outside of school?

The results show an increase in the amount of sport children are participating in.

How Often Do You Play Sports Outside Of School? - After



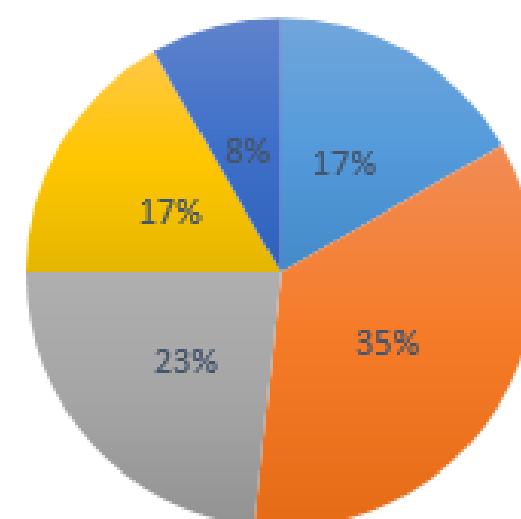
- Everyday
- More Than Twice A Week
- Once a Week
- Once a Month





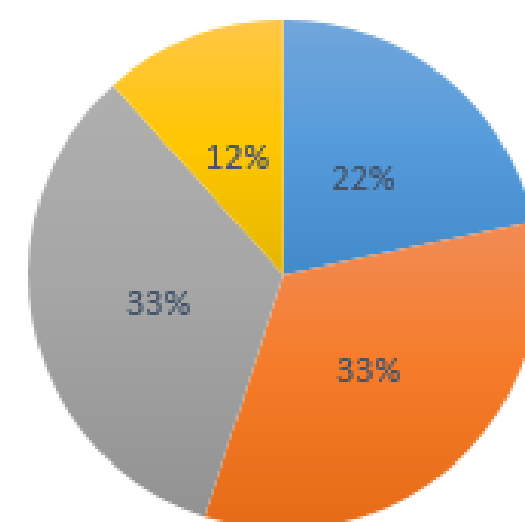
## Student Questionnaire Results

How Good Do You Think You Are At PE? -  
Before



■ Excellent ■ Very Good ■ Quite Good ■ Average ■ Not Very Good

How Good Do You Think You Are At PE? -  
After



■ Excellent ■ Very Good ■ Quite Good ■ Average ■ Not Very Good

Feedback to how good do you think you are at PE ?

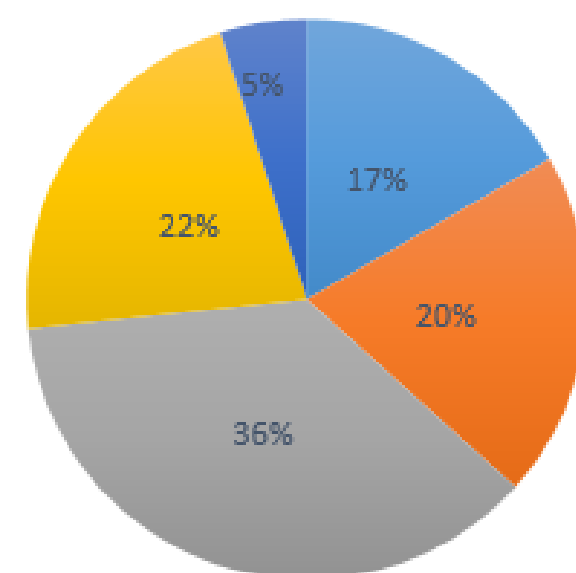
Results show children improving their confidence levels of how good they think they are at PE.



# Stats

## Student Questionnaire Results

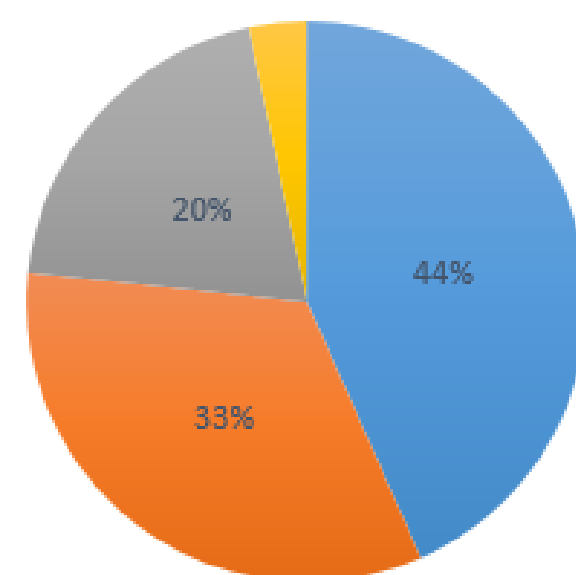
How much do you enjoy PE?- Before



■ I Love It ■ I Like It ■ IT's OK ■ I Don't Like It ■ I Really Don't Like It.

Results show a really good response of how much children enjoy PE after their block of lessons.

How much do you enjoy PE?- After



■ I Love It ■ I Like It ■ IT's OK ■ I Don't Like It ■ I Really Don't Like It.



# Case Study



Ella has been a real stand out pupil at Christopher Pickering over the last year ! Ella is involved in so much sport at the school ether representing or helping at events such as sports day, she is a real role model to the younger pupils. When we work with Ella at breakfast club she is always one of the first in and ready to play any game we have set up, but one of her best traits is how caring she is with the younger pupils. She is always willing to help them play games, explain rules and even help organise her team. We hope she continues with her sporting skills but also being an all round good young person as she leaves Christopher Pickering for Secondary school, another great pupil to come out of the school and will be missed by teachers and children.