

Worry Box

Life can sometimes be tricky and it can make you feel sad, lonely, worried, nervous and all sorts of other emotions. This can happen to anyone at anytime! We want to help you with any worries you have, so please come and talk to us! It is OK to be worried about things and often the more you talk about a worry the smaller it will get!

KS1

If you are in KS1 then you have a worry box in your classroom where you can pop your worry and someone will come and chat to you.

KS2

If anyone in KS2 has a worry and you would like to speak to someone other than your teacher, please email Mrs Carter on - pastoral@cpickering.hull.sch.uk