



Fellgate Primary School – Physical Education - Long Term Plan

	Autumn Term		Spring Term		Summer Term	
EYFS Acorns	Me & Myself Gymnastics (Monkton Gymnastics)	Movement & Development Gymnastics (Monkton Gymnastics)	Throwing and Catching	Ball Skills	Fun & Games	Working with Others
Year 1 / 2 Hawthorns	Football Handball	Gymnastics 1 Dodgeball	Dance Indoor Athletics	Orienteering Gymnastics 2	Fitness Basketball	Athletics Rounders
Year 3 Willows	Football Handball	Gymnastics 1 Dodgeball	Dance Volleyball	Orienteering Gymnastics 2	Fitness Netball	Athletics Rounders
Year 4/5 Sycamores	Hockey Tag-Rugby	Gymnastics 1 Dodgeball	Dance (Swimming) Volleyball	Orienteering (Swimming) Gymnastics	Tennis Basketball	Athletics Cricket
Year 5/6 Oaks	Dodgeball Swimming (Handball)	Swimming (Gymnastics) Dodgeball	Dance Volleyball	Orienteering Gymnastics 2	Tennis Basketball	Athletics Cricket

For classes only taking part in one PE lesson per week, try to ensure you cover these core sports; at **least 1 unit of Invasion Games, Gymnastics, Dance, Orienteering, Athletics, Net/Wall.**

All are subject to change dependent on festivals and competitions



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EYFS Year 1 Rowans	Me & Myself Gymnastics (Monkton Gymnastics)	Movement & Development Gymnastics (Monkton Gymnastics)	Throwing and Catching	Ball Skills	Fun & Games	Working with Others
Year 2 Maples	Football Handball	Gymnastics 1 Dodgeball	Dance Indoor Athletics	Orienteering Gymnastics 2	Fitness Basketball	Athletics Rounders
Year 3 Cherries	Football Handball	Gymnastics 1 Dodgeball	Dance Volleyball	Orienteering Gymnastics 2	Fitness Netball	Athletics Rounders
Year 4/5 Chestnuts	Hockey Tag-Rugby	Gymnastics 1 Dodgeball	Dance Indoor Athletics	Orienteering Gymnastics 2	Tennis Basketball	Athletics Cricket
Year 5/6 Birches	Football Handball	Gymnastics 1 Indoor Athletics	Dance Volleyball	Orienteering Gymnastics 2	Swimming (Fitness) Netball	Swimming (Rounders) Athletics

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