#### PHSE at Fellgate



Subject lead: Mr G. Mills Link Governor:

On this page, you can find information about our PSHE curriculum at Fellgate.

## Intent:

At Fellgate Primary School, our PSHE and Citizenship scheme of work aims to equip children with essential skills for life; it intends to develop the whole child through carefully planned and resourced lessons that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing. Through these lessons, children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them. Successful PSHE curriculum coverage is a vital tool in preparing children for life in society now and in the future. Lessons in this scheme of work have their foundations in seeing each and everybody's value in society, from appreciation of others in units such as Diverse Britain, to promoting strong and positive views of self in Think Positive and Be Yourself. Our PSHE and Citizenship units aim to cover a wide range of the social and emotional aspects of learning, enabling children to develop their identity and self-esteem as active, confident members of their community. The themes and topics support social, moral, spiritual and cultural development and provide children with protective teaching on essential safeguarding issues, developing their knowledge of when and how they can ask for help.

Our PSHE and Citizenship resources are fully in line with the Learning Outcomes and Core Themes provided by the PSHE Association Programme of Study which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools.

This scheme of work covers all of the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

#### **Implementation:**

Fellgate's PSHE scheme of work is designed to be taught in thematic units, which consist of six lessons each. The units are taught in a spiral curriculum that revisits each theme every two years e.g. The theme of Year 1 units is repeated in Years 3 and 5. This enables children to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child. Lessons also signpost key words, building a rich vocabulary to develop understanding.

Fellgate's PSHE units are designed to be delivered in a creative manner, using many approaches such as role play, discussion and games with groups of various sizes. These activities enable children to build confidence and resilience.

Assessment for learning opportunities are built into each lesson, which enable selfevaluation and reflective learning and allow teachers to evaluate and assess progress. Each lesson begins with a discussion of children's existing knowledge and experience, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon learning.

## Impact:

Fellgate's PSHE scheme of work strives to improve wellbeing. Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others.

They will apply their understanding of society to their everyday interactions, from the classroom to the wider community of which they are a part. Our PSHE scheme of work supports the active development of a school culture that prioritises physical and mental health and wellbeing, providing children with skills to evaluate and understand their own wellbeing needs, practise self-care and contribute positively to the wellbeing of those around them.

Successful PSHE education can have a positive impact on the whole child, including their academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem. Our PSHE scheme of work also helps disadvantaged and vulnerable children achieve to a greater extent by raising aspirations and empowering them with skills to overcome barriers they face.

Our PSHE curriculum ensures that all children are able to develop the knowledge, skills and attributes they need to succeed at school and in the wider world.

## Inclusion and Equal Opportunities:

At Fellgate, we believe that all children should be fully included in all aspects of learning; therefore, we teach PSHE and RSE to all children whatever their ability. PSHE and RSE forms part of the school's curriculum in which we provide a broad and balanced education to all children. As a result, PSHE and RSE lessons are delivered in a way to meet the needs of all children, using a combination of teaching methods to ensure that all children are able to access learning and are engaged in the topic.

# Awards and Quality Marks:

We are KidsSafe registered school. Also, we have the Healthy Schools mark.

Our **PHSE Policy** will tell you more about the subject and how it is taught, monitored and assessed across the school.