



Fellgate Primary School

Volume 18, Friday 28th January 2022

Dear Children, Parents, Carers and Governors,

30th January to 6th January is National Storytelling week. But why is storytelling so important? We talked about how years ago storytelling was the medium used to share news, for enjoyment and to learn. We discussed how important it is to be able to listen to a story. If you are a good listener it helps you remember more. If you can remember more, you know more which means you learn more! Our question of the week this week was " **Are you a good listener?**"



In line with Children's Mental Health Week (7-13th February) and the theme "Growing Together", we would like to tell you about the **Mental Health Peer Support Group** that South Tyneside's Healthy Mind Team has arranged for parents and carers. The session will take place on Wednesday 9th February. Please contact michelle.olsen@southtyneside.gov.uk for further information. Our pupils will be covering this theme next week.



This week we achieved our Healthy School Award. Thanks you to Mrs Kincaid and Mr Mills for their work on this project. School Council attended the award ceremony virtually this week to receive the award. This year we are looking at how to eat more healthily and training our pupils to become mental health champions.

School continues to work closely with South Tyneside's public health team as there have been a number of confirmed cases. School remains open and pupils should attend as normal but we ask you to monitor your child's health for the main signs of Covid.

- A new continuous cough
- A high temperature
- A loss or change in their sense of smell or taste

If your child becomes symptomatic, please:

- Keep your child away from school
- Book a PCR Test for your child as soon as possible
- Report the result to school

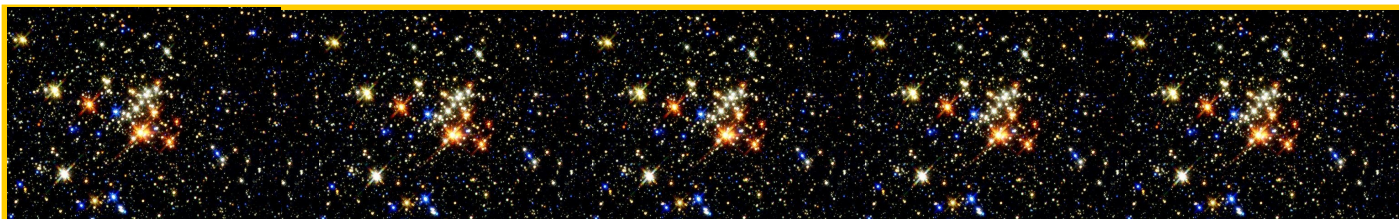
Have a great weekend everyone and stay safe! Mrs Tones

Get up! Get in! Get on!

Lemons-89%	Oranges – 98%	Cherries-68%	Apples	Blueberries— 98%	Plums-96%
Acorns-81%	Hawthorns-91%	Chestnuts-90%	Willows-76%	Sycamores-91%	Oaks-86%

Together Everyone Achieves More

Contact us **Tel: 0191 489 4801** Email: info@fellgate.s-tyneside.sch.uk www.fellgateprimary.sch.uk



Our Fellgate Stars of the Week are ...

Lemons: Lucas T for always being kind and helpful in class, when anyone needs help Lucas is the first to volunteer

Oranges: Lita D for always listening well and following all instructions she is given. She is an amazing role model to her peers in the class. Well done Lita!

Cherries: Finlay W for showing his good listening skills in Literacy as we used role playing to act out The Lighthouse Keepers Lunch

Blueberries: Elliott G for listening carefully to our discussions about how rocks are formed and being able to talk about what he has learned

Plums: Aidan L for trying hard to improve his listening skills

Acorns: Evan A for making an effort to listen carefully and follow instructions this week.

Hawthorns: Ella C for listening carefully and using her prior leaning to help her with her maths

Willows: Ellie C for always listening carefully to adults and her friends. She sets a fantastic example to all!

Chestnuts: Niamh S for always being such an attentive listener in class and for being a kind listening ear to everyone

Sycamores: Summer P for being a good listener. Summer always tries to follow instructions carefully

Oaks: Mya P as she always listens to advice. She has also been supporting other children by explaining what she has learned using some complex vocabulary to help them understand even better.

Our Vision

At Fellgate Primary School, through an ethos of respect, challenge and resilience, we aspire to create an inclusive, safe, vibrant, happy school where each member of the school community - children, parents, carers, staff and governors - feels valued and are encouraged to be the best they can be.

We celebrate individuality, striving for everyone to reach their full potential and “shine” in everything they do.

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Mental Health Peer Support Group

Is your child facing a difficult time at the moment?

Falling out with friends, feeling self-critical or worrying are just some of the things that young people face; as parents we can sometimes struggle to know how to best support our children.

Join us for a parents' session on how support your child through difficult times.

Our session will take place on Wednesday 9th February at 4pm with the Healthy Minds Team's qualified systemic family practitioner.

The session will cover things like:

- Learning strategies to build family resilience
- Supporting each other through life's challenges
 - An opportunity to share your stories
- Sharing your own coping mechanisms (should you wish to do so)

The session will be an informal, safe environment to learn and share with other parents across South Tyneside. It's aimed at parents of young people aged 11-18 but all are welcome to come along.

The session will be held virtually over Teams, the link to access is:

[Click here to join the meeting](#)

Should you have any difficulties accessing the link, please contact:

michelle.olsen@southtyneside.gov.uk.

Look forward to seeing you there!