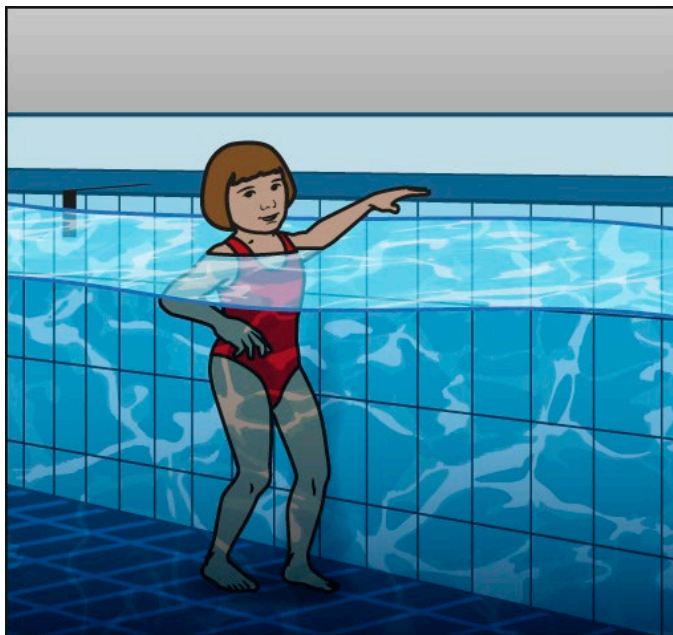




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# Symud ymlaen trwy'r dŵr

# Move forwards through the water

gyda diolch i  
with thanks to

