

#### **Newsletter - January 2022**

Happy New Year! Welcome to the BSSP Newsletter.

Many of you will know that Mandy Carey took the decision to step down from this role last summer. Mandy worked tirelessly in this role for over 13 years. Her passion for the sport and inherent understanding of the importance of water safety has created a model which I am so proud to now be a part of.

Now I have taken on the role, I had best introduce myself. Since 2014, I have taught at Sir Thomas Fremantle School, specialising in PE. I swam competitively for almost a decade, a Level 2 swimming teacher at Aqua Vale for several years, was the Swim Co-ordinator of Otters Learn to Swim as part of the City of Southampton Swimming Club and a part of the A\* Swim School Team at Green Park.

I firmly believe that all children should meet all of the aims of the National Curriculum, especially the Swimming and Water Safety aspect. The statutory element of a student being able to swim competently, confidently and proficiently for a minimum of 25m is a fundamental life skill.

Many recently reported fatalities in and around water, and many missed learning opportunities (due to Covid-19) emphasise now - more than ever - just how important it is to be proactive in our delivery of school swimming & water safety.

I look forward to working with you and thank you in advance for your support.

Zoe Coll
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#### **Partnership Agreement**



In September 2021, an updated Bucks Safe Practice in School Swimming Policy and Guidance was approved and can be found here:

#### Bucks Safe Practice in School Swimming Policy & Guidance

All schools and staff in Buckinghamshire are supported in School Swimming through the guidance, whether at a school pool, hydrotherapy pool, public pool or during school visits. Included are policies and procedures of BSSP and Buckinghamshire Council based on current national guidance

#### **Focus Group**

We hold termly meetings to discuss all things 'School Swimming' to achieve a proactive approach to the delivery of school swimming lessons & water safety. If this sounds like something you would like to be actively involved in please do get in contact; <a href="mailto:swimming@ahs.bucks.sch.uk">swimming@ahs.bucks.sch.uk</a>

#### **Water Safety**

#### **Royal Life Saving Society (RLSS)**

<u>Drowning Prevention Week</u> will take place 18 - 25 June 2022. <u>Register now</u> to sign up for resources for cross-curricular theme week available in 2022.

Teaching young people how to be safe near and in the water and prevent a steep increase in accidental drownings this summer.

OVER 400 PEOPLE
ACCIDENTALLY DIE
FROM DROWNING
EACH YEAR ON AVERAGE IN
THE UK AND IRELAND

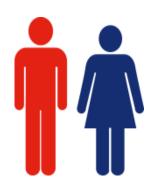


# ONE IN TWO PEOPLE WHO ACCIDENTALLY DROWNED

NEVER INTENDED TO ENTER THE WATER



MALES ARE FOUR
TIMES AS LIKELY
TO DROWN THAN FEMALES



#### Royal National Lifeboat Institution (RNLI)

The RNLI have put together a suite of teaching ideas and materials (<u>resources</u>) to help you engage young people with essential – and lifesaving – water safety lessons in schools and youth groups.

You'll find videos, guided discussions, problem solving activities – and more – specifically tailored for primary and secondary school aged children.

#### Did you know.....

- A child can drown in less than 5cm of water,
- A rip current moves faster than an olympic swimmer can sprint!
- As the tide moves up and down the beach, the depth of the water changes throughout the day, sometimes by as much as **10** metres!
- One person drowns every ten hours in the UK
- You are more likely to die from drowning than you are from being hit by a car or in a fire.

## Would your school benefit from Example lesson plans for School Swimming and Support from Swim England?



If yes, why not become a Swim England Charter School! For only £30 schools benefit from:

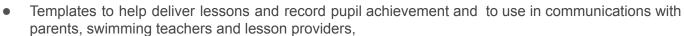
#### A resource pack with:

- 70 passports,
- 70 sets of stickers,
- 35 pin badges,
- Waterproof syllabus guidance cards.

#### Digital resources:

These resources are accessible to members of the Swim England School Swimming and Water Safety Charter:

- Free downloadable Awards (schools only),
- Lesson plans and resources for school teachers to use in the classroom, including fun activities and cross-curricular ideas.
- Guidance documents,
- Digital banners for use on website and School Swimming charter digital logo stamp to use on printed and online materials,



Water safety presentation for pupils for use in classroom or assembly.



#### **A Guide for Parents**

This guide has been developed by the Swim Group to help parents understand why it is important their child learns about swimming and water safety at primary school.

### Do you have staff in your school who need to undertake the Swim England Support Teacher of School Swimming Course?

We make a very bold statement on the booking form about ensuring that you can swim 25m. This is not because we are going to ask you to demonstrate your swimming ability - more that when putting together these courses we need to put everyone's safety first.

We want you to be able to fully engage in the practical (pool) element of the course and to highlight a recent overheard comment; *I didn't realise it was so hard to blow an egg-flip over* - exactly, the pool element is there for delegates to experience what students are being asked to do - and therefore the relevant encouragement/feedback can be given.

Do share any concerns over the practical element of these courses by emailing; <a href="mailto:swimming@ahs.bucks.sch.uk">swimming@ahs.bucks.sch.uk</a>

#### **Course Dates 2022**

In playing catch-up to the pandemic please be mindful that classes are filling up quickly so do book well in advance in preparation for the safe delivery of swimming lessons.

#### STAGE 1: PRIMARY SUPPORT TEACHER OF SCHOOL SWIMMING COURSES

Date	Time	Venue	Cost	Booking Status
10.02.2022	09:00 – 16:00	John Colet School, Wendover	£185	Closed - Full
28.04.2022	09:30 - 16:30	West Lodge Hotel, Aston Clinton	£185	Closed - Full
12.05.2022	09:30 - 16:30	West Lodge Hotel, Aston Clinton	£185	Open
19.05.2022	09:00 – 16:00	John Colet School, Wendover	£185	Open
09.06.2022	09:30 - 16:30	West Lodge Hotel, Aston Clinton	£185	Open
23.06.2022	09:30 - 16:30	West Lodge Hotel, Aston Clinton	£185	Open

#### STAGE 2: PRIMARY TEACHER OF SCHOOL SWIMMING COURSES

Date	Time	Venue	Cost	Booking Status
20.01.2022	09:30 – 17:00	West Lodge Hotel, Aston Clinton	£195	Open

#### STAGE 1 & 2: SECONDARY TEACHER OF SCHOOL SWIMMING COURSES

Date	Time	Venue	Cost	Booking Status
10.03.2022	08:30 - 16:30	The John Colet School, Wendover	£195	FULL

#### REFRESHER COURSE (MUST BE COMPLETED WITHIN 5YRS OF ORIGINAL QUALIFICATION)

Date	Time	Course & Venue	Cost	Booking Status
04.04.2022	16:00 - 18:00	Online	£45	Open

### TWILIGHT SESSION FOR BURSARS/OFFICE STAFF INVOLVED IN SETTING UP SCHOOL SWIMMING PROGRAMMES

Date	Time	Course & Venue	Cost	Booking Status
07.07.2022	16:00 – 18:00	Online	FREE	Open



We have a new and exciting course for Special Schools - **Swim England Supporting Pupils with SEND during School Swimming**. This course is valid for 5 years.

In addition, we can offer a Bespoke 2hr Twilight Session for School Staff supporting pupils in the water.

Please contact <a href="mailto:swimming@ahs.bucks.sch.uk">swimming@ahs.bucks.sch.uk</a> if you are interested in running either course at your school. Price will be dependent on staff numbers requiring training.

#### **HOW TO BOOK**

**BSSP** Application forms be found the website and course flyers can on https://www.bssp.org.uk/swimming-courses/ further any queries please email; swimming@ahs.bucks.sch.uk

#### **VENUES**

John Colet School, Wharf Rd, Wendover, Aylesbury, Bucks, HP22 6HF
Millbrook Combined School, Mill End Road, High Wycombe, Bucks, HP12 4BA
St Andrew's Primary CE School, Station Road, Chinnor, Oxfordshire OX39 4PU
West Lodge Hotel, 45 London Rd, Aston Clinton, Aylesbury, Bucks, HP22 5HL pool at HP22 5NE

If you have any thoughts, comments or suggestions regarding this Newsletter, please email: swimming@ahs.bucks.sch.uk.

Thank you!