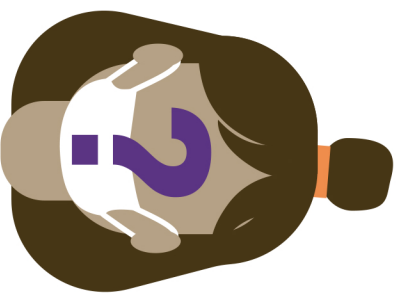


Communicating while wearing a face covering



Wearing a face covering makes it harder for people to:



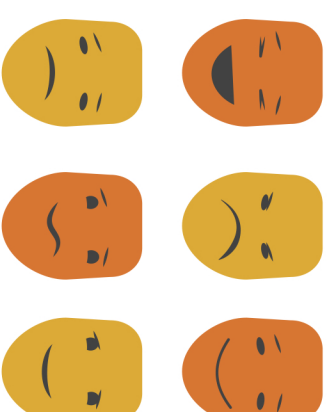
recognise you



hear your voice



read your lips



identify how you are feeling

These are some strategies you can use to make communication clearer:



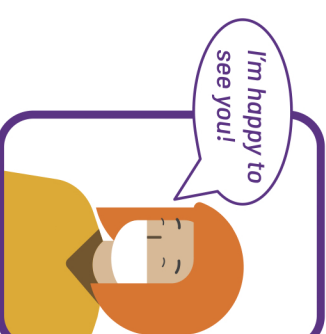
make eye
contact



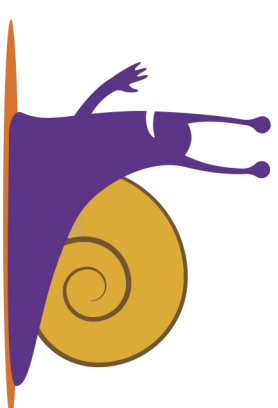
introduce yourself



use hand gestures and
point to objects to show
what you mean



name emotions



slow down your speech,
use a loud clear voice,
and use a positive tone

This poster was compiled by Prof. Chloë Marshall, Prof. Gabriella Vigliocco, Prof. Pamela Perniss, Dr Elizabeth Wonnacott and Dr Yasamin Motamedi, designed by Annica Oberg, and financed by the Economic and Social Research Council. It was inspired by a poster created by Jasper McKenzie for the Central and North West London NHS Foundation Trust.