



All Saints Catholic Primary School, Anfield

## PSHE Policy

Signed by:

Headteacher Date:

Chair of governors Date:

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## **Statement of intent**

All Saints Catholic Primary School believes that a strong PSHE education is important to help our pupils develop into well-rounded members of society, who can make a positive contribution to their community.

The vision for pupils, staff and other members of the school community is to always look to achieve our personal best in every aspect of school life.

***“In the light of God, we shine bright on our own but we shine brighter together.”*** **Legal framework**

This policy has due regard to all relevant legislation and statutory guidance including, but not limited to, the following:

- Education Act 1996
- Education Act 2002
- Children and Social Work Act 2017
- DfE (2019) ‘Relationships Education, Relationships and Sex Education (RSE) and Health Education’
- DfE (2022) ‘Keeping children safe in education 2023’ (KCSIE) This policy operates in conjunction

with the following school policies:

- Primary Relationships and Health Education Policy
- Child Protection Policy
- Complaints Procedures Policy

## **Roles and responsibilities**

The governing board is responsible for:

- Ensuring the school’s PSHE Policy is implemented effectively.
- Ensuring that the PSHE Policy, as written, does not discriminate on any grounds or protected characteristics.

The headteacher is responsible for:

- Reviewing the PSHE Policy biannually.
- Handling complaints regarding this policy, as outlined in the school's Complaints Procedures Policy.
- Facilitating the day-to-day implementation and management of the PSHE Policy.

The PSHE coordinator is responsible for:

- Liaising with other staff and professional agencies to devise a suitable scheme of work ensuring comprehensive PSHE education.

## **Aims and structure of the PSHE curriculum**

At All Saints, our aim is to provide a nurturing and inclusive environment where every child can thrive socially, emotionally, and personally. Through our PSHE (Personal, Social, Health and Economic Education) curriculum, we are dedicated to developing the whole child, equipping them with the essential skills, knowledge, and attitudes to lead happy, healthy, and fulfilling lives.

We strive to:

- **Promote Emotional Well-being** by fostering self-awareness, self-regulation, and resilience, ensuring that children feel confident in managing their emotions and relationships.
- **Encourage Respect and Empathy** through the celebration of diversity, teaching children to value differences, show kindness, and work cooperatively with others.
- **Support Healthy Lifestyle Choices** by guiding children to understand the importance of physical health, mental well-being, and making safe, balanced decisions for their future.
- **Develop Social Responsibility** by empowering children to take ownership of their actions, care for others, and actively contribute to their school and local community.
- **Prepare for Future Challenges** by helping children develop key life skills such as critical thinking, problem-solving, and decision-making, ensuring they are ready to face new experiences with confidence.

We believe that every child deserves to feel valued, respected, and supported, and that a strong foundation in PSHE is key to their success in school and beyond. By embedding these values into our curriculum and daily school life, we aim to nurture responsible, compassionate, and well-rounded individuals who are ready to make positive contributions to society.

Through a child-centered, engaging, and age-appropriate approach, we ensure that all aspects of PSHE are taught in a way that resonates with every learner, providing them with the skills they need to flourish both in and out of school.

In designing our PSHE curriculum, we have carefully considered the specific needs and context of our local community in Anfield. By analysing local ward data, we have identified key areas that are particularly relevant to our students' well-being and future success. This data-driven approach allows us to tailor our curriculum to address the unique challenges and opportunities within Anfield.

- **Community Engagement and Responsibility:** Recognising the importance of strong, positive community connections, we focus on teaching children about social responsibility, civic engagement, and how to contribute positively to their local environment. This helps children develop a sense of belonging and pride in their community.

● **Healthy Lifestyles and Choices:** Based on local health data, we emphasise the importance of making healthy lifestyle choices, particularly in relation to diet, exercise, and physical and oral health. We work to combat the rising issues of obesity and sedentary lifestyles by encouraging physical activity and healthy eating habits.

● **Aspiration and Future Opportunities:** We recognise that some of our children may not always see the range of opportunities available to them in the future. By raising aspirations, teaching career readiness, and highlighting the value of education and hard work, we inspire children to envision and work towards a brighter future.

We believe that by focusing on these critical areas, we can make a real difference in the lives of our children and the wider Anfield community. Our tailored PSHE curriculum is designed to help children develop the knowledge, confidence, and resilience to navigate their world and become positive, responsible citizens who are prepared to face future challenges with hope and determination.

### **Commitment to PSHE and Community Impact**

We believe that every child deserves to feel valued, respected, and supported in a safe environment. A strong foundation in PSHE is essential for their well-being and success, both now and in the future. By embedding these core values into our curriculum and school culture, we aim to nurture responsible, compassionate, and confident individuals who are ready to make a positive impact on society.

Through a child-centered, engaging, and age-appropriate approach, we ensure that all aspects of PSHE are taught in a way that resonates with every learner, providing them with the knowledge and skills they need to thrive both inside and outside the classroom.

The school will use direct teaching via timetabled lessons to teach PSHE. Pupils will be taught PSHE through a range of teaching and learning styles, including active techniques such as discussion and group work. Pupils' opinions and questions, unless inappropriate, will be responded to respectfully by teachers.

PSHE lessons will be tailored to the pupils being taught, with consideration of:

- Pupils' ability.
- Pupils' age.
- Pupils' current knowledge on and readiness to learn about the topic being covered.
- Pupils' cultural backgrounds.
- Pupils with EAL.
- Pupils with SEND or other needs.

To aid PSHE tailoring, the teacher will use discussions and other activities to ascertain pupils' current knowledge and understanding of the subject being covered. The teaching programme will then be adjusted to reflect the composition of the class.

All Saints Catholic Primary School will deliver relationships and health education as part of its timetabled PSHE programme, with due regard to the school's Relationships and Health Education Programme – Journey in Love.

## **Safeguarding**

Due to the nature of the matters discussed in PSHE, there may be a higher likelihood for safeguarding concerns to arise or be disclosed by pupils. In line with the school's Child Protection Policy, all staff will be aware of the indicators and risks of a range of safeguarding issues, including child-on-child abuse, and will follow the appropriate reporting procedures should a safeguarding concern be disclosed.

There is an element of PSHE in pastoral care, so the school will ensure that PSHE and pastoral care teams work together to help pupils feel comfortable indicating that they may be vulnerable and at risk.

PSHE lessons will encourage pupils to discuss the issues raised in the lesson with a member of staff if they wish to do so. Pupils will also be made aware of how to raise concerns or make reports about potential safeguarding issues, and how reports will be handled. This also includes concerns and reports about a friend or peer.

Where beneficial, the DSL or deputy DSL will be involved in the development of safeguarding-related elements of the PSHE curriculum

## **Programme of study**

The PSHE programme of study will cover the objectives as outlined in the yearly overview.

[Click here to view the Yearly Overview](#)

## **6. Assessment**

The school will set the same high expectations of the quality of pupils' work in PSHE as for other areas of the curriculum. A strong PSHE curriculum will be developed to build on knowledge pupils have previously acquired, including from other subjects, with regular feedback on their progress.

Lessons will be planned to ensure pupils of differing abilities are suitably challenged. Teaching will be assessed to identify where pupils need extra support or intervention.

Pupils' knowledge and understanding will be assessed through formative assessment methods such as tests, written assignments, discussion groups and quizzes in order to monitor progress.

## **7. Monitoring and review**

This policy will be reviewed by the headteacher and PSHE coordinator on an annual basis. Any changes to this policy will be communicated to all staff and other relevant parties.

The next scheduled review date for this policy is November 2024.