

# Parent Peer Support Group

The Parent Peer Support Group would like to invite parents and carers to a discussion re Emotionally Based School Avoidance

## Children's emotional development

- Brain Development
- Emotional connections
- What can we do as Parents/Carers?

Anita McQuillan - Parenting Co-ordinator, Tameside Parenting Team

## Trauma

- Understand 'why.'
- Triggers, trauma and strategies

Leanne Connelly - Mental Health in Education Coordinator

**When:** Thursday 9<sup>th</sup> March 2023

**Time:** 10 - 12

**Where:** The Anthony Seddon Centre, George Street, Ashton-Under-Lyne

## Refreshments available

## What is the Parent Peer Support Group?

An informal space for parents to share their experiences of supporting children with Emotional and Mental Health difficulties with like-minded people, alongside the support of our teams

**When:** Second Thursday of the month 9:30-11:30am

**Where:** The Anthony Seddon Centre, George Street, Ashton-Under-Lyne