

## **Denton Community College**

## **Departmental Curriculum Map**

Subject: BTEC Sport Year Group: 10



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topics	C1 - LA.C	C1 - LA.C	C1 - LA.B	C1 - LA.B	C1 - LA.A	C1 - LA.A
	Understand the use of	Understand the use of	Explore common	Explore common	Investigate the impact	Investigate the impact
	technology for sports	technology for sports	injuries in sport and	injuries in sport and	of sport and activity	of sport and activity
	and activity.	and activity.	activity and the	activity and the	on the body systems	on the body systems
			methods of rehabilitation	methods of rehabilitation		
What will	C1 - Different types of	C1 - Different types of	B1 - Common sporting	B1 - Common sporting	A1 - The body systems	A1 - The body systems
students learn		• •	, ,		, ,	• •
during this unit?	technology in sport	technology in sport	injuries	injuries	A2 - Physiological	A2 - Physiological
<b>0</b>	and activity	and activity	B2 - Causes of	B2 - Causes of	impact of engagement	impact of engagement
	C2 - The benefits of	C2 - The benefits of	common sporting	common sporting	in sport and activity on	in sport and activity on
	technology on	technology on	injuries	injuries	the body systems	the body systems
	improving body	improving body	B3 - Management and	B3 - Management and		
	systems for sport and	systems for sport and	rehabilitation of	rehabilitation of		
	activity	activity	common sporting	common sporting		
	C3 - Limitations of	C3 - Limitations of	injuries	injuries		
	technology to sport	technology to sport				
	and activity	and activity				
When will	Students will have 3	Students will have 3	Students will have 4	Students will have 4	Students will have 4	Students will have 4
students be	weeks of learning and	weeks of learning and	weeks of learning and	weeks of learning and	weeks of learning and	weeks of learning and
assessed?	3 weeks working on	3 weeks working on	3 weeks working on	3 weeks working on	3 weeks working on	3 weeks working on
	the assignment.	the assignment.	the assignment.	the assignment.	the assignment.	the assignment.
	Assessments are made	Assessments are made	Assessments are made	Assessments are made	Assessments are made	Assessments are made
	after the hand in date.	after the hand in date.	after the hand in date.	after the hand in date.	after the hand in date.	after the hand in date.
How will	Pass, Merit &	Pass, Merit &	Pass, Merit &	Pass, Merit &	Distinction task in the	Distinction task in the
students be	Distinction task in the	Distinction task in the	Distinction task in the	Distinction task in the	form of a written, Pass	form of a written, Pass
assessed?	form of a written	form of a written	form of a written	form of a written		

	booklet for a chosen	booklet for a chosen	booklet for a chosen	booklet for a chosen	and Merit tasks in the	and Merit tasks in the
	sport	sport	sport	sport	form of posters.	form of posters.
Key Vocabulary	Equipment, Facilities,	Equipment, Facilities,	Basic/Complex	Basic/Complex	Musculoskeletal,	Musculoskeletal,
	Protection,	Protection,	injuries, Strain, Sprain,	injuries, Strain, Sprain,	Cardiorespiratory,	Cardiorespiratory,
	Computers, cameras &	Computers, cameras &	Bruise, Fracture	Bruise, Fracture	Bone Density, Joint	Bone Density, Joint
	software, Footwear,	software, Footwear,	(open/closed/stress)	(open/closed/stress)	stability, strengthening	stability, strengthening
	Clothing. Benefits &	Clothing. Benefits &	Ligament tear,	Ligament tear,	of core muscles,	of core muscles,
	Limitations.	Limitations.	Tendonitis, Shin	Tendonitis, Shin	muscular hypertrophy,	muscular hypertrophy,
	Performer, coach &	Performer, coach &	Splints, Dislocation,	Splints, Dislocation,	blood viscosity,	blood viscosity,
	official.	official.	Management,	Management,	cardiac hypertrophy,	cardiac hypertrophy,
			Rehabilitation,	Rehabilitation,	increased red blood	increased red blood
			Physiological,	Physiological,	cells, decrease resting	cells, decrease resting
			Psychological,	Psychological,	heart rate, reduced	heart rate, reduced
					blood blood pressure/	blood blood pressure/
					hypertension,	hypertension,
					improved vital	improved vital
					capacity, improved	capacity, improved
					stroke volume,	stroke volume,
					improved lung	improved lung
					efficiency and gaseous	efficiency and gaseous
					exchange.	exchange.
Homework	Students given	Students given	Students given	Students given	Students given	Students given
opportunities to	extended writing tasks	extended writing tasks	extended writing tasks	extended writing tasks	extended writing tasks	extended writing tasks
broaden or	every 3 lessons - aid	every 3 lessons - aid	every 3 lessons - aid	every 3 lessons - aid	every 3 lessons - aid	every 3 lessons - aid
deepen student	the development of	the development of	the development of	the development of	the development of	the development of
knowledge	evaluation/analysis	evaluation/analysis	evaluation/analysis	evaluation/analysis	evaluation/analysis	evaluation/analysis
	ability needed for	ability needed for	ability needed for	ability needed for	ability needed for	ability needed for
	merit/distinction level	merit/distinction level	merit/distinction level	merit/distinction level	merit/distinction level	merit/distinction level