

Warm Hearts in Winter Telephone Befriending Service

Have you lost confidence or recently suffered a loss? Or do you feel lonely and isolated?

Warm Hearts in Winter Telephone Befriending Service has been developed to support anyone experiencing vulnerabilities, loneliness or isolation who needs that extra support during the lockdown Winter months.

This partnership project offers regular weekly telephone calls by trained staff and volunteers to help reduce loneliness and isolation.

Want more information?

Please contact:

Ambia on 07517858350 or email:
ambia@diversitymattersnw.org.uk

Angie on 07467196702 or email:
Angie.Knowles@stpeterspartnerships.org



**For both
men and
women**



**Talk to
someone
regularly**

Volunteers needed:

Would you like to help with this service and become a Telephone Befriending Volunteer if so please contact below

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