

Mental Health Parent and Carer Peer Support Group

Our peer support group is safe space for those parents and carers who are supporting a child or young person struggling with emotional or mental health to be heard, supported and to share stories with others.

EVENT DETAILS		
Date	Link	Time
20/10/2021	<u>Parent and Carer Support Group</u> GUESTS – LIFECYCLE Your opportunity to meet the team representative and have an insight into the service. Contact michelle.olsen@southtyneside.gov.uk for a link to join.	4:00 - 5:30
18/11/2021	<u>Parent and Carer Support Group</u> GUESTS - CYPS An opportunity to understand the role of CYPS Service in South Tyneside. Contact michelle.olsen@southtyneside.gov.uk for a link to join.	4:00 - 5:30
16/12/2021	<u>Parent and Carer Support Group</u> GUEST – LGBT+ Service Develop an insight into how the LGBT+ service provides support to families in South Tyneside Contact michelle.olsen@southtyneside.gov.uk for a link to join.	1:00 - 2:30



South Tyneside
Clinical Commissioning Group



South Tyneside Council