

Music Therapy at Keelman's Way School

Keelman's Way School has an integrated music therapy programme that is delivered within the curriculum. It is delivered by a Nordoff Robbins music therapist who comes in weekly. Focus groups and 1:1 sessions are selected and pupils are referred accordingly. There are many benefits of this area of therapy. Music has the power to connect us, even when words fail. It is a truly powerful way for our pupils to express themselves and engage with others.

The benefits of music therapy are vast but unique to the individual pupil. The music therapist will develop a therapeutic relationship with all pupils involved which will grow through the engagements of live musical interaction. This can be both with voice and instruments and music is often improvised. This enables pupils to develop a musical language in which they are able to connect with the world and express themselves. The core aims of music therapy are to develop emotional, social and communication skills. It can boost confidence which impacts positively on mental health as well as aiding physical development and coordination skills.



