

Literacy/ RSHE	Maths/ Numeracy	Travel Training	Work Related Learning WRL	RSHE - Self care support and safety
<p>Following a timetable. Feeling unwell Feeling frightened/worried Accidents and risk Keeping safe online Emergency situations Public and private Gambling Recounts of stories. Recall main events. Comprehension activities Role-play/drama Sound work. Practice correct letter formation/independent writing.</p>	<p>Counting numbers. Reading numbers. Writing numbers. Number Rhymes. Comparing numbers. Properties of numbers. Recognition of numbers in real world settings Finding numbers of objects. Sequences. Calculation Daily visual timetable 2D/3D shape names and properties AQA Maths Properties of number</p>	<p>Discussion and decision making on locations (Personal Safety) ASDAN folder: Road & Personal safety in the community Road Safety & Travelling in the local area (Hebburn). Hazard awareness Using public transport (Metro South Shields) (personal safety) Technology in the community Planning a journey Completing and evaluating a journey Hazard Perception Personal Progress Unit Keeping Safe</p>	<p>What is Work Related Learning? Creation of work placement portfolio Community Action Group Environmental awareness Community support Litter Picking Recycling ASDAN Personal Progress unit Developing Skills for the Workplace Following Instructions Health and Safety in the workplace Risk assessment</p>	<p>Celebrations Diwali & Remembrance Day Anti Bullying Week Taking care of ourselves Feeling unwell Feeling frightened/worried Accidents and risk Keeping safe online Emergency situations Public and private</p>
<p>Term: Autumn 2 Class: Post 16:2 Teacher: Michael Johnston</p>				
Swimming/ Gym	Sensory activities	Physical Education and Development	DT/Cookery	Creativity (Art & Music) Contemporary Art

<p>Increasing levels of physical activity Accessing the community with increased independence Increasing directional confidence Behaving appropriately with remote supervision Development of organisational skills. WSA Water Confidence Following a training plan Increasing levels of exertion Raising heart rate</p>	<p>'Whats in the bag' fine motor activities - foam, water, sand, lego and building. . Massage and interaction Sensory room Sensory art sessions Sensory trays Inc. water play, sand play, natural resources and a range of materials. Sensory exploration. Tac pac Accessing cross curricular sessions on a sensory basis</p>	<p>Take part in Swimming/ Fitness sessions Daily wake up shake up sessions. Daily Mile. Outdoor learning. Rebound. Gross motor skills, develop coordination skills through developing ball skills. Judo Increase teamwork skills to follow new rules and instructions in activities joining in with ball games.</p>	<p>Follow instructions and recipes to make items for the school cafe. Topic themed snacks and cakes related to class theme. To use a range of techniques to measure, prepare, and combine materials. Appropriate safety and hygiene in the kitchen. Locating resources in the kitchen independently Develop daily living skills- washing up and drying dishes, cleaning work surfaces and the floor. ASDAN PSD Personal Safety at home and in the community.</p>	
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<u>Week 1 and 2:</u>	<u>Week 3:</u>	<u>Week 4:</u>
<p>Literacy Pupils are to join in with morning greeting and work through the visual timetable. Introduce the new topic All about me. Weekend news- talk about summer holidays. Maths Pupils are to join in with counting/number maths songs. Pupils are to complete counting, reading numbers, comparing numbers and number rhymes. RSHE Settle into new routines. Pupils are to join in with all about me activities - develop knowledge of each other. Likes and Dislikes PE Participate in the daily mile, Keelfest activities- bouncy castle, Zumba, disco, outside play on the mugga and in the yard. Topic - Creativity Pupils are to follow instructions to make various craft items relating to festivals e.g. masks, banners, flags etc.</p>	<p>Literacy/ RSHE: Personal Strengths, things that I am good at. Speaking and listening. What makes us good at things? Maths Pupils are to join in with counting/number maths songs. Pupils are to complete counting, reading numbers, number rhymes, finding numbers, properties of numbers, writing numbers in various situations. Travel Training: Personal safety, Travelling independently within school, recapping road safety and green cross code. PE: Warm up and cool down. Increasing levels of physical activity. Cycling, use of bikes and following instructions Topic - Creativity Educational visit to South Shields to visit Weeble sculptures. Mrs Royle</p>	<p>Literacy/ RSHE: Personal Strengths and fears. Things I would like to be good at. Finding our facts about others. Maths Completion of AQA units relating to components of number. Developing number skills for SF learners Travel Training: Personal safety, Travelling independently outside of school, recapping road safety and green cross code. Using Zebra crossings, travelling safely nesar roads. Locating safe places to cross. PE: Warm up and cool down. Increasing levels of physical activity. Cycling, use of bikes and following instructions Topic - Creativity Following previous weeks visit to the weebles, learners will create their</p>

<p>Topic - Relaxation and Yoga Pupils are to participate in a number of different mindfulness and yoga based sessions aimed at helping learners settle into their new environments.</p>	<p>Swimming/ Gym: Health and Safety, gym induction, changing appropriately for exercise, raising our heart rate for exercise, warm up and cool down, following instructions from gym staff to take part in exercise.</p>	<p>own 3D statue of the weebles seen at South Shields seafront. Swimming/ Gym: Health and Safety, changing appropriately for exercise, raising our heart rate for exercise, warm up and cool down, 1st session of following a basic training programme for cardiovascular exercise. Use of treadmill, bike, crosstrainer etc.</p>
<p style="text-align: center;">Week 5:</p> <p>Literacy/ RSHE: Skills for learning, what do we need to be ready to learn. What stops us from being able to learn? Focus on listening and remembering/recall.</p> <p>Maths Completion of AQA units relating to components of number. Developing number skills for SF learners, rote counting, one more, one less. Counting groups of objects.</p> <p>Travel Training: Personal safety, Travelling with support outside of school, recapping road safety and green cross code. Using Zebra crossings, travelling to a nearby location within the community, hazard awareness, risk assessment.</p> <p>PE: Warm up and cool down. Increasing levels of physical activity. Exerting yourself for exercise. participating in circuit training.</p> <p>Topic - Creativity Visit to the Hatton gallery for a pop art exhibition with Mrs Royle.</p> <p>Swimming/ Gym: Health and Safety, changing appropriately for exercise, raising our heart rate for exercise, warm up and cool down, 1st session of following a basic training programme for cardiovascular exercise. Use of treadmill, bike, crosstrainer etc.</p>	<p style="text-align: center;">Week 6:</p> <p>Literacy/ RSHE: Skills for learning, what do we need to be ready to learn. What stops us from being able to learn? Focus on evaluating and understanding.</p> <p>Maths Completion of AQA units relating to components of number. Developing number skills for SF learners, Counting numbers, Reading numbers. Writing numbers. Number rhymes. Ordinal numbers. Ordering numbers.</p> <p>Travel Training: Personal safety, Travelling with support outside of school, recapping road safety and green cross code. Using pelican crossings, travelling to a nearby location within the community using public transport, hazard awareness, risk assessment.</p> <p>PE: Warm up and cool down. Increasing levels of physical activity. Exerting yourself for exercise. participating in circuit training.</p> <p>Topic - Creativity Creation of Warhol inspired artwork following previous weeks visit to the Hatton gallery.</p> <p>Swimming/ Gym: Health and Safety, changing appropriately for exercise, raising our heart rate for exercise, warm up and cool down, 2nd session of following a basic training programme for cardiovascular exercise. Use of treadmill, bike, crosstrainer etc.</p> <p>Increasing duration of exercise period</p>	<p style="text-align: center;">Week 7:</p> <p>Literacy/ RSHE: Prejudice and discrimination Stereotypes, is it fair? What is diversity? Challenging prejudice, who can you talk to?</p> <p>Maths Completion of AQA units relating to components of number. Developing number skills for SF learners, Finding numbers of objects. Comparing numbers. Adding one more... Taking one away...</p> <p>Travel Training: Personal safety, Travelling with support outside of school, recapping road safety and green cross code. Using pelican crossings, travelling to a nearby location within the community using public transport, hazard awareness, risk assessment.</p> <p>PE: Warm up and cool down. Increasing levels of physical activity. Exerting yourself for exercise. participating in competitive sports.</p> <p>Topic - Creativity Educational visit to sites of local graffiti with Mrs Royle.</p> <p>Swimming/ Gym: Health and Safety, changing appropriately for exercise, raising our heart rate for exercise, warm up and cool down, 3rd session of following a basic training programme for cardiovascular exercise. Use of treadmill, bike, crosstrainer etc.</p> <p>Increasing duration of exercise period</p>

