



## Content

Be aware of what your child is accessing; what games or apps are they using? What settings do you have in place on their devices and your home internet?

Step by step guidance is available via:

www.internetmatters.org

## Conduct

Be aware of how your child and others are behaving online, do you know the signs, and do you regularly check their devices and their messages? Encourage your child to be an *upstander* (not a bystander) in reporting any concerns especially relating to bullying.

www.parentsprotect.co.uk/internet-safety.htm

## Communication

Be aware of the games and apps you child could be using that allows communication with others, some apps will allow you to turn off the chat function. Talk to your child about groomers and share examples of what this might look like to them.

www.nspcc.org.uk/keeping-children-safe/online-safety

## Commerce

Be aware of games and apps that encourage you to purchase coins or online currency in exchange for credits.

www.parents.ygam.org

www.gov.uk/government/publications/child-safety-online-a-practical-guide-for-parents-and-carers/child-safety-online-a-practical-guide-for-parents-and-carers-whose-children-are-using-social-media

Be a positive role model for your child