



## External support for staff

Please note that this list is subject to change as services are outside of the remit of The King Edward VI School. **It is important that any contact made with these agencies is recorded on CPOMS.** We would encourage staff to liaise with the pastoral team first before contacting an agency.

Agency / Support	Details	Contact details
<b>General support for professionals, parents and families</b>		
One Call	NCC Children's services	01670 536400
Parents Toolkit	BBC site to support parents	<a href="http://www.bbc.co.uk/bitesize/articles/znsmyxc">www.bbc.co.uk/bitesize/articles/znsmyxc</a>
Signposting NE	Support signposting website for a range of services and support	<a href="http://www.signpostnenc.co.uk/?s=&amp;category=39&amp;location=16&amp;a=true">www.signpostnenc.co.uk/?s=&amp;category=39&amp;location=16&amp;a=true</a>
Barnabus	Charity with a base in Morpeth who support young people and their families	<a href="http://www.barnabus-northumberland.org.uk">www.barnabus-northumberland.org.uk</a> 01670 517721
Calmer Therapy	Local charity based in Stobhill who aim to support children and their families	<a href="http://www.calmertherapy.org">www.calmertherapy.org</a>
Northumberland Domestic Abuse Service	Supporting victims of domestic abuse in Northumberland	TMcLaughlin@nda.services
NEPACS	1:1 Support for Young People who are affected by the imprisonment of a parent, sibling or grandparent	AAmin@nepacs.co.uk
Young Carers	Support for our young carers	<a href="http://www.northumberland.gov.uk/Children/Young/Young-carers.aspx">www.northumberland.gov.uk/Children/Young/Young-carers.aspx</a>
<b>Mental Health Support</b>		
CYPS	Children's mental health support	01670 502700
Crisis Team	Crisis mental health support	0303 123 1146
NHS Mental Health support	24 hour NHS assistance for parents	<a href="http://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline">www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline</a>
Primary Mental Health Team	Community based mental health support	01661 864588
Young Minds	National charity committed to improving the mental health of young people	<a href="http://www.youngminds.org.uk">www.youngminds.org.uk</a>
Kooth	Online mental health support	<a href="http://www.kooth.com">www.kooth.com</a>



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Qwell	Online mental health support	<a href="http://www.qwell.io">www.qwell.io</a>
Be You	An extensive range of resources from NCC	<a href="https://en-gb.padlet.com/nies1/beyou">https://en-gb.padlet.com/nies1/beyou</a>
Catch it	NHS app to manage feelings of anxiety and depression	<a href="http://www.nhs.uk/apps-library/catch-it/">www.nhs.uk/apps-library/catch-it/</a>
MineED	Support for families with children's mental health concerns	<a href="https://mindedforfamilies.org.uk/young-people/">https://mindedforfamilies.org.uk/young-people/</a>
Anna Freud	Mental Health support for parents, carers and professionals	<a href="http://www.annafreud.org">www.annafreud.org</a>
Suicide Prevention	Papyrus is a charity for the prevention of young suicide, offering confidential support and awareness raising	<a href="http://www.papyrus-uk.org">www.papyrus-uk.org</a>
<b>Other Healthcare Support</b>		
School Health	Healthcare professionals who work to support the physical and mental health of young people	01434 636939
School Nurse	Students can text their school nurse for advice and support at any time	07507 332258
Smoking cessation	NCC service to help students stop smoking	<a href="mailto:Katie.Taylor01@northumberland.gov.uk">Katie.Taylor01@northumberland.gov.uk</a>
Eating disorders	Information to support children and their families with eating disorders	<a href="http://www.beateatingdisorders.org.uk">www.beateatingdisorders.org.uk</a> <a href="http://www.anorexiabulimiacare.org.uk">www.anorexiabulimiacare.org.uk</a>
Self Harm	Information about self harm	<a href="http://www.selfharm.co.uk">www.selfharm.co.uk</a>
<b>Substance Misuse Support</b>		
SORTED	Local based drugs education and support	<a href="mailto:northumberlandadolescentservices@northumberland.gov.uk">northumberlandadolescentservices@northumberland.gov.uk</a>
ESCAPE	Escape offers a free and confidential service to anyone living in Northumberland who is affected by a loved one's drug and alcohol use	<a href="mailto:carolyn.brass@escapefamilysupport.org.uk">carolyn.brass@escapefamilysupport.org.uk</a> 07767058039
<b>Specialist Safeguarding Support</b>		
Thinkuknow	Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline	<a href="http://www.thinkuknow.co.uk">www.thinkuknow.co.uk</a>
Prevent resources	A useful resource from the Northumbria Police Prevent team whose aim is to prevent radicalisation	<a href="https://beta.northumbria.police.uk/advice-and-info/personal-safety/prevent/">https://beta.northumbria.police.uk/advice-and-info/personal-safety/prevent/</a>
Operation Encompass Helpline	Linked to Child Concern Notices (CCN's) when the police are involved - normally domestic violence	0204 513 9900



Agency / Support	Details	Contact details
Community Police Officer	Local support from the Community Policing team	Darren.Stapleton.152@northumbria.pnn.police.uk
Prevent Police Contact (to be approached through Andy Clark)	PC Ian Drummond	0191 437 4525
ESLAC (to be approached through Mandy Gilholm first)	Education Support for Looked After Children	01670 622779
Family placement	Children's services department who arrange placements for students in care	01670 626262
Independent Review Officers	Professionals responsible for children in care	01670 624888
Harmful Sexual Behaviours Support	SWGfL and The Marie Collins Foundation has created a support service for professionals working with children and young people in tackling harmful sexual behaviours	hsbsupport@swgfl.org.uk 0344 225 0623
<b>Educational Resources</b>		
Pegswood Fire Station link	May be useful for assemblies or work with disengaged youngsters	Cory.Whitworth@northumberland.gov.uk
PSHE association	Access to resources which may help with issues that students are dealing with	<a href="http://www.pshe-association.org.uk/">www.pshe-association.org.uk/</a>