

# BPSS COMMUNITY NEWSLETTER JUNE 2021



Welcome to the June *Community Newsletter*. A monthly newsletter, aimed towards parents, guardians and carers of children and young people (CYP) within Barnet.

We hope you had a pleasant half term and were able to enjoy the next stage of 'normality' with friends and family. This month's newsletter will continue to provide opportunities for children and young people to engage in physical activity in the wider community.

## National Sports Week 2021

Saturday 19<sup>th</sup> – Friday 25<sup>th</sup> June 2021

After a year in which young people have missed out on so much and had their worlds turned upside down, sport and physical activity are playing an essential role in their recovery.

Schools, families and communities across the UK are encouraged to sign up and share their commitment to holding a sports day between 19 and 25 June this summer.

Everyone who signs up will receive free resources from the Youth Sport Trust

Register as a parent/guardian [here](#)

## Para Dance UK

Para Dance are offering free inclusive dance activities which can be done in the comfort of your own home. Click [here](#) to access the Dance At Home resources.

Para Dance also have a new Tour of the Floor programme which allows you to tour different countries to try new and exciting dance genres.

Please email [services@paradance.org.uk](mailto:services@paradance.org.uk) to sign up for free.

## Who is BPSS?

We are a "not for profit" organisation involved in PESSPA (Physical Education, School Sport and Physical Activity)

Our ultimate aim is to increase physical education, sport, competition, physical activity and leadership opportunities and participation for all young people across Barnet.

Please find our contact details below

## National PE School Sport and Physical Activity Survey Results

Thank you to the 70 schools who took part in a National Survey with Schools Active Movement we released between 26th – 30th April 2021. Headline data on the report from the school survey across Barnet demonstrates the extremely worrying effect of the third lockdown on our children’s health and wellbeing including:

- 87% of teachers believe children’s physical fitness is worse.
- 67% believe wellbeing is worse.
- 78% believe children have returned to school with excessive weight

Tackling these issues by supporting schools to provide an active recovery for the children within your school is our number one priority. We are currently working hard to address these issues with you all and we have already been able to prioritise an active recovery by supporting school staff deliver PESSPA, Competition, Leadership, Sport programmes & targeted interventions across Barnet this term and throughout Covid.

### Junior Parkrun

Friary Park hosts a free weekly Junior Parkrun every Sunday at 9am.

This 2k event is currently open to anyone aged 4-10 years old (usually up to 14 years of age, however restricted due to Covid-19).

For further information or to register, please visit [www.parkrun.org.uk/friarypark-juniors](http://www.parkrun.org.uk/friarypark-juniors)



**lemon jelly arts**

**Fridays from 4.30pm onwards**

**MILL HILL SCHOOL** The Ridgeway, Mill Hill Village, London NW7 1QS

**Performance Technique • Drama Production • Street Dance**

<b>Lemon Jelly Academy</b> 6 - 10 years 4.30 - 6.30pm	<b>Lemon Jelly Academy</b> 11+ years 4.30 - 6.30pm	<b>LAMDA</b> LAMDA small group classes and individual private sessions available between 4.30-7.30pm (Please contact us to discuss times and fees)
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**Join us for a two week FREE trial of our performing arts classes**

At Lemon Jelly no two weeks will be the same but generally during the class you will cover performance technique, drama production and street dance.

The classes are a chance to have fun, make friends, boost your confidence and self-esteem and improve teamwork.

**LAMDA**  
We also offer you the opportunity to take LAMDA exams, which are recognised worldwide and earn you UCAS points (a great addition when you are applying for uni).

Performance technique will cover script work, improvisation and musical theatre. Drama production includes live performances and stage craft. Street Dance gives you a chance to dance to the latest tracks helping you get fit whilst having fun.

Terrily fees are: £80 for one hour, £140 for 2 hours & £205 for 3 hours per week. All of our teachers hold enhanced DBS & first aid certificates.

**For more information and to book your two week FREE trial please call 01858 545 599 or email us on office@lemonjellyarts.co.uk**

[www.lemonjellyarts.co.uk](http://www.lemonjellyarts.co.uk)



**Big Moments of summer fun!**

**Ages 5-8**



**Join us at:** Middlesex Indoor Cricket School, N3 2TA

**Sessions will run:** Monday's starting from 7th June running until 26th July

**Session timings:** 16.15-17.15

**For any questions please email:** Jaylan.crockett@middlesexccc

**Sign up today at** [allstarscricket.co.uk](http://allstarscricket.co.uk) or at the centre



**lemon jelly arts**

**Wednesdays from 4pm onwards**

**EAST BARNET SCHOOL** 5 Chestnut Grove, East Barnet, Herts EN4 8PU

**Performance Technique • Drama Production • Street Dance**

<b>Lemon Jelly Academy</b> 6 - 10 years 4.00 - 6.00pm	<b>Lemon Jelly Academy</b> 11+ years 4.00 - 6.00pm	<b>LAMDA</b> LAMDA small group classes and individual private sessions available between 4.00-7.30pm (Please contact us to discuss times and fees)
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**WILDCATS GIRLS FOOTBALL SESSIONS**

Parents... Do you have a daughter who is interested in playing football?

Kick Action Academy will be hosting Wildcats Football Sessions for girls aged 5-11!

Sessions are based in Finchley every  
Tuesday (4.15pm-5.15pm),  
Saturday (10.30am-11.30am) and  
Sunday (10am-11.30am).




Please contact Kick Action Academy at [kassfc@outlook.com](mailto:kassfc@outlook.com) or call 07985554838 for further information regarding Wildcat Football Sessions

## Active Recovery Hub

Help children and young people to boost their health and wellbeing by promoting being active before, during and after the school day.

The online hub is available through the School Games website [here](#), and provides schools, local authorities, and families with easy access to free resources to get children moving before, during and after the school



**Online bookings are now live!**

We're once more open for basketball, dance, art, music, media, football, boxing, climbing and MORE!

To book onto one of our Junior, Senior or SEND sessions, please visit our website: [www.unitasyouthzone.org](http://www.unitasyouthzone.org)

**YOUR VOICE. YOUR POWER. YOUR UNITAS.**



**Unitas**

**Become a Member for just £5 per year, and 50p per visit!**

Please visit [www.unitasyouthzone.org](http://www.unitasyouthzone.org)

**Oakleigh Park Lawn Tennis & Squash Club**  
**Junior Holiday Camp Form 2021**

 100 Oakleigh Road North, London N20 9EZ  
 tenniscoaching@oakleighparkclub.co.uk  
 Enquiries to 0208 445 7221 or 07801 042 387 

**Tennis Holiday Camps: Summer 2021**  
**10am – 12pm**

Camp 1: 19th - 23rd July  
 Camp 2: 26th - 30th July  
 Camp 3: 2nd - 6th August  
 Camp 4: 9th - 13th August  
 Camp 5: 23rd - 27th August

Camp will run for all age groups.  
 Players will be grouped according to age and ability.  
 (4 year – older teens)

5 day camp: £75 member, £85 non member  
 Daily rate: £17 member, £20 non member

We have limited places on our camps at present  
 If you wish to enrol, please return this form to the above email address at your earliest convenience. Places will be reserved on receipt of form and payment, on a first come first serve basis.

**PRIOR BOOKING ESSENTIAL**  
**OUR CAMPS ADHERE TO STRICT COVID GUIDELINES**

Payment to be made by Bank transfer to  
 OPLT&SC, Acc: 80580929, SORT: 20-95-61

Name	Any relevant health issues
Telephone no.	Day/time of class
Email address	Date/amount paid
Age:	Member/non-member

**Oakleigh Park Lawn Tennis & Squash Club**  
**Junior Tennis Booking Form – Summer 2021**

 100 Oakleigh Road North, London N20 9EZ  
 tenniscoaching@oakleighparkclub.co.uk  
 Enquiries to 0208 445 7221 or 07801 042 387 

**Summer Term**  
**(2nd half of term)**

Monday 7<sup>th</sup> June – Sunday 25<sup>th</sup> July (7 week course)

45 minutes @ £63 for non-members, £56 for members  
 1 hour lessons @ £70 for non-member, £63 for members

Tots/Mini Red/Orange – 45 minutes  
 Red/Orange/Green/Yellow Ball – 1 hour

Thank you for enrolling in our Summer Term Junior Tennis Programme. We hope you enjoy your tennis with us and we look forward to seeing your improvement.  
 Children should be dropped off and collected from outside our Clubhouse.  
 Correct clothing and footwear must be worn.  
 Classes will run regardless of weather.

Please send your completed form to Juliet West at the above address.  
**All payments to be made at time of booking by Bank transfer to**  
 OPLT&SC Acc: 80580929, Sort: 20-95-61 Ref: Child's name

Places are limited and cannot be held without receipt of this form and payment.  
 (Please note that members have priority when booking.  
 Refunds/credit cannot be given once a course is booked)

Name	Parent's name	Allergies
Telephone no.	Day/time of class	
Email address	Date/amount paid	
Date of birth	Member/non-member	

Don't forget to follow us on our social media platforms

-  @Barnet Sport
-  @Barnet Sport
-  Barnet Partnership for School Sport
-  Barnet Partnership for School Sport
-  Barnet Partnership for School Sport

**WE'RE RECRUITING.....**

**PE AND SCHOOL SPORT APPRENTICES FOR SEPTEMBER START**

DO YOU ENJOY SPORT AND PHYSICAL ACTIVITY?  
 DO YOU ENJOY WORKING WITH YOUNG PEOPLE?  
 WOULD YOU LIKE TO GAIN VALUABLE LIFE SKILLS AND EXPERIENCE  
 IN A SCHOOL-BASED WORK ENVIRONMENT?  
 IF YOUR ANSWER IS YES TO THE ABOVE AND YOU'RE 16+ CLICK HERE FOR MORE





Contact the team for more support

Jo Eames – Strategic Manager – [j.eames@qegschool.org.uk](mailto:j.eames@qegschool.org.uk)

Katie Bailey – School Games Organiser (South & West)- [kba@whitefield.barnet.sch.uk](mailto:kba@whitefield.barnet.sch.uk)

Mark Betts – School Games Organiser (Central) – [m.betts@qegschool.org.uk](mailto:m.betts@qegschool.org.uk)

Vanessa Pender – School Games Organiser (East) - [vpender@eastbarnetschool.com](mailto:vpender@eastbarnetschool.com)

Website: [www.barnetpartnershipforschoolsport.co.uk](http://www.barnetpartnershipforschoolsport.co.uk)

