

Physical Education Curriculum Map
Gymnastics, Dance and Swimming

Year Group	Autumn	Spring	Summer
Year 1 teacher	Gymnastics - 'Parts High and Low' Unit H Dance	Gymnastics - 'Flight, Bouncing, Jumping and Landing' Unit D Dance	Gymnastics - 'Pathways, Straight, Zig-Zag and Curving' Unit I Dance
Year 2 teacher	Gymnastics - 'Points and Patches' Unit E Dance	Gymnastics - 'Rocking and Rolling' Unit F Dance	Gymnastics - 'Turning, Spinning and Twisting' Unit J Dance
Year 3 teacher	Gymnastics - 'Symmetry and Asymmetry' Unit M Dance	Gymnastics - 'Pathways' Unit N Dance	Gymnastics - 'Receiving Body Weight' Unit Q Dance
Year 4 teacher	Gymnastics - 'Rolling' Unit S Swimming	Dance - Roman Dance (choreographer) Swimming	Gymnastics - 'Balance Leading into Change of Front or Direction' Unit R Swimming
Year 5 teacher	Gymnastics - 'Flight' Unit U Dance	Gymnastics - 'Bridges' Unit T Dance	Outdoor Adventurous Dance
Year 6 teacher	Gymnastics - 'Synchronisation and Canon' Unit Y Dance	Gymnastics - 'Matching, Mirroring and Contrasting' Unit X Dance	Outdoor Adventurous Dance Top Up Swimming - BBSP

Physical Education Curriculum Map

Games

Year Group	Autumn	Spring	Summer
Year 1 coach	<p>Games 1st half - multi skills: dribbling, kicking and hitting</p> <p>Games 2nd half -multi skills: balls skills and point scoring games</p>	<p>Games 1st half - multi skills: throwing and catching - aiming games</p> <p>Games 2nd half -multi skills: aiming and striking</p>	<p>Games 1st half - multi skills: bat and ball skills, aiming and striking</p> <p>Games 2nd half -multi skills: developing partner work</p>
Year 2 coach	<p>Games 1st half - multi skills: dribbling, kicking and hitting</p> <p>Games 2nd half -multi skills: dribbling, kicking and hitting</p>	<p>Games 1st half - multi skills: throwing, catching and aiming</p> <p>Games 2nd half -multi skills: planning, composing and delivering own game</p>	<p>Games 1st half - multi skills: throwing catching and aiming</p> <p>Games 2nd half -multi skills: compose a group game with rules and delivering</p>
Year 3 coach	<p>Games 1st half - invasion games: hockey. Rules, aiming and control</p> <p>Games 2nd half -invasion games: hockey. Defending and attacking</p>	<p>Games 1st half - multi skills: throwing and catching</p> <p>Games 2nd half -athletics: shot put and javelin.</p>	<p>Games 1st half - athletics: track and long jump</p> <p>Games 2nd half -Rounders: striking and fielding</p>
Year 4 coach	<p>Games 1st half - invasion games: football. Rules, aiming and control</p> <p>Games 2nd half -invasion games: hockey. Defending and attacking</p>	<p>Games 1st half - multi skills: composing own game, deliver and umpire</p> <p>Games 2nd half -athletics: shot put and javelin</p>	<p>Games 1st half -athletics: track, long and triple jump</p> <p>Games 2nd half -cricket: batting and fielding</p>
Year 5 coach	<p>Games 1st half - invasion games: basketball. Rules, aiming and control</p> <p>Games 2nd half -invasion games: tag rugby. Defending and attacking</p>	<p>Games 1st half - multi skills: composing own game, deliver and umpire</p> <p>Games 2nd half -athletics: field events</p>	<p>Games 1st half - athletics: track events</p> <p>Games 2nd half -cricket: batting, fielding, scoring and umpiring</p>
Year 6 coach	<p>Games 1st half - invasion games: football. Aiming and control</p> <p>Games 2nd half -invasion games: tag</p>	<p>Games 1st half - multi skills: umpire own group game developed</p> <p>Games 2nd half -athletics: field events</p>	<p>Games 1st half - athletics: track events</p> <p>Games 2nd half -rounders: leading and</p>

	rugby. Defending, attacking and tactics		umpiring own game
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