



Cygnet parent/ carer autism training

A comprehensive training and support program for parents/ carers of children aged 5 -11, with a diagnosis of autism. This course is available *free of charge* to families living in Barnet.

Cygnet is a 6 week training course covering topics including:

- An overview of autism
- Communication
- Sensory needs
- Understanding behaviour

This course also gives parents/carers an opportunity to meet to meet each other and share their experiences.

At: Chalgrove Primary School Chalgrove Gardens, London N3 3PL When:

Tuesdays 10-12

From 26/2/19 until 2/4/19

The course is free but it is essential that parents/carers register

Contact Luci Rose from the Autism Advisory Team:

Autism.Team@Barnet.gov.uk

Tel/ text: 07885208800 (from Monday – Wednesday)