

Effective Parenting Workshops

These workshops are for **every parent** with a child aged 3-11 years

The three workshops will provide practical communication skills for everyday life and help develop our ability to bring up confident, happy and co-operative children.

Topics include: positive discipline strategies, setting limits and boundaries, effective communication and building self-esteem for children and parents.

- Starting:** Thursday 18 January 2018
Finishes: Thursday 1st February 2018
A commitment to all 3 sessions is mandatory
Time: 7.00-9.00pm
Venue: 64 Pinner Road,
Harrow, Middlesex, HA1 4HZ
Cost: £40.00/£20.00 Concession (with proof)

Please call **020 8863 7319** to book a place
Or email info@hopeharrow.org.uk

