

# Week 1

WEEK COMMENCING: 30TH OCT, 20TH NOV, 11TH DEC, 8TH JAN, 29TH JAN, 26TH FEB, 19TH MAR

## MONDAY

- V Pea & Mushroom Risotto
- V Vegetarian Sausage with Mashed Potato & Gravy
- Carrots  
Green Beans
- Toffee Apple Crumble with Custard

## TUESDAY

- Beef & Onion Pie with Boiled Potatoes
- V Neapolitan Pasta with Cheese
- Broccoli  
Roasted Vegetables
- Shortbread

## WEDNESDAY

- Roast Chicken with Roast Potatoes & Gravy
- V Hummus & Cucumber Wrap
- Red Cabbage  
Roasted Parsnips
- Frozen Toffee Yoghurt

## THURSDAY

- Meat Feast Pizza
- V Jacket Potato with Baked Beans
- Coleslaw  
Salad
- Fruity Flapjack

## FRIDAY

- Fish Fingers & Chips
- V Roasted Vegetable Lasagne
- Baked Beans  
Peas
- Peach Sponge with Custard

# Week 2

WEEK COMMENCING: 6TH NOV, 27TH NOV, 18TH DEC, 15TH JAN, 5TH FEB, 5TH MAR, 26TH MAR

## MONDAY

- V Vegetable Bean Chilli with Rice
- V Macaroni Cheese
- Green Beans  
Sweetcorn
- Peach Upside Down Cake with Custard

## TUESDAY

- Beef Spaghetti Bolognese
- V Jacket Potato with Baked Beans & Cheese
- Carrots  
Minted Peas
- Oat & Raisin Biscuit

## WEDNESDAY

- Roast Gammon with Roast Potatoes & Gravy
- V Vegetable & Butterbean Ragu with Roast Potatoes
- Braised Cabbage  
Vegetable Medley
- Frozen Toffee Yoghurt

## THURSDAY

- Chicken Korma with Rice
- V Italian Tomato & Basil Pasta
- Fruity Coleslaw  
Salad
- Jelly & Vanilla Ice Cream

## FRIDAY

- Salmon & Vegetables with Egg Noodles
- Vegetarian Frankfurter <sup>V</sup> or Fish Fingers & Chips
- Baked Beans  
Peas
- Pear & Chocolate Pudding with Chocolate Sauce

# Week 3

WEEK COMMENCING: 13TH NOV, 4TH DEC, 1ST JAN, 22ND JAN, 19TH FEB, 12TH MAR

## MONDAY

- V Mexican Rice Wrap
- V Vegetarian Sausage with Mash & Gravy
- Carrots  
Green Beans
- Apple & Berry Sponge with Custard

## TUESDAY

- Cottage Pie
- V Jacket Potato with Coleslaw
- Broccoli  
Cauliflower
- Apple & Cinnamon Pie with Vanilla Sauce

## WEDNESDAY

- Roast Turkey with Roast Potatoes & Gravy
- V Three Bean Casserole with Roast Potatoes
- Swede  
White Cabbage
- Frozen Strawberry Yoghurt

## THURSDAY

- Chicken & Sweetcorn Pizza
- V Margherita Pizza
- Roasted Vegetables  
Winter Slaw
- Berry Muffin

## FRIDAY

- Fish Fingers & Chips
- V Broccoli & Cauliflower Cheese Bake with Chips
- Baked Beans  
Peas
- Fruity Flapjack