



solace
women's
aid

Are you worried about domestic or sexual abuse?

Our Advice Service provides free and confidential support for women and girls over the age of 14 affected by abuse.

Call us on freephone:

0808 802 5565



Ascent



LONDON
COUNCILS

Solace Women's Aid Advice Service

We are here to support women living or working in North, East and South East London who have experienced any form of domestic or sexual abuse. Abuse can be physical, emotional, sexual or financial which takes place within an intimate or family relationship. Abuse can include neglect, controlling behaviour, forced marriage, honour based violence or female genital mutilation.

If you are being abused, remember you are not alone. We can help you by providing advice and support with:

- **Improving your safety**
- **Housing and homelessness**
- **Finances and welfare benefits**
- **Access to legal services**
- **Parenting and children**
- **Emotional support**

As part of the Ascent partnership we work with partner agencies across London who can provide specialist one to one support in your local borough and in various languages.

Call us on freephone **0808 802 5565**

Our advice line is open **Monday–Friday 10am–4pm** and **Tuesday evenings 6–8pm**

or email **advice@solacewomensaid.org**

For more information visit **www.solacewomensaid.org**

If you are in immediate danger please call the police on **999**



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