## Week 3 W/C 16/06, 07/07, 15/09, 06/10

**Tuesday** 

## Weekly menu

Monday

**BREAK SNACK - Fresh fruit BREAK SNACK - Fruity BREAK SNACK - Cheese & BREAK SNACK - Fresh fruit** crackers granola flapjack Peri peri chicken thigh Chicken & vegetable puff **MEAT FREE MONDAY Cheese** PASTA DAY - Lamb & tomato quiche bolognaise pastry pie MEAT FREE MONDAY -Peri peri quorn fillet Cheesy leek and potato pie PASTA DAY - Tomato & herb Jacket Potatoes, cheese & Sauce baked beans Herby diced potatoes Braised rice Pasta spirals **Rustic roasties** Peas Carrots, broccoli Sweetcorn Green beans Yoghurt, Fruit, Smoothie Yoghurt, Fruit, Smoothie Chocolate & vanilla marble Fruit pavlova cake with custard

Wednesday

Thursday



