The Oaka Guide to Revision That Works!



Fresh Focus on Learning



Revision Timetable

	BOOKS
on Learning/	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.30 - 9.50							
Take a break	Take a break for 10 minutes every 20 minutes.	every 20 minu	tes.				
10.00 - 10.20							
10.30 - 10.50							
11.00 - 11.20							
11.30 - 11.50							
12.00 - 12.20							
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13.00 - 13.20							
13.30 - 13.50							
14.00 - 14.20							
14.30 - 14.50							
15.00 - 15.20							
15.30 - 15.50							
Evening							
Done it!							

Well done! Give yourself a **BIG** tick!

Make sure you revise your subjects equally.

Photocopy this page (there's another at the back of this book).

Don't forget to put in:
Free time, sport,
school, tv time, meals
and days out.

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z



is equal to

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26

then...

Luck

Hard Work & Knowledge

$$H + A + R + D + W + O + R + K$$
 $(8 + 1 + 18 + 4 + 23 + 15 + 18 + 11) = 98\%$
 $K + N + O + W + L + E + D + G + E$
 $(11+ 14 + 15 + 23 + 12 + 5 + 4 + 7 + 5) = 98\%$

Attitude

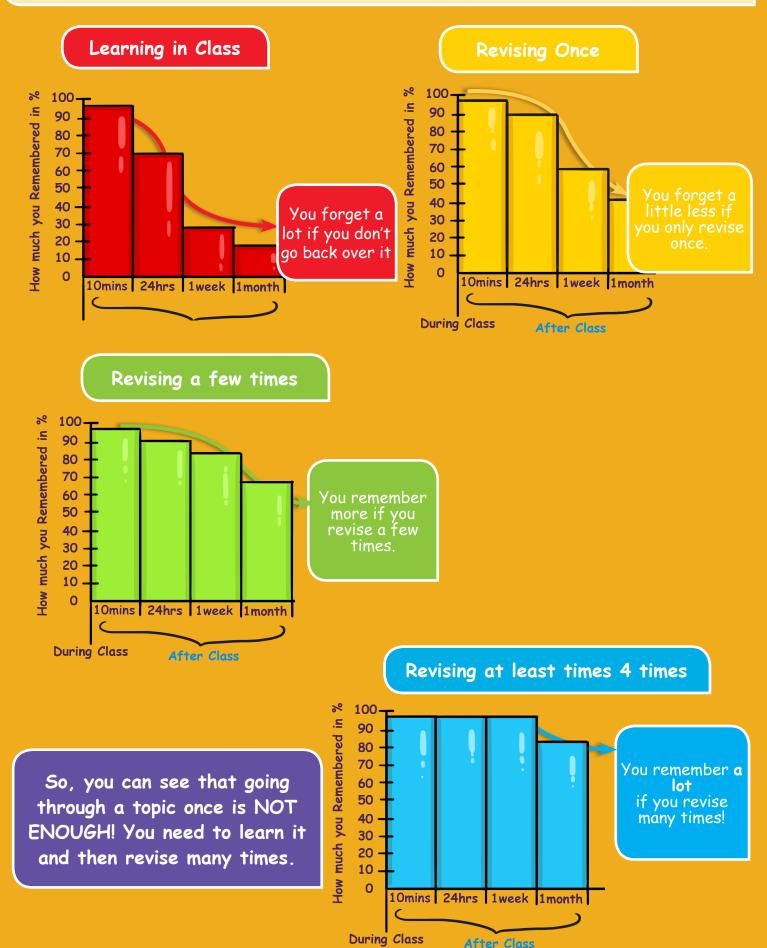
A + T + T + I + T + U + D + E(1 + 20 + 20 + 9 + 20 + 21 + 4 + 5) = 100%

The 'Forgetting Curve'

Back in 1885 Professor Ebbinghaus looked at how our memory works.

He found that we forget things very fast unless we go back over them lots of times.

This could explain why your revision does (or doesn't) work!



1

Get Going!

- The best way to revise is to get on with it!
- The sooner you start, the less stressful it will be.



2

Be Positive

Believe in yourself.

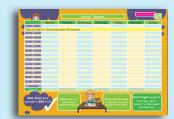
- · I can do this!
- I can achieve this!
- I will do well because I have worked hard!



3

Make a Revision Timetable

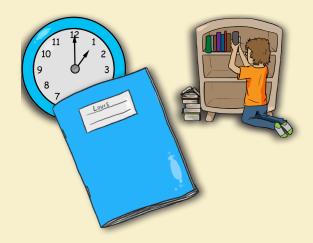
- Work out how many topics you need to revise.
- Decide which are your weaker subjects. Give them more time.



 Photocopy the timetable on the inside cover to give you as many weeks as you need. Stick to your timetable! 4

Revise in Short Sessions

- Do 20 minutes of effective revision (up to Yr 8) and up to 30 minutes if you are older.
- Then take a short break.



- 5 Practice Past Papers
- Do LOTS of them! You can download many from the internet.
- This will show what you don't know.
- You can then see what you need to work on.



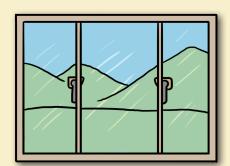
- Revise and Review
- Go back and review your revision a lot.
- Use flashcards as a fun quiz.
- Test yourself after 1 day, after 1 week, after 1 month.



- 7 Flashcards
- Use your flashcards or memory maps of each topic for quick reviews for your revision.
- · Make notes shorter and shorter.
- · End up with key points or words.



- 8 When will you Revise?
- Are you a morning person?
- If you are not good in the mornings, start later on in the day.
- · But, make sure you do it!





Where to Revise?

- · Find a quiet, warm space.
- Well lit.
- · Use a clock to time your sessions.



10

The Big No!

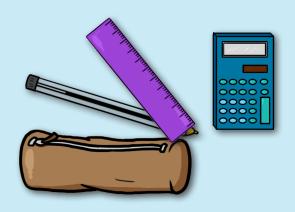
No phones or social media!
 They're for your free time.



11

Be Organised

- Get all the equipment you need ready before you start.
- · Keep it all in one place.



12

Take Regular Breaks

- · Have regular breaks.
- Your brain will remember more if you rest it.

Attention Span Span Loisive Break

Time

13

How Do You Learn?

You might like to make...

- Mind Maps
- · Charts
- · Cartoons
- Spider Diagrams



14

Or learn by listening...

- · Record notes.
- · Say keywords out loud.
- Talk your revision through with someone.
- Get someone to test you.



15

Or learn by doing...

- Make a model.
- Act out or role play.
- · Draw and labelling.
- · Create a story.
- · Make flashcards
- Walk around and talk about the topic.



16

Tick It Off!

- · Test yourself on each topic.
- Keep a list of topics and tick them off. You will feel great as you see how much you have done

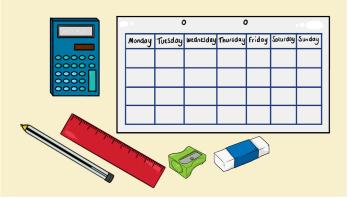


17

Before The Exam

Have you got everything?

- Pens, ink, pencils, sharpener, ruler, rubber, calculator.
- · Clear pencil case.
- · Where is your exam?
- · What time is it?



18

In The Exam

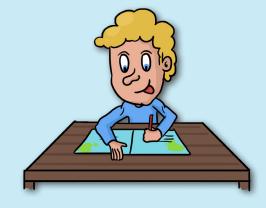
- Highlight key words in the questions.
- This will help you to stay on track.

Key Words

19

Get Those Marks!

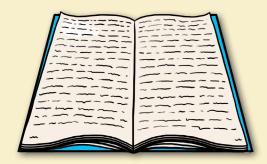
- If you can, try to answer the questions with high marks first.
- You don't want to run out of time and have only answered the short questions.



20

Make Your Point.

- If a question is 2 marks, then you need to make 2 points.
- If a question is 6 marks, then you need to make more points.



21

Food and Drink

- · Get your brain ready!
- Drink plenty of water and eat healthy snacks.



22

Exercise and Fresh Air

- Get lots of fresh air and exercise.
- · Go for a walk.
- Play sport.
- · Sit outside.





23

Get Enough Sleep

 Your brain needs 8 hours of sleep a night.



24

Review, Review

We'll say it again, going through something once is **not** revision.

Test yourself often.

- Review after 10 minutes.
- Review after 1 day.
- Review after 1 week.
- Review after 1 month.

Good Luck!



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About Oaka Books

Children learn best when they are engaged...

Our aim is to help children enjoy learning by making it fun! That way they will succeed.

Following Common Entrance and National Curriculum guidelines for KS3.

Design and layout of our books follow guidelines from the British Dyslexia Association

Three Easy Steps

Read: the easy to follow bullet point Topic Booklet.

Engage:

Play the Active Learning Game.

Learn:

When you understand the topic, test yourself using the Write Your Own Notes Book. You can use the Topic Booklet to help if you get stuck.

One (short) Topic at a time:

For some students, a big book is a big turn off. That's why we focus on one topic at a time. Short and to the point.

Reading Age

This booklet is suitable for children with a reading age of 10 ½ years.

Topic Packs for K\$1, K\$2 & K\$3 Include:

History Geography Chemistry Biology Physics

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First paperback edition printed 2014 in the United Kingdom.

A catalogue record for this book is available from the Ritish Library.

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Acknowledgements

Our huge thanks go to the many teachers who have been involved in the development of this series of learning guides. Special thanks to Joy Gardiner, for producing hundreds of illustrations, to Kate Doehren, for her enthusiasm and invaluable assistance to my wonderful daughter Sophie, for being the inspiration for the books and, of course, to Charlie, for believing in them.