



Keble Prep PSHE Policy

The PSHE programmes of study should allow pupils to take part in a wide range of activities and experiences across and beyond the curriculum and in doing so contribute further to the life of the school and its community. These activities and experiences will help the pupils learn to understand and respect our common humanity, diversity and differences. As a result they can go on to form effective, fulfilling relationships that are an essential part of life and learning.

The Importance of PSHE

Our personal, social and health education (PSHE) programme promotes the boys personal, social and economic development, as well as their health and wellbeing. It helps to give boys the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

At Keble Prep the boy's wellbeing, happiness and safety are our first priority, and PSHE is the key vehicle through which we share this with them. We regard PSHE as an important, integral component of the whole curriculum; it is central to our approach and at the core of our ethos.

Our PSHE curriculum is broad and balanced, ensuring that it:

- Promotes the spiritual, moral, cultural, mental and physical development of our boys and of society;
- Prepares our boys for the opportunities, responsibilities and experiences they already face and for adult life;
- Provides information about keeping healthy and safe, emotionally and physically;
- Encourages our boys to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

Aims

For boys to:

Health & Wellbeing

- Know and understand what constitutes a healthy lifestyle;
- Know how to maintain physical, mental and emotional health and wellbeing.
- Be aware of safety issues, including how to respond in an emergency.
- Know how to manage change, including puberty, transition and loss.

Relationships

- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- Know how to recognize and manage emotions within a range of relationships.
- Know how to recognize risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- Know how to respect equality and diversity in relationships.

Living in the Wilder World

- Know the importance of responsible behaviors and actions;
- Be responsible and independent members of the school community.
- Understand British Values and be a positive and active member of a democratic society.
- Know about the importance of respecting and protecting the environment. Climate change and how we can make a difference
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community developing tolerance (FBV).
- Know where money comes from. keeping it safe and the importance of managing it effectively.
- Have a basic understanding of enterprise.

Organisation/Provision

PSHE is delivered within a whole school approach which includes:

- Dedicated curriculum time
- Teaching PSHE through and in other subjects/curriculum areas
- Specialised assemblies
- PSHE activities and school events
- Pastoral care and guidance
- Visiting speakers

As a school we use a combination of the JIGSAW programme and our own scheme of work, which are explicit , structured , whole-curriculum frameworks and resources for

teaching social, emotional and behavioural skills to children, to aid our delivery of PSHE. The frameworks have been adapted by staff so that there is progression throughout the school.

Assessment and Recording

Children are informally assessed by staff throughout their work. There is some recording of work on IPADS (if appropriate).. Evidence of PSHE will be in a variety of forms e.g. boys understanding of the curriculum, photographs as well as written work. The very nature of PSHE means that careful consideration should be given to the best means of recording. Written work may not always be appropriate and staff will use their professional judgment in this.

Monitoring and Evaluation

The policy will be reviewed every year with boys, staff and Governors involvement.