## Nursery Spring 1

Another half term has flown by in Nursery! We have welcomed our new friends, and everyone has adapted brilliantly, exploring and discovering our environment together.



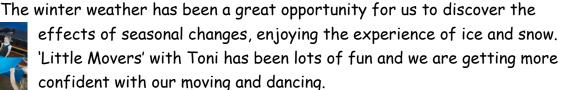














During our adventures on Muddy Mondays, we have encountered a horse and made trips to the park, familiarizing ourselves with our local surroundings. We had so much fun celebrating Chinese New Year. Miss Ho's dad and Leila's grandad kindly joined us to demonstrate how to cook noodles. We had a delightful time using chopsticks to taste the noodles with sauce and prawn crackers, as well as trying a traditional new year fruit- the pomelo.

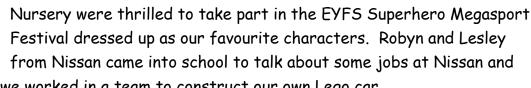
























To highlight the importance of well-being, we celebrated Children's Mental Health Week with a special visit from Ada's mam, a nurse that helps people with their brains and how they feel. Charlotte explained to us that it's ok to feel sad and angry sometimes and showed us some breathing exercises to do when we have those feelings to help our bodies and brains.



What a busy and exciting time it has been - now we are ready for a little rest! We can't wait to be back for more fun and adventures!

