



# What's on Kooth in December

## December 3

**Kooth Discussion Board:**  
Not All Disabilities Are Visible

## December 10

**Kooth Podcast:**  
History of the Holidays

## December 10

**Kooth Discussion Board:**  
Helping Hands - Kindness &  
Volunteering

## December 15

**Kooth Live Forum:**  
Looking After Your Wellbeing  
**7.30pm to 9pm**

## December 20

**Kooth Live Forum:**  
Let's Talk About: LGBTQIA+  
& Religion  
**7.30pm to 9pm**

## December 24

**Kooth Discussion Board:**  
Give Yourself a Gift

## December 29

**Kooth Live Forum:**  
Let's Party  
**7.30pm to 9pm**

## December 31

**Kooth Discussion Board:**  
New Year, Not New You

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