CHILDREN IN NEED CUPCAKE SALE!
WEDNESDAY 11TH NOVEMBER

Get involved!!!





BRING SOME CASH TO BUY CAKES (£1 EACH) OR BRING IN 10 DECORATED CUPCAKES* FOR THE SALE/COMPETITION (Note: sale is on **Wednesday breaktime** in Food room, **NOT** Friday)

*10 CUPCAKES TO BE BROUGHT TO FOOD ROOM IN A CONTAINER LABELLED WITH YOUR NAME **AND HOUSE** ON THE MORNING OF WEDNESDAY 11TH NOVEMBER

*** WITH YOUR CUPCAKES, YOU MUST ALSO HAVE A LIST OF INGREDIENTS USED TO MAKE THEM - THIS IS THE LAW NOW**

***Prizes for the 3 people who make the best decorated cupcakes! Plus house points awarded.**





Weekly Bulletin 23rd October 2026

Week Commencing 2nd November 2026 Week A

Please report any student absence ideally before 8.00am
Please email: studentabsence@langtreeschool.com

Weekly Bulletin and Letters: **https://www.langtreeschool.com/letters/**

If you have any safeguarding concerns regarding a child please contact: Ms Burman, Deputy Head Teacher and Designated Safeguarding Lead sburman@langtreeschool.com Ms Wood, SENCo and Deputy Safeguarding Lead swood@langtreeschool.com Mrs Belcher, Head of Year 7 & 8, Deputy Safeguarding Lead bbelcher@langtreeschool.com For further information on Safeguarding please read our Safeguarding Policy in the school website

Transport to School—BUSES INFORMATION
Oxfordshire School Transport information and timetables HERE.
Public Buses: Thames travel Timetables can be found HERE.
Public Buses: Reading Buses 93 (BB3) Timetable can be found HERE.

Poppies are available for a donation outside the pastoral office



Important Dates

12th November Creativity Day

WHOLE SCHOOL
FLU IMMUNISATION
11th November 2026
CONSENT LETTER HERE

Sports Club LIST **Lunchtime and Afterschool Clubs LIST**

UNIFORM MATTERS

Please note: School trousers should be straight and black. They should not be skin tight, flared or leggings. Students are able to wear plain black training leggings for PE, but these should not be worn for the normal school uniform.

General

FREE Parent Guide to Student Sucess from Elevate Education: HERE Elevate Dducation are also offering Parent webinars

Year 7 / 8 / 9: Design Technology: Please read this letter concerning supporting your child's learning in Design Technology HERE

SPORTS TRAINERS: The PE department would like any decent trainers that your children have out grow to add to their "trainer pot" Please drop in the front office / take to the PE office. Thank you

LOST PROPERTY: We already seem to have a vast amount of lost property. To help us return lost item PLEASE can you name your child's uniform and PE kit. Then, when items are found they can be returned to their owner, rather than joining the increasing amount of un-named lost items.

Year 7

Year 8

Year 9

Year 10

Year 10 GCSE Food students: Revision guide and workbook - please see the letter from Mrs Darkins HERE

Year 11

Year 11 Mock Exam Timetable HERE



MOTHER GOOSE JUNIOR CHORUS AUDITIONS – HENLEY!
Auditions – Kenton Theatre
Ages 12–15: 11 November, 4.30–6.30pm
Ages 8–11: 10 November, 4.30–6.30pm
Full audition information and registration:
https://www.dantasticproductions.com/mothergooseauditions



Read for Good®
Motivating kids to read

Next term, during the week beginning 9th November, we are running a **Read for Good Readathon** and we'd love your child to join in.
Please read this letter **HERE** for more details

What is reading?

It doesn't matter what you read as long as you read what you love!


Audiobooks


Comics


Recipes



e-books



Song lyrics



News


Instructions


Blogs

Read for Good® Readathon® | Track My Read® | Brilliant Box of Books | Read for Good in hospitals
readforgood.org

Registered charity 1139369 and SC041936 (Scotland). ©Read for Good 2024.
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Registered with FUNDRAISING REGULATOR



UPCOMING EVENTS

ASPIRE VIRTUAL EVENT
TUESDAY 10TH NOVEMBER
18:00-19:30

INFORMATION MORNING
SATURDAY 14TH NOVEMBER
10:00-12:30

#QUESTIONSEEKGROW

Well Being Provision at Langtree						
	7	8	9		10	11
All	Transition		Transition			Transition
All	Assemblies will always be guided by our core values of **Courtesy, Respect and Integrity** Tutor activities follow 5 ways to well being: 1. Connect with people. 2. Be active 3. Take notice of the world around you 4. Keep learning 5. Give back All students complete a well being survey once a year. Pastoral leaders and tutors will review this information and follow up with any one to one discussions with pupils where appropriate.					
All	6 discreet lessons PSHE/RSE PSHE/RSE Taught in curriculum					
All Year 7s	Student Leaders mentoring sessions					
All	Extra Curricular Clubs	Langtree Challenge	Reflections on progress	Sponsored walk	Creativity days	Activity Week
All	Have a Student PSHE/RSE google classroom Have a Student Report a Concern page that they can use Resources on the Student Tab for wellbeing					
Targeted Groups	Attendance	Resilience	Connections	Young Carers	Leadership	Exam support / Careers
Individual work	- Report to tutor, HOY, SLT - CAMHs referral - Nomad: mentoring service - ELSA support - 1 to 1 interviews with PP students in 7&8 - Peer mentor - Year 11 students mentor younger years - School Nurse			- Early Help Assessment (EHA) work with family: Oxford County Council - Careers guidance every KS4 students has 1 to 1 - Every Year 10 student has the opportunity to do work experience - Well Being Surveys		

Parental support

Supporting your child with their mental health

Child and Adolescent Mental Health Services (CAMHs) are holding several free webinars for parents. Please use this link to find out more information and to register. **Emotional Based School Avoidance and School anxiety (online):** Monday 20th October 10am - 11am.
Self harm and suicide awareness: Monday 24th November 12 - 13.00 (online) **Being Safer online:** Friday 28th November 12. - 13.00 (online)
Wellbeing evening for parents and carers: 3rd December 7 - 8.30pm (online) **Coffee networking for parents:** 19th Dec 10am (in person)

Useful websites:

- Supporting well being: https://www.youngminds.org.uk/parent/
- A useful leaflet Coping with self - harm: A guide for parents and carers
- Supporting well Being https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/
- Please also signpost your child to Langtree's Student Well Being page on the school website.
- Supporting young people with grief: https://seesaw.org.uk/

Financial advice: https://www.citizensadvice.org.uk/debt-and-money/getting-financial-advice/
Advice regarding housing Food Banks:Wallingford

Whitchurch United: Students (age 5 - 25 living in Whitchurch may benefit from a charitable fund aimed at helping them with their education such as sports equipment, music lessons etc. Applications received twice a year - for more information search for Whitchurch Unitied Charities, email: whitchurchunitedcharities@gmail.com or call 01189844262

Hosting Ukranian Family: If you are hosting a Ukranian family you may be able to access funds from the parish of Checkendon, Contact the vicar Rev Canon K Davies : langtreechurches1-office@yahoo.com

Help with Heating Homes: Oxfordhshire County Council is part of a scheme called Better Housing, Better Health, which can support methods of heating homes giving grants, heating appliances and advice. See bhbh.org.uk

Community Hub Household Support Fund: Please see South Oxfordshire District Council website for ways the community may be able to support you. communitysupport@southandvale.gov.uk

Pupil Premium (top up funds for students): Please see our website for information regarding Pupil Premium funds: and see https://langtreeschool.com/pupil-premium/

Protecting your child online: Advice for parents regarding online parental controls: if in doubt, call the NSPCC's trained helpline counsellors on 0808 800 5000

Supporting your child with concerns or questions about healthy sexual relationships:

- Online pornography: how to keep your child safe
- Online sexual harassment: porngraphy, editing photos and body image, sharing nudes, peer pressure, sexualised bullying

Please also see our RSE policy on our school website.

Supporting parents knowledge of drugs: Information about drugs

Domestic abuse support: National Domestic Abuse Helpline: 0800 2000 247 Recognising domestic abuse: NSPCC website
a2dominion : domestic abuse support services Bright Sky website and app offering practical support and guidance on domestic abuse - practical support Please see a list of other services that may be of help: https://langtreeschool.com/support-for-parents/

Parents and students must read and agree to the following Cycling to School rules:

1. All bicycles must be roadworthy and appropriate for the age of the student in terms of size and seat height. All bikes must have brakes that work.
2. Students must wear a helmet to cycle to and from school and this helmet must be visible to school staff when students enter the school site. Helmets must be stored in lockers during the school day.
3. When students leave the Reading Road, they must dismount their bike and walk the bike to the cycle storage areas.
4. During the winter months when cycling to and from school in the dark, parents will ensure that students wear reflective clothing and that all bikes have front and rear lights.
5. All students will cycle in a safe manner and take into account pedestrians and other school children.
6. All students will refrain from listening to music through earphones whilst cycling to school.

SCHOLASTIC TRAVELLING BOOKS

GO ALL IN. National Year of Reading 2026

YOUR NEXT FAVOURITE READ IS WAITING

OVER 200 BOOKS TO CHOOSE FROM



THE BOOK FAIR IS HERE ON: **TERM 2**

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Enter the BBFC Create the Card Competition!

We're offering 12 to 16-year-olds the chance to design the official BBFC Black Card for *The Hunger Games: Sunrise on the Reaping*, in collaboration with Lionsgate.

THE HUNGER GAMES SUNRISE ON THE REAPING | bbfc View what's right for you | LIONSGATE

Deadline: 18 October 2026
bbfc.co.uk/createthecard

NEW BOOKS. NEW WORLDS. NEW FAVOURITES

Trilogy for £15



All books subject to availability.

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Please check with your school for the best way to pay for your books

- You may pay by card at the Fair via our digital till or card reader machines if your school has one, or by using the online link at **www.bookfairs.co.uk/pay** and simply selecting your school from the drop down menu.
- Pre-paid gift vouchers are available in **£5**, **£10**, **£15**, **£20** and **£25**. Go to **www.bookfairs.scholastic.co.uk/gift-vouchers** to buy vouchers for your child before the Fair.
- If you can't attend the Fair in person, your child can order books via a Wish List – please ask your school for details.

HELP EARN FREE BOOKS

Scholastic is one of the largest providers of free books to schools via our Reward scheme which helps to ensure that as many children as possible have access to books that support reading for pleasure. Every time you buy from the Book Fair, you help to make a difference by supporting literacy in your child's setting. Last year, with your help, we gave over £5.3M worth of free books to schools nationwide, which stocked school libraries and classrooms.

*Free books are subject to terms and conditions. Please contact your Book Fair Organiser or Scholastic Book Fairs for details.
All books subject to availability. Book range may vary.

Prom Dress SALES

Find your perfect look

Saturday 17th October
2 to 4

Saturday 21st November
2/4

Lots more sales in the new year

Everyone Welcome

DRESSES FROM £5 TO £70

Also for sale

MEN'S SUITS | COCKTAIL DRESSES | SHOES

Sizes from 4 to 22

OVER 300 DRESSES

Sale is at
Maiden Erlegh Chiltern Edge School
Reades Lane Sonning Common

We take cash or card | Free parking | Changing rooms

& AND OXFORDSHIRE

Youth groups for autistic young people without intellectual disabilities

An inclusive space to develop independence, friendships & social skills...



...run by a specialist, experienced team providing a safe, fun and structured environment...

... based in Wolvercote Young People's Club





Juniors (8 - 12 years)
Saturdays
10:00am - 12:00pm

Seniors (13 - 17 years)
Fridays
6:30pm - 8:30pm

Contact us at
info@and-oxfordshire.co.uk

Langtree School PTA

SUPPORTING OUR COMMUNITY

Please support you PTA in any way you are able.

If you have any questions, contact the PTA Chair

pta-chair@langtreeschool.com

The PTA are now registered with Easy Fundraising

https://www.easyfundraising.org.uk/

Opportunity to borrow a telescope!

Due to the efforts of the PTA, the science department has managed to secure funding to purchase an entry level telescope. We would like to give students the opportunity to borrow the telescope for a week so that they can be inspired to look at the stars.

The telescope would obviously need to be taken good care of, returned on time and in the same condition as it was when it was received.

All safety instructions would also need to be followed which can be found in the booklet that comes with it.

If your child would like to register an expression of interest in borrowing the telescope please ask them to do so by contacting Mr Brown via email: kbrown@langtreeschool.com

Yours sincerely
Keith Brown
Head of Physics

Greener Henley

Schools Science Fair

Join over 100 children for peer-led learning and discovery of our natural world



Save The Date

Wednesday 18th November 2026

Rotherfield Hall, Henley College

www.greenerhenley.org.uk

Greener Henley | Registered charity no. 1211510

SCAN FOR INFO

ABBEY U14 RUGBY RECRUITING NEW PLAYERS!

Play. Make Friends. Be Part of Something Great!

SCHOOL YEAR 9 PLAYERS WELCOME!

If you're in Year 8, 9 or 10 and want to give rugby a go, we'd love to have you!



TRAINING
Every Thursday at Abbey Rugby Club, B481 Peppard Road, Reading, RG4 8XA
7:00 - 8:30pm

MATCHES
On Sundays
(with training on Sundays 10:30 – 12:00 when there are no matches)

FUN & FRIENDS
Build skills, stay active, make new friends and be part of a great team.

MORE THAN JUST A GAME
Teamwork
Respect
Enjoyment
Discipline
Sportsmanship

ABBEY U14 RUGBY

abbeyrfc.u14s@gmail.com

COME AND JOIN US!

Importance of Healthy Eating and Sleeping

Although this may seem like an obvious piece of advice, eating healthily and having good sleeping habits isn't something that all of our students take as seriously as they should.

In our well being survey this academic year, 9.9% of our students who responded said that they did not eat breakfast in the morning and 21.5% said they sometimes did.

39.8% of the respondents said that they keep their phones in their bedroom when they sleep and 18.6% said they sometimes do. 38.2% of the respondents said that they do not have their phones in their bedrooms when they sleep.

If students have smart phones in their room, they may still be using their devices during the night which will impact on their sleep.

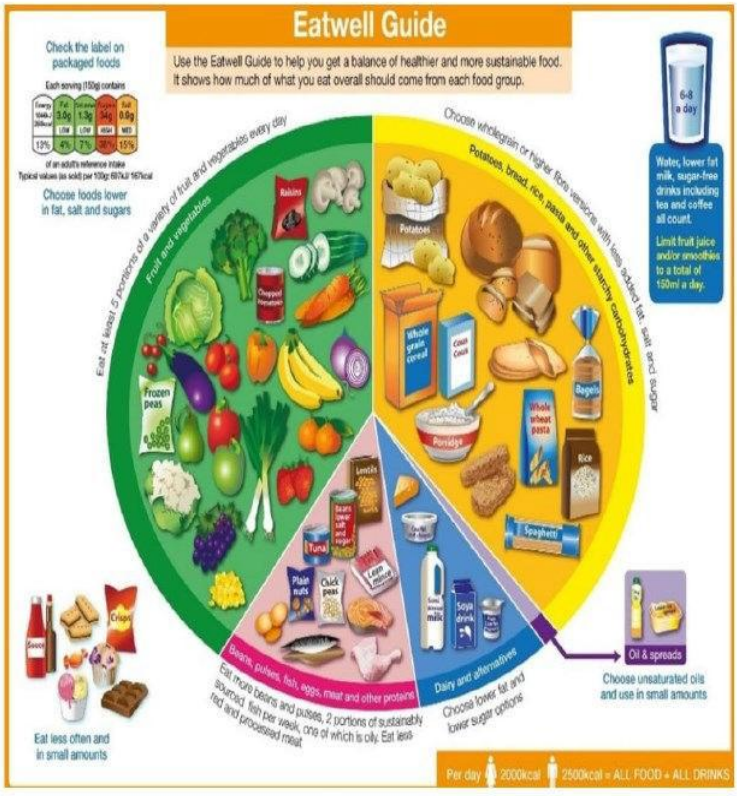
Eating healthily and having quality sleep is important for all our students. We are particularly mindful of our Year 11s who are entering their exam period. Some of the duration of the exams are very long - with English Language Paper 2 being 2 hours and 5 minutes (and some students will have extra time). Therefore, it is crucial to ensure healthy habits are adopted.

Sleep

Getting enough sleep is essential for students as it directly impacts their physical and mental health, as well as their academic performance. Satisfactory sleep helps in consolidating information learned throughout the day, improving memory, concentration, and problem-solving abilities. Students who are well-rested are more likely to be alert, attentive, and engaged during classes, leading to better retention of knowledge.

Healthy eating

Maintaining a healthy diet is crucial because it provides the necessary nutrients for growth, development, and overall well-being. A balanced diet ensures that students receive the essential vitamins, minerals, and macronutrients needed for optimal physical and cognitive functioning. A nutritious diet supports healthy brain function, enhances focus and attention, and boosts the immune system, thereby reducing absenteeism due to illness. Breakfast is a really important meal of the day and it is important to note that if some students skip breakfast, they are not eating from dinner time until 11.00 am the following morning. If students skip eating at breakfast, their next opportunity to eat is 13.20. We do see some of our students experience 'hanger' moments! Please do make sure your child has appropriate snacks / packed lunch / money for them to last throughout the day.



Avoiding energy drinks

It's important for students to refrain from consuming energy drinks due to their potential negative effects on health and academic performance. Energy drinks often contain high levels of caffeine and sugar, which can lead to increased heart rate, restlessness, and difficulty concentrating. They can also disrupt sleep patterns, leading to fatigue and reduced alertness during classes. Encouraging students to stay hydrated with water or natural fruit juices is a healthier alternative.

Energy drinks are banned at Langtree. If we see students consuming these drinks, we will confiscate them.