

Weekly Bulletin 18th September 2026		Week Commencing 21st September 2026 Week B	
Please report any student absence ideally before 8.00am Please email: studentabsence@langtreeschool.com		Weekly Bulletin and Letters: https://www.langtreeschool.com/letters/	
If you have any safeguarding concerns regarding a child please contact: Ms Burman, Deputy Head Teacher and Designated Safeguarding Lead sburman@langtreeschool.com Ms Wood, SENCo and Deputy Safeguarding Lead swood@langtreeschool.com Mrs Belcher, Head of Year 7 & 8, Deputy Safeguarding Lead bbelcher@langtreeschool.com For further information on Safeguarding please read our Safeguarding Policy in the school website		Transport to School—BUSES INFORMATION Oxfordshire School Transport information and timetables HERE . Public Buses: Thames travel Timetables can be found HERE . Public Buses: Reading Buses 93 (BB3) Timetable can be found HERE .	
REMINDER YEAR 11 GCSE Geography Monday 21st Sept - Y11 Geography Field Trip Info Meeting 6.30pm	Important Dates		Year 10 and Year 11 POST 16 OPTIONS EVENING 1st October 2026
	Monday 5th October INSET DAY NO students in school		
Sports Club LIST Lunchtime and Afterschool Clubs LIST			
The Langtree PTA Welcome to the new academic year from your friendly PTA committee. Dates for your diary: PTA Meeting: Our first meeting of this academic year will be on Tuesday, 22nd September, 7.30pm at The Miller Of Mansfield, Goring. Everyone is welcome, whether you are a familiar face or new to Langtree. We also warmly invite you to attend our AGM on Monday, 12th October, 7.30pm at The Coppa Club, Streatley. It would be great to see you at these meetings, to find out what we've been doing over the last year and some plans for the future. It's a brilliant way to meet other parents, make friends and get involved. Looking forward to seeing you there. Your friendly PTA If you would like to be added to the PTA mailing list, please email Vicky Weller at pta-secretary@langtreeschool.com			
General SPONSORED WALK: Congratulations to all the walkers today - you did a great job. Please remember to collect your sponsor money. Sponsor money can be paid to school through ScoPay - please see the letter for more information. Letter HERE Nettlebed Educational Trust: Do you live in the parish of Nettlebed? Or went to Nettlebed Community School? And are under 25. The Nettlebed Educational Trust can offer financial support for education / vocational purposes. More details HERE . Curriculum Information Evening SLIDES HERE Year 7 / 8 and 9: Mrs Jarvis and the History Department have created a History Enrichment document. Recommended visits / viewing / reading / websites / podcasts. Please click HERE to view the document			
Year 7 Year 7 Creativity Day 12th November 2026: We are pleased to be able to offer your son/daughter the opportunity to visit Warwick Castle on Thursday 12th November 2026. As part of Creativity Day students will be visiting the medieval castle developed from a wooden fort originally built by William the Conqueror in 1066, have an opportunity to visit the dungeon, and participate in a Sword and Battle Skills session delivered by Castle staff. Full details can be found on the LETTER HERE			
Year 8			
Year 9 Year 9 Duke of Edinburgh Award: Letter / Date and application from the information meeting this week: Year 9 Duke of Edinburgh September 2026 Year 9 Bronze Training Dates 2026 - 27 Langtree			
Year 10 Year 10 GCSE English: Set text purchase please read the letter HERE Year 10 GCSE History: Please read this LETTER from Mrs Jarvis about the GCSE History Course.			
Year 11 Year 11 GCSE Geography - reminder that the field trip parent information evening is on Monday 21st September at 6.30pm Year 11 GCSE English: Set text purchase please read the letter HERE Year 11 GCSE Drama: Message from Mrs Pimm - Year 11 Drama students will be studying this term for their Component 3 written exam. Most of this written exam (to be sat in May 2027), is based on the set play text 'The IT' by Vivienne Franzmann. All students will need their own copy of this play, by 21st September, when they will need to bring it to every Drama lesson. Either order the play from your local bookshop, or follow this link to purchase it online: https://www.nickhernbooks.co.uk/the-it The play is £8.79. If purchasing online, please take care to buy the paperback not the Ebook. If your child is entitled to the Pupil Premium grant, their play text can be paid for by the school.			



**Youth groups
for autistic
young people
without
intellectual
disabilities**

An inclusive space to
develop independence,
friendships & social
skills...



...run by a specialist,
experienced team providing
a safe, fun and structured
environment...

... based in
Wolvercote Young
People's Club



Juniors (8 - 12 years)
Saturdays
10:00am - 12:00pm



Seniors (13 - 17 years)
Fridays
6:30pm - 8:30pm



Contact us at
info@and-oxfordshire.co.uk

Masking Awareness

FREE



FREE

Free online talk for parents
24 September 7pm - 8pm

Book online
facefamilyadvice.co.uk
Parent - Live Talks page



"It was amazing
and I didn't want
it to end!"

Aaron
Turtle Opera participant
2024

**JOIN OUR FREE MUSIC & DRAMA
PROJECT FOR YOUNG AUTISTIC PEOPLE.**

Four days of workshops with a professional composer and
director, creating stories and music for an informal performance.
A specialist team from Turtle Key Arts will support the group,
enabling fun and friendships!

FOR 11 TO 15 YEAR OLDS

Dates **Tue 27 - Fri 30 Oct**

Time **11am til 3:30pm**

Ogston Music School
24A South Parade
Oxford OX2 7JN

**COMPLETE
THE STEPS
TO JOIN.**



Scan the **QR code** to reach
the registration page.

Submit the **online form** and
we'll send you a reply.

Call us on **020 8964 5060**

Email ellie@turtlekeyarts.org.uk

APPLY NOW! Free
Limited spaces available



THE
PANGBOURNE
BAND

supporting



NEW
BEGINNINGS
READING

PRESENTS



SATURDAY 19 SEPTEMBER

7.00PM | £11 ADULT | £5.50 CHILDREN UNDER 16

**ST MARY'S CHURCH,
PURLEY ON THAMES RG8 8BJ**

*Join us for a wonderful night of film music
and relive favourite cinematic moments.*

*Every ticket purchased will help support
the wonderful work of New Beginnings Reading.*



pangbourneband.square.site



The Pangbourne Band is a registered
charity No. 1073913

DANCING FOR YOUR SOUL in Henley-on- Thames

with Tanya Kuzmenko

starts 23 September
every Wednesday, 5.30 - 6.30pm

Henley Baptist Church
d:two community centre
55-57 Market Place
Henley-on-Thames
RG9 2AA

No experience needed
Just be yourself
Soft movements Favorite music
Relaxation & self-love
Free for everyone

TIME JUST FOR YOU



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ARTS COUNCIL
ENGLAND



OXFORDSHIRE
COUNTY COUNCIL

Oxfordshire Youth Folk Group

Six sessions per year

Saturday afternoons at
the Centre for Music in
Oxford

Open to children in
school years 6 to 11

Any instrument or voice

Beginners and
experienced players
welcome



Sign up or find out more by visiting www.oxfordshire.gov.uk/folkgroup or scanning the QR code



Washindi Trampolining Club

at Edgbarrow Sports Centre
Grant Road, Crowthorne, RG45 7HZ

British Gymnastics
Accredited Club



Flexible & Inclusive

Dates, times &
prices available
on request

Various Locations

Trials Available

Health Happiness & Confidence with Trampolining



We are a **Competitive Club** also
offering recreational classes, school
sessions, 1:1 & integrated SEND
sessions, GCSE and A-level PE work,
home school students + adults
including stunt register

Ideal for ages 5
years and above
(younger on enquiry)



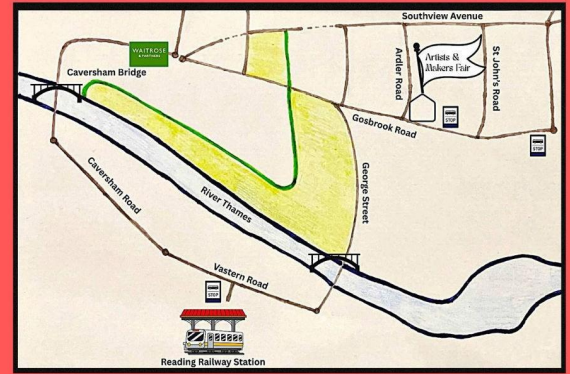
Follow us on Facebook and Instagram
Washindi Trampoline Club
<https://washinditrampoline.wixsite.com/washindi>

Want to give it a go?

Call on 07711 280 573

or send an email to washinditrampolineclub@gmail.com

Artists & Makers Fair



20 minutes' walk from Reading Station

10 minutes' walk from Caversham Waitrose

22 Pink, 23 & 24 Berry & 28 Aqua Bus Routes

Free Parking on surrounding roads

Fairs in 2026

9 May, 12 Sept, 10 Oct, 14 Nov, 12 Dec



RG4Arts.org.uk



[Artistsandmakersfairs](https://www.facebook.com/artistsandmakersfairs)



[Artistsandmakersfairs](https://www.instagram.com/artistsandmakersfairs)



anmfairs@gmail.com



FACE

September Timetable

All regular sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours

Facing Defiance	1 Sep 10am
Cannabis & Ketamine Awareness	1 Sep 7pm
Supporting Healthy Sleep	7 Sep 10am
Raising Self-Esteem	7 Sep 7pm
Introduction to OCD	8 Sep 10am
Decreasing Depression	8 Sep 7pm
What is ACT?	14 Sep 10am
Improving Family Communication	14 Sep 7pm
Supporting a Child with ADHD	15 Sep 10am
Understanding Addictive Behaviour	15 Sep 7pm
Understanding the Teenage Brain	21 Sep 10am
Understanding Anger	21 Sep 7pm
Autism: Improving Communication	22 Sep 10am
Supporting Healthy Screen Use	22 Sep 7pm
FREE - Masking Awareness	24 Sep 7-8pm
Anxiety Explained	28 Sep 10am
School Anxiety	28 Sep 7pm



Please support you PTA in any way you are able.

If you have any questions, contact the PTA Chair

pta-chair@langtreeschool.com

The PTA are now registered with Easy Fundraising

<https://www.easyfundraising.org.uk/>



Opportunity to borrow a telescope!

Due to the efforts of the PTA, the science department has managed to secure funding to purchase an entry level telescope. We would like to give students the opportunity to borrow the telescope for a week so that they can be inspired to look at the stars.

The telescope would obviously need to be taken good care of, returned on time and in the same condition as it was when it was received.

All safety instructions would also need to be followed which can be found in the booklet that comes with it.

If your child would like to register an expression of interest in borrowing the telescope please ask them to do so by contacting Mr Brown via email: kbrown@langtreeschool.com

Yours sincerely

Keith Brown

Head of Physics

Greener Henley Schools Science Fair

Join over 100 children for peer-led learning and discovery of our natural world



Save The Date

Wednesday
18th November 2026
Rotherfield Hall, Henley College



www.greenerhenley.org.uk
Greener Henley | Registered charity no. 1211510

SCAN FOR
INFO

Come and join us

SONNING COMMON YOUTH CLUB

FIND US ABOVE THE SPORTS HALL AT MECE

FOLLOW US [INSTGRAM.COM/SC.YOUTHCLUB](https://www.instagram.com/sc.youthclub) OR
[FACEBOOK.COM/SONNINGCOMMONYOUTHCLUB](https://www.facebook.com/sonningcommonyouthclub)

WEDNESDAY
6.30-8.30PM

THURSDAY
6.30-8.30PM

CONTACT [YOUTHLEADER@SONNINGCOMMONPARISHCOUNCIL.GOV.UK](mailto:youthleader@sonningcommonparishcouncil.gov.uk)



Importance of Healthy Eating and Sleeping

Although this may seem like an obvious piece of advice, eating healthily and having good sleeping habits isn't something that all of our students take as seriously as they should.

In our well being survey this academic year, 9.9% of our students who responded said that they did not eat breakfast in the morning and 21.5% said they sometimes did.

39.8% of the respondents said that they keep their phones in their bedroom when they sleep and 18.6% said they sometimes do. 38.2% of the respondents said that they do not have their phones in their bedrooms when they sleep.

If students have smart phones in their room, they may still be using their devices during the night which will impact on their sleep.

Eating healthily and having quality sleep is important for all our students. We are particularly mindful of our Year 11s who are entering their exam period. Some of the duration of the exams are very long - with English Language Paper 2 being 2 hours and 5 minutes (and some students will have extra time). Therefore, it is crucial to ensure healthy habits are adopted.

Sleep

Getting enough sleep is essential for students as it directly impacts their physical and mental health, as well as their academic performance. Satisfactory sleep helps in consolidating information learned throughout the day, improving memory, concentration, and problem-solving abilities. Students who are well-rested are more likely to be alert, attentive, and engaged during classes, leading to better retention of knowledge.

Healthy eating

Maintaining a healthy diet is crucial because it provides the necessary nutrients for growth, development, and overall well-being. A balanced diet ensures that students receive the essential vitamins, minerals, and macronutrients needed for optimal physical and cognitive functioning. A nutritious diet supports healthy brain function, enhances focus and attention, and boosts the immune system, thereby reducing absenteeism due to illness. Breakfast is a really important meal of the day and it is important to note that if some students skip breakfast, they are not eating from dinner time until 11.00 am the following morning. If students skip eating at breakfast, their next opportunity to eat is 13.20. We do see some of our students experience 'hanger' moments! Please do make sure your child has appropriate snacks / packed lunch / money for them to last throughout the day.



Avoiding energy drinks

It's important for students to refrain from consuming energy drinks due to their potential negative effects on health and academic performance. Energy drinks often contain high levels of caffeine and sugar, which can lead to increased heart rate, restlessness, and difficulty concentrating. They can also disrupt sleep patterns, leading to fatigue and reduced alertness during classes. Encouraging students to stay hydrated with water or natural fruit juices is a healthier alternative.

Energy drinks are banned at Langtree. If we see students consuming these drinks, we will confiscate them.

Well Being Provision at Langtree

Implementation	7	8	9		10	11
All	Transition		Transition			Transition
All	Assemblies will always be guided by our core values of Courtesy, Respect and Integrity Tutor activities follow 5 ways to well being: 1. Connect with people. 2. Be active 3. Take notice of the world around you 4. Keep learning 5. Give back All students complete a well being survey once a year. Pastoral leaders and tutors will review this information and follow up with any one to one discussions with pupils where appropriate.					
All	6 discreet lessons PSHE/RSE PSHE/RSE Taught in curriculum					
All Year 7s	Student Leaders mentoring sessions					
All	Extra Curricular Clubs	Langtree Challenge	Reflections on progress	Sponsored walk	Creativity days	Activity Week
All	Have a Student PSHE/RSE google classroom / Have a Student Report a Concern page that they can use / Resources on the Student Tab for wellbeing					
Targeted Groups	Attendance	Resilience	Connections	Young Carers	Leadership	Exam support
Individual work	- Report to tutor, HOY, SLT - CAMHS referral - Nomad: mentoring service - ELSA support - REACH mentoring			1 to 1 interviews with PP students in 7&8 - Peer mentor - Year 11 students mentor younger years - School nurse •Early Help Assessment (EHA) work with family: Oxford County Council		
Parental support	Supporting your child with their mental health: Child and Adolescent Mental Health Services (CAMHS) are holding several free webinars for parents. Please use this link to find out more information. CAMHS offer Parent-led support groups, where you can meet others with shared experiences, ask questions, and talk openly in a safe and understanding environment. Professionally led webinars, offering practical advice and information on commonly seen emotional and mental health concerns please use the above link. Useful websites: - Supporting well being: https://www.youngminds.org.uk/parent/ - A useful leaflet Coping with self - harm: A guide for parents and carers - Supporting well Being https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/ - Please also signpost your child to Langtree's Student Well Being page on the school website. - Supporting young people with grief: https://seesaw.org.uk/ Financial advice: https://www.citizensadvice.org.uk/debt-and-money/getting-financial-advice/ Advice regarding housing Food Banks: Wallingford Whitchurch United: Students (age 5 - 25 living in Whitchurch may benefit from a charitable fund aimed at helping them with their education such as sports equipment, music lessons etc. Applications received twice a year - for more information search for Whitchurch United Charities, email: whitchurchunitedcharities@gmail.com or call 01189844262 Hosting Ukranian Family If you are hosting a Ukranian family you may be able to access funds from the parish of Checkendon, Contact the vicar Rev Canon K Davies : langtreechurches1-office@yahoo.com Help with Heating Homes Oxfordshire County Council is part of a scheme called Better Housing, Better Health, which can support methods of heating homes giving grants, heating appliances and advice. See bhbh.org.uk Community Hub Household Support Fund Please see South Oxfordshire District Council website for ways the community may be able to support you. communitysupport@southandvale.gov.uk Pupil Premium (top up funds for students) Please see our website for information regarding Pupil Premium funds: and see https://langtreeschool.com/pupil-premium/ Protecting your child online Advice for parents regarding online parental controls: if in doubt, call the NSPCC's trained helpline counselors on 0800 800 5000 Supporting your child with concerns or questions about healthy sexual relationships Online pornography: how to keep your child safe •Online sexual harassment: pornography, editing photos and body image, sharing nudes, peer pressure, sexualised bullying Please also see our RSE policy on our school website. Supporting parents knowledge of drugs: Information about drugs Domestic abuse support: National Domestic Abuse Helpline: 0800 2000 247. Recognising domestic abuse: NSPCC website a2dominion : domestic abuse support services Bright Sky website and app offering practical support and guidance on domestic abuse - practical support					
Road Safety:	Parents and students must read and agree to the following Cycling to School rules: - All bicycles must be roadworthy and appropriate for the age of the student in terms of frame size and seat height. All bikes must have brakes that work safely. - Students must wear a helmet to cycle to and from school and this helmet must be visible to school staff when students enter the school site. Helmets must be stored in lockers during the school day. - When students leave the Reading Road, they must dismount their bike and walk the bike to the cycle storage areas. - During the winter months when cycling to and from school in the dark, parents will ensure that students wear reflective clothing and that all bikes have front and rear lights. - All students will cycle in a safe manner and take into account pedestrians and other school children. - All students will refrain from listening to music through earphones whilst cycling to school.					