

Please come along and help tidy up our school grounds and improve our learning environment

Saturday 6th June 09.00-12.00

Gardening, sweeping, tidying, weeding

A lot of tea, cake and camaraderie!

Satisfaction guaranteed!

Please bring: Sweeping brushes, dustpans and brushes, garden forks, garden waste containers, secateurs, weeding tools, hoes/scraping tools, wheelbarrows, strong muscles, gardening gloves, power tools and as many willing helpers as you can!

If you can't join us, could you donate something instead? Please get in touch to discuss any possible donations

RSVP TO: Jules Woodall

Juliet_white@hotmail.com

Thank you so much for making a difference

Year 11 - English Literature texts

We would welcome any copies of **A Christmas Carol**, **Romeo and Juliet** and **Animal Farm** when students have finished with them; we like to offer younger students preloved copies.

We will leave a box for them in reception.

THANK YOU! 😊

Weekly Bulletin 5th June 2026	Week Commencing 8th June 2026 WEEK B
Please report any student absence ideally before 8.00am Please email: studentabsence@langtreeschool.com	Weekly Bulletin and Letters: https://www.langtreeschool.com/letters/
If you have any safeguarding concerns regarding a child please contact: Ms Burman, Deputy Head Teacher and Designated Safeguarding Lead sburman@langtreeschool.com Ms Wood, SENCo and Deputy Safeguarding Lead swood@langtreeschool.com Mrs Belcher, Head of Year 7 & 8, Deputy Safeguarding Lead bbelcher@langtreeschool.com For further information on Safeguarding please read our Safeguarding Policy in the school website	Transport to School—BUSES INFORMATION Oxfordshire School Transport information and timetables HERE . Public Buses: Thames travel Timetables can be found HERE . Public Buses: Reading Buses 93 (BB3) Timetable can be found HERE .

IMPORTANT DATES			
11th June—Y8 Barcelona Trip parent meeting	18th June—Year 7 Parents Evening—in person	25th June Y11 Prom	1st July Sports Day
CLUBS: Term 2026 Sports Club LIST Lunchtime and Afterschool Clubs LIST			

GENERAL

Please remind your child to bring a water bottle to school, especially as the weather warms up.

2nd Hand Uniform: we are always happy to accept donations of good quality uniform once your child has grown out of it. BUT please note that we can no longer accept the old style PE kit—thank you.

Pupil Premium and Free School Meals: Please read this [LETTER](#)

PE Kit September 2026: please read the changes to PE kit letter [HERE](#)

Year 7

If you child is not going on a residential please see this letter: [School Based Activities Week](#)

Year 8

If you child is not going on a residential please see this letter: [School Based Activities Week](#)

Year 9

If you child is not going on a residential please see this letter: [School Based Activities Week](#)

Year 9 Immunisations—TDP (Tetanus, Diphtheria, Polio) & Men ACWY (Meningococcal ACWY) Letter [HERE](#)

YEAR 10:

Year 10—WORK EXPERIENCE: Langtree has 20 places available on a work experience programme called Active Leaders (www.activeleaders.co.uk) which combines leadership and employability training with hands-on practical experience and leads to an accredited national award. The programme will be based at Langtree School and students will be expected to attend from 9am-3pm daily. For more information please read the letter [HERE](#).

Year 10—Information for Year 12 can be found [HERE](#)

YEAR 11:

Year 11 Leavers—School Health Nurse Newsletter: [HERE](#)

Year 11 Revisions sessions: please see this [LINK](#)

GCSE EXAMS: Information from Mrs Smith Exams Officer [HERE](#)

Year 11—letter from Head of Year—exam arrangements / prom / results day [HERE](#)

GCSE EXAMS TIMETABLE: [HERE](#) Please also see the website for more information: <https://www.langtreeschool.com/examinations/>

CAREERS: At Langtree we give students in all years information about careers.

To view the current careers notices please click [HERE](#) Careers page of the school website: [HERE](#)

Further Information: [Useful websites](#) [Linking subjects to careers](#)

WANTED

CAN YOU HELP YOUR PTA?

THE LANGTREE PTA IS LOOKING FOR A NEW TREASURER – FROM SEPTEMBER 2026

Our current Treasurer will be stepping down in the summer.

KEY TREASURER RESPONSIBILITIES:

- Overseeing finances
- Producing reports
- Managing payments
- Liaising with school staff

TAKE A LOOK AT THE FULL ROLE DESCRIPTION: [CLICK HERE](#).

GET IN TOUCH!

ANDREA FINLAY (PTA Chair): pta-chair@langtreeschool.com

CATHERINE JARVIS (PTA Treasurer): pta-treasurer@langtreeschool.com

If you are interested or have any questions, please reach out to us.



Greener
Henley's

Big Green Festival

Market Place, Henley
Saturday 6th June 10am-4pm



FREE Plants for Pollinators!

Plus top tips on
helping wildlife



Pledge Cafe!

stop for a FREE cuppa
and cookie and make a
Pledge for the Planet!

Drumming & Circus Workshop



Giant Snakes & Ladders



Face Painting



Mini science fair

with Will's
Wonderful World



Nature Stalls



Meet Toad Patrol & other
conservation groups

Recycled Glass Painting



plus loads more!

For latest updates and more info visit
greenerhenley.org.uk/great-big-green-week



with thanks to
Orchard Trust

Helping an ADHD Child with Homework



FREE one hour online session for parents

Thursday 25th June 7pm - 8pm

Join us online to get some advice on how to help your ADHD child start and complete their homework.

Book on the **PARENTS - Live Talks** page
facefamilyadvice.co.uk



GIRLS@ABBEYRFC.CO.UK

GIRLS SUMMER RUGBY TRAINING

**GIRLS IN CURRENT
YEAR 5-12
WELCOME!**

NO EXPERIENCE NECESSARY!

**U12, U14, U16 & U18
TUESDAYS 6-7PM
JUNE 2, 9, 16, 23
ABBEY RFC
RG4 8XA**

BELONG AT BRADFIELD

Join us for our Sixth Form Open Morning

Saturday 13th June

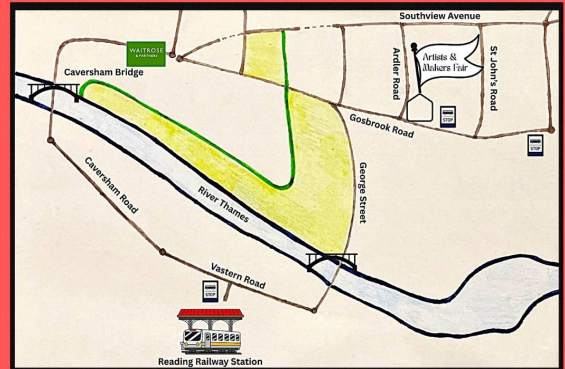
10:30am

Book now



BRADFIELD
COLLEGE

Artists & Makers Fair



20 minutes' walk from Reading Station

10 minutes' walk from Caversham Waitrose

22 Pink, 23 & 24 Berry & 28 Aqua Bus Routes

Free Parking on surrounding roads

Fairs in 2026

9 May, 12 Sept, 10 Oct, 14 Nov, 12 Dec



RG4Arts.org.uk



[Artistsandmakersfairs](https://www.facebook.com/artistsandmakersfairs)



[Artistsandmakersfairs](https://www.instagram.com/artistsandmakersfairs)



anmfairs@gmail.com





READ to the BEAT



Help us to run the
Summer Reading Challenge!

Volunteering opportunity in Oxfordshire Libraries

We're looking for young people aged 13 and over, who enjoy working with children, to help run the Summer Reading Challenge 2026: Read to the Beat.

www.oxfordshire.gov.uk/libraries

MORE INFO & APPLY



It's great for references, UCAS & Duke of Edinburgh's Award

Work towards the Summer Reading Challenge Certificate of Volunteering

Have fun by helping others and learning new skills!

www.summerreadingchallenge.org.uk



Berkshire Music Trust Summer of Sound 2026

MUSIC • CREATIVITY • FUN

JULY - AUGUST 2026

DISCOVER YOUR SOUND. MAKE NEW FRIENDS. HAVE FUN.

BANDS

DJING

JAZZ & CREATIVITY

THEORY & MORE!



BOOK YOUR PLACE TODAY!

BOOK ONLINE: WWW.BERKSMUSICTRUST.ORG.UK

SPACES ARE LIMITED! BURSARIES AVAILABLE.

TRY SOMETHING NEW. DEVELOP YOUR SKILLS. MAKE MEMORIES THAT LAST A LIFETIME.

Come and join us

SONNING COMMON YOUTH CLUB

FIND US ABOVE THE SPORTS HALL AT MECE

FOLLOW US [INSTGRAM.COM/SC.YOUTHCLUB](https://www.instagram.com/sc.youthclub) OR [FACEBOOK.COM/SONNINGCOMMONYOUTHCLUB](https://www.facebook.com/sonningcommonyouthclub)

WEDNESDAY
6.30-8.30PM

THURSDAY
6.30-8.30PM

CONTACT [YOUTHLEADER@SONNINGCOMMONPARISHCOUNCIL.GOV.UK](mailto:youthleader@sonningcommonparishcouncil.gov.uk)



Opportunity to borrow a telescope!

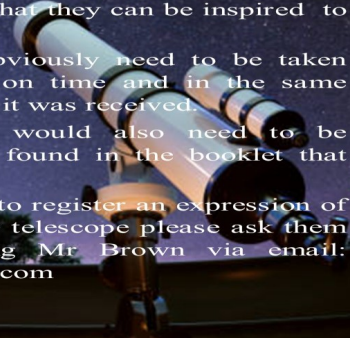
Due to the efforts of the PTA, the science department has managed to secure funding to purchase an entry level telescope. We would like to give students the opportunity to borrow the telescope for a week so that they can be inspired to look at the stars.

The telescope would obviously need to be taken good care of, returned on time and in the same condition as it was when it was received.

All safety instructions would also need to be followed which can be found in the booklet that comes with it.

If your child would like to register an expression of interest in borrowing the telescope please ask them to do so by contacting Mr Brown via email: kbrown@langtreeschool.com

Yours sincerely
Keith Brown
Head of Physics



GARDENING CLUB

DAY: Every Monday Term 5&6
TIME: After School 3.15 - 4
MEET POINT: Food Tech Garden

LEARN HOW TO GROW YOUR FAVOURITE FRUIT & VEG and get to eat it afterwards

HELP CREATE & LOOK AFTER YOUR SCHOOL GARDEN for people & wildlife

GET YOUR HANDS DIRTY

- Sow seeds
- Dig, plant, & prune
- Water plants
- Pick up litter
- Build wildlife habitat
- Learn horticultural skills and more...

Contact Info

Email any questions to: sdarkins@langtreeschool.com





Please support you PTA in any way you are able.

If you have any questions, contact the PTA Chair

pta-chair@langtreeschool.com

The PTA are now registered with Easy Fundraising

<https://www.easyfundraising.org.uk/>



THE OXFORD & CAMBRIDGE SINGING SCHOOL

The Singing School was established in 2013 to provide children with the opportunity to sing great classical music with world class coaches in a relaxed and fun environment and to develop their confidence and ability in singing and performing.

This summer at Somerville College, we will be learning some beautiful seasonal music, and, as always on our courses, we will be giving sessions on vocal technique, music theory, music appreciation and history.

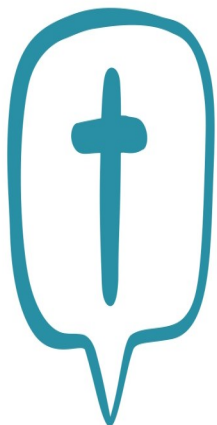
To join our mailing list and for more information on our courses, please see www.oxbridgesingschool.com or email oxbridgess@gmail.com

21 -23 July 2026

also 21 & 22 December 2026

Courses for those aged 7-13 who love to sing

www.oxbridgesingschool.com



Langtree CHRISTIAN CLUB

Wednesday lunchtimes in En4

Bring your lunch!

Games, snacks & chat about faith



GIRLS RUGBY

FREE TASTER SESSIONS

FOR GIRLS GOING INTO
YEAR 4-7
AT THE START OF SEPTEMBER

OPEN TO EVERYONE!
Whether you've played before
or never played before –
WE'D LOVE TO SEE YOU!

COME ALONG ON:

- 17TH & 31ST MAY
- 14TH & 28TH JUNE
- 12TH JULY

ALL SESSIONS START AT 11AM FOR 1 HOUR

ANY QUESTIONS?
PLEASE CONTACT NICK EVANS ON
07877 348719



**MAKE NEW FRIENDS
HAVE FUN
BE PART OF
THE TEAM!**

Silver STEM Futures: University Pathway



STEM Futures: University Pathway (previously known as Virtual Insight into University) is a comprehensive virtual experience that helps students explore STEM degrees, apprenticeships, and related careers. It offers access to university life, STEM projects from top UK universities and global companies, first-year lectures, and live sessions with academics, admissions tutors, apprentices, employers, and current students.



Course topics

- Hear from STEM professionals at top UK companies, from early-career apprentices to senior leaders and recruiters, about their journeys, inspirations, and projects.
- Join exclusive live Q&A sessions with STEM professionals, admissions officers, students, and professors in a supportive environment.
- Get expert advice on university applications, interviews, admissions tests, student finance, and support services.
- Take part in hands-on STEM activities like bridge building, creating an academic poster, and flight experiments.

"I absolutely loved the course. It has helped me discover my true passion, and love which I hope to pursue in the future."

100%

of students increased their awareness of STEM opportunities available to them

92%

of students felt the skills and knowledge gained from the course would have a positive impact on their future studies or career.

Course requirements and registering your interest

This course is open to all students aged 16+ who have a genuine interest in STEM subjects and is suitable for all abilities. To apply, please visit our website [here](#).



www.etrust.org.uk



Oxfordshire Youth Forum

The forum is a safe spaced co-produced by young people for young people in years 7-13 to discuss topics around mental health and wellbeing.

Sessions are held online using Teams and last for one hour

For more information or to register your interest please email cyp@oxfordshiremind.org.uk

29th September 2025
17th November 2025
29th January 2026
16th March 2026
11th May 2026
22nd June 2026
All dates will be 9 - 10am



What are the age restrictions on social media?



13

Facebook
Twitter
Instagram
Snapchat
TikTok
Kik
Ask.fm
Houseparty
Periscope
Tumblr
Reddit
Pinterest

13+

Whatsapp
YouTube
WeChat
Whisper
Yubo

(13+ means with parental consent)

16

LinkedIn

18

Tinder
Bumble

A



Online Grooming is when someone befriends and builds an emotional relationship with a child and communicates with them through the internet with the intent to commit a sexual offence. This type of victimisation can take place across any platform; from social media and messaging apps to online gaming and live streaming. Often it involves young people being tricked, forced or pressured into doing something they wouldn't normally do (coercion) and often the groomer's goal is to meet the victim in a controlled setting to sexually or physically abuse them. In some cases children may be abducted or have long-lasting psychological damage.



What parents need to know about

ONLINE GROOMING



CHILDREN ARE MOST VULNERABLE

Unsurprisingly children are often most at risk as they are easy to target and unlikely to question the person who is engaging in conversation with them. Groomers will use psychological tricks and methods to try and isolate them from their families and friends and will often choose to target more vulnerable children who may be easier to manipulate. Predators will stalk apps and websites that are popular with young people and will use a 'scattergun' approach to find victims, contacting hundreds online to increase their chances of success.



LIVE STREAMING CONCERNS

Predators may use live video to target children in real-time using tricks, dares or built-in gifts to manipulate them. Grooming often takes the form of a game where children receive 'likes' or even money for performing sexual acts. Social media channels, such as YouTube, Facebook, Instagram and Snapchat, all have live streaming capabilities, but there are many apps which children can use to live stream, including Omegle, Live.me, BIGO Live, YouNow and many more.



ANYONE CAN BE A PREDATOR

The internet has made the ability to interact with strangers online easy. Many sites and apps are reliant on individual users entering their own information when signing up. However individuals can remain anonymous if they choose to enter inaccurate information and many online predator cases are due to groomers using impersonation techniques. However, often the greater threat comes from adults who 'hide in plain sight', choosing to befriend young children without hiding their real identity.



CAN BE DIFFICULT TO DETECT

Unfortunately, most children find the 'grooming' process (before any meeting) an enjoyable one as the predator will compliment, encourage, and flatter them to gain their trust, friendship and curiosity – 'a wolf in sheep's clothing' scenario. This often means children fail to disclose or report what is happening. If the groomer is also previously known to the child, their family and their friends, then this can make detection even harder.



FROM OPEN TO CLOSED MESSAGING

Online predators may contact their victims using any number of ways including social media, forums, chat rooms, gaming communities or live streaming apps. Sometimes there is little need to develop a 'friendship / rapport stage', as the victim has already shared personal information online and is communicating openly with others. Children may also be prepared to add other online users they don't know so well to gain 'online credibility' through increasing their friends list. Predators will often seize this opportunity to slowly build a relationship and then move their conversation with the child to a more secure and private area, such as through direct messaging.

EMOTIONAL ATTACHMENTS

Online predators will use emotive language and aim to form close, trusted bonds with their victims through showering them with compliments and making them feel good about themselves. Often victims will refer to them as their 'boyfriends' or 'girlfriends' and it can be difficult to convince some young people that they have been groomed, often leading to lasting psychological effects.



#WakeUpWednesday

Safety Tips for Parents & Carers



IT'S GOOD TO TALK

It's unlikely that you can stop your child using the internet, nor can you constantly monitor their online activities, but you can talk to your child on a regular basis about what they do online. By talking openly with them about online relationships, they can quickly ascertain the kind of behaviour which is appropriate or inappropriate. Ask them whether they have any online friends or if they play online games with people they haven't met. This could then open up conversations about the subject of grooming.



CHECK PRIVACY SETTINGS

In order to give your child a safer online experience, it is important to check privacy settings or parental controls on the networks, devices, apps, and websites they use. Disable location sharing if you can. If you use location-sharing apps to check where your child is, remember that these could always be used by strangers to follow your child without their knowledge. Ensure that you check options so that location information is never shared with anyone except those they have permission to share with.



MONITOR SOCIAL MEDIA & LIVE-STREAMING USE

It's important to be aware of what your child is sharing on social media and with whom. Create your own profile and become "friends" with them or follow them so that you can monitor their activity. Similarly, always check on them if they are live streaming and implement privacy controls. Choose a generic screen name and profile picture that hides their identity. You may also feel more comfortable being present each time they live stream.



STICK TO 'TRUE FRIENDS'

Make it dear to your child that they should not accept friend requests from people they don't know and to verify friend requests with people who they do know. Encourage them to only interact and engage with 'true friends' i.e. those friends who don't ask personal questions such as close family and friends. Remind them to never agree to chat privately with a stranger or someone they don't really know and to never divulge personal information, such as mobile phone numbers, addresses, passwords or the name of their school.



DISCUSS HEALTHY RELATIONSHIPS

Talk to your child about what a healthy relationship looks like and how to detect someone who might not be who they claim to be. Explain that groomers will pay your child compliments and engage in conversations about personal information, such as hobbies and relationships. They may admire how well they play an online game or how they look in a photo. Groomers will also try and isolate a child from people close to them, such as parents and friends, in order to make their relationship feel special and unique.

BE SUPPORTIVE

Show your child that you will support them and make sure they understand they can come to you with any concerns they may have. They need to know they can talk to you if someone does something they are uncomfortable with, whether that is inappropriate comments, images, requests or sexual comments.



Meet our expert

Jonathan Taylor is an online safety expert and former Covert Internet Investigator for the Metropolitan Police. He is a specialist in online grooming and exploitation and has worked extensively with both UK and international schools in delivering training and guidance around the latest online dangers, social media apps and platforms.



LOOK OUT FOR WARNING SIGNS

Child safety experts have identified key grooming patterns and advise parents to look out for:

- Secretive online behaviour.
- Late night internet or smartphone usage.
- Meeting new friends in unusual places.
- Becoming clingy, develop sleeping or eating problems or even bedwetting.
- Lack of interest in extra-curricular activities.
- Having new items, such as clothes or phones, unexplainably.
- Seem withdrawn, anxious, depressed or aggressive.
- Having older boyfriends or girlfriends.



Importance of Healthy Eating and Sleeping

Although this may seem like an obvious piece of advice, eating healthily and having good sleeping habits isn't something that all of our students take as seriously as they should.

In our well being survey this academic year, 9.9% of our students who responded said that they did not eat breakfast in the morning and 21.5% said they sometimes did.

39.8% of the respondents said that they keep their phones in their bedroom when they sleep and 18.6% said they sometimes do. 38.2% of the respondents said that they do not have their phones in their bedrooms when they sleep.

If students have smart phones in their room, they may still be using their devices during the night which will impact on their sleep.

Eating healthily and having quality sleep is important for all our students. We are particularly mindful of our Year 11s who are entering their exam period. Some of the duration of the exams are very long - with English Language Paper 2 being 2 hours and 5 minutes (and some students will have extra time). Therefore, it is crucial to ensure healthy habits are adopted.

Sleep

Getting enough sleep is essential for students as it directly impacts their physical and mental health, as well as their academic performance. Satisfactory sleep helps in consolidating information learned throughout the day, improving memory, concentration, and problem-solving abilities. Students who are well-rested are more likely to be alert, attentive, and engaged during classes, leading to better retention of knowledge.

Healthy eating

Maintaining a healthy diet is crucial because it provides the necessary nutrients for growth, development, and overall well-being. A balanced diet ensures that students receive the essential vitamins, minerals, and macronutrients needed for optimal physical and cognitive functioning. A nutritious diet supports healthy brain function, enhances focus and attention, and boosts the immune system, thereby reducing absenteeism due to illness. Breakfast is a really important meal of the day and it is important to note that if some students skip breakfast, they are not eating from dinner time until 11.00 am the following morning. If students skip eating at breakfast, their next opportunity to eat is 13.20. We do see some of our students experience 'hanger' moments! Please do make sure your child has appropriate snacks / packed lunch / money for them to last throughout the day.



Avoiding energy drinks

It's important for students to refrain from consuming energy drinks due to their potential negative effects on health and academic performance. Energy drinks often contain high levels of caffeine and sugar, which can lead to increased heart rate, restlessness, and difficulty concentrating. They can also disrupt sleep patterns, leading to fatigue and reduced alertness during classes. Encouraging students to stay hydrated with water or natural fruit juices is a healthier alternative.

Energy drinks are banned at Langtree. If we see students consuming these drinks, we will confiscate them.

Well Being Provision at Langtree

Implementation	7	8	9		10	11
All	Transition		Transition			Transition
All	<p>Assemblies will always be guided by our core values of Courtesy, Respect and Integrity</p> <p>Tutor activities follow 5 ways to well being:</p> <p>1. Connect with people. 2. Be active 3. Take notice of the world around you 4. Keep learning 5. Give back</p> <p>All students complete a well being survey once a year. Pastoral leaders and tutors will review this information and follow up with any one to one discussions with pupils where appropriate.</p>					
All	6 discreet lessons PSHE/RSE PSHE/RSE Taught in curriculum					
All Year 7s	Student Leaders mentoring sessions					
All	Extra Curricular Clubs	Langtree Challenge	Reflections on progress	Sponsored walk	Creativity days	Activity Week
All	Have a Student PSHE/RSE google classroom / Have a Student Report a Concern page that they can use / Resources on the Student Tab for wellbeing					
Targeted Groups	Attendance	Resilience	Connections	Young Carers	Leadership	Exam support
Individual work	<ul style="list-style-type: none"> Report to tutor, HOY, SLT CAMHs referral Nomad: mentoring service ELSA support REACH mentoring 			<ul style="list-style-type: none"> 1 to 1 interviews with PP students in 7&8 Peer mentor - Year 11 students mentor younger years School nurse Early Help Assessment (EHA) work with family: Oxford County Council 		
Parental support	<p>Supporting your child with their mental health: Child and Adolescent Mental Health Services (CAMHs) are holding several free webinars for parents. Please use this link to find out more information. CAMHs offer Parent-led support groups, where you can meet others with shared experiences, ask questions, and talk openly in a safe and understanding environment. Professionally led webinars, offering practical advice and information on commonly seen emotional and mental health concerns please use the above link.</p> <p>Useful websites:</p> <ul style="list-style-type: none"> Supporting well being: https://www.youngminds.org.uk/parent/ A useful leaflet Coping with self - harm: A guide for parents and carers Supporting well Being https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/ Please also signpost your child to Langtree's Student Well Being page on the school website. Supporting young people with grief: https://seesaw.org.uk/ <p>Financial advice: https://www.citizensadvice.org.uk/debt-and-money/getting-financial-advice/ Advice regarding housing</p> <p>Food Banks: Wallingford</p> <p>Whitchurch United: Students (age 5 - 25 living in Whitchurch may benefit from a charitable fund aimed at helping them with their education such as sports equipment, music lessons etc. Applications received twice a year - for more information search for Whitchurch United Charities, email: whitchurchunitedcharities@gmail.com or call 01189844262</p> <p>Hosting Ukranian Family If you are hosting a Ukranian family you may be able to access funds from the parish of Checkendon, Contact the vicar Rev Canon K Davies : langtreechurches1-office@yahoo.com</p> <p>Help with Heating Homes Oxfordshire County Council is part of a scheme called Better Housing, Better Health, which can support methods of heating homes giving grants, heating appliances and advice. See bhbh.org.uk</p> <p>Community Hub Household Support Fund Please see South Oxfordshire District Council website for ways the community may be able to support you. communitysupport@southandvale.gov.uk</p> <p>Pupil Premium (top up funds for students) Please see our website for information regarding Pupil Premium funds: and see https://langtreeschool.com/pupil-premium/</p> <p>Protecting your child online Advice for parents regarding online parental controls: if in doubt, call the NSPCC's trained helpline counselors on 0808 800 5000</p> <p>Supporting your child with concerns or questions about healthy sexual relationships</p> <ul style="list-style-type: none"> Online pornography: how to keep your child safe Online sexual harassment: pornography, editing photos and body image, sharing nudes, peer pressure, sexualised bullying <p>Please also see our RSE policy on our school website.</p> <p>Supporting parents knowledge of drugs: Information about drugs</p> <p>Domestic abuse support: National Domestic Abuse Helpline: 0800 2000 247. Recognising domestic abuse: NSPCC website</p> <p>a2dominion : domestic abuse support services Bright Sky website and app offering practical support and guidance on domestic abuse - practical support</p>					
Road Safety:	<p>Parents and students must read and agree to the following Cycling to School rules:</p> <ol style="list-style-type: none"> All bicycles must be roadworthy and appropriate for the age of the student in terms of frame size and seat height. All bikes must have brakes that work safely. Students must wear a helmet to cycle to and from school and this helmet must be visible to school staff when students enter the school site. Helmets must be stored in lockers during the school day. When students leave the Reading Road, they must dismount their bike and walk the bike to the cycle storage areas. During the winter months when cycling to and from school in the dark, parents will ensure that students wear reflective clothing and that all bikes have front and rear lights. All students will cycle in a safe manner and take into account pedestrians and other school children. All students will refrain from listening to music through earphones whilst cycling to school. 					