

# Welcome to Langtree School Ski Visit Parents Evening.

# Staff & Their Responsibilities.

Mr Vitty : Party Leader responsible for overseeing trip

Mrs Taylor-Lane : Responsible for administering Medication

Mr Jones : Responsible for student welfare

Mrs Satterley : Responsible for student welfare

Mr Gee : Responsible for student welfare

Mr Wakefield : Responsible for student welfare

Mrs Smith : Responsible for student welfare

The Staff to Student Ratio is better than 1 : 9 which is well within county guidelines.

# Travel (All)

Please  
Arrive  
11:00am

Langtree

Depart  
11:30

Sat 14<sup>th</sup> Feb

Arrive  
13:30  
Heathrow

We Fly

16:30  
LH911

Land Frankfurt

19:05

We Fly

21:30  
LH332

Land Venice

22:45

## Outbound Travel



Pinzol

Hotel Fiocco Di Neve

Arrive  
02:45

Sun 15<sup>th</sup> Feb

# Travel (17)

Langtree  
Arrive  
13:25  
Sat 21st Feb

Coach Depart  
11:25

Land Heathrow  
10:25

Fly LH2472  
09:25

## Inbound Travel Details

Depart  
00:30  
Sat 21<sup>st</sup> Feb  
Pinzola

Venice Airport  
03:30

Fly LH9461  
06:30

Land Munich  
07:30

# Travel (45)

Langtree  
Arrive  
13:45  
Sat 21st Feb

Coach Depart  
11:45

Land Heathrow  
10:45

Fly LH904  
10:05

## Inbound Travel Details

Depart  
00:45  
Sat 21<sup>st</sup> Feb  
Pinzola

Venice Airport  
03:45

Fly LH333  
06:45

Land  
Frankfurt  
08:10

# Travel

For the safety of everyone we ask pupils to follow these instructions whilst travelling

On route students must not be on their own, they must be in small groups at all times.

Must follow the instructions given to us from the coach driver and cabin crew at all times.

At rest breaks please listen to instructions as to where and when we will be leaving from.

Must be able to carry own baggage up & down stairs.

# On Arrival At Hotel Fiocco Di Neve

We will arrive at our destination at approximately 02:45

Students will need to go straight to rooms and try to settle down for some sleep

There will be time the next day to settle into the hotel

At a pre organised time students will go for a Ski / Boot fitting

We will ski in that afternoon

Evening to relax and get to know the facilities and get an early night





# The Resort



Pinzolo, Italy, 2026

# Daily Routine

Breakfast

Kit inspection

Morning Ski 2.5 Hours

Lunch 1 Hour

Afternoon Ski 2.5 Hours

Shower and relax

Evening Meal

Evening Activities



# Evening Entertainment

All students will be expected to take part in all evening entertainment

Ice Skating

Gelato Experience

Karaoke

Town Visit/Shopping

Torch lit hike and mountain chalet dinner



# Expectations Of Students

## General

Behave in an appropriate manner from start to finish

Expected to take part in all activities

Don't leave the site without our permission

Absolutely No Alcohol or Smoking or Vaping

No going into bedrooms other than your own room (Room Damage)

Be polite and respectful to coach drivers and resort staff

Never go anywhere on their own

We take no responsibility for expensive items such as mobile phones, stereo equipment or laptops / tablets.

# Expectations Of Students

## Skiing

Everyone will be expected to ski every day in ski school

Students must take the equipment that we ask them to take each morning, all students will be checked for the correct equipment.

You cannot change ski groups without permission of staff or ski school

Follow all instructions to the letter from staff and ski school



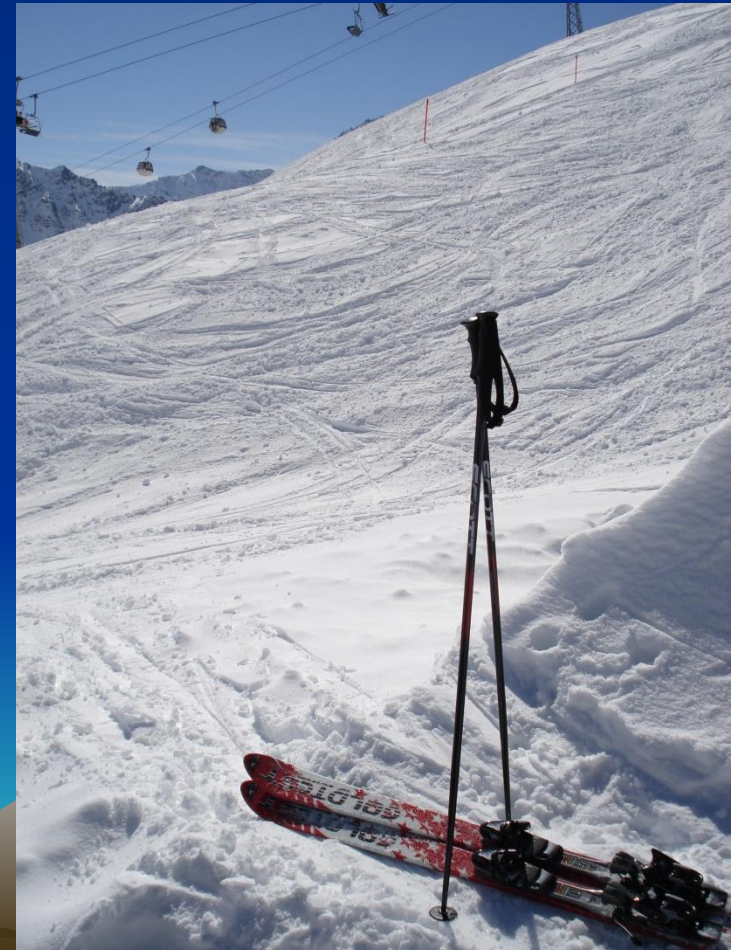
# In The Unlikely Event Of An Accident

The Ski School and Mountain Rescue are  
Excellently Efficient In Such an Event

The resort itself has transport to enable  
staff access to hospital

Contact will be made and maintained ASAP

However we ask all students not to share  
such information with others so not to  
make others worry unnecessarily



# What to do next

Passports & EHIC cards need to be checked tonight  
3 months validity is required on your passport at the end of your trip.

Please complete the confidential data form AND the behaviour contract (electronic) tonight - QR codes at the back of the booklet.

Please can you hand in passports EHIC / GHIC cards straight after Christmas holidays (in a named envelope please)

Medication needed for the trip should be in a named plastic bag WITH FULL INSTRUCTIONS this should be packed into the students hold luggage. Mrs Taylor-Lane will collect these once we arrive at the hotel. Any medication / travel tablets needed for the journey should be in the students hand luggage - just the amount for the journey please.

Please let Mrs Taylor-lane know if your child has medication in their hold or hand luggage on the morning we leave.

There is no real need for more than £100.00 pocket money plus travel food money

Please impress upon your child the importance and safety for following trip rules.

Collect Kit on Kit list and pack!

# The Ski Company

For all the information relating to insurance and The Ski Company terms and conditions please refer to their website:

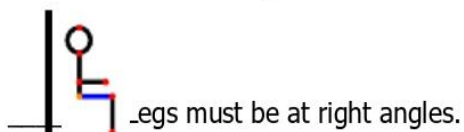
<https://www.skicompany.net/important-documents>

You are reminded that should any of your child's health needs have changed since the trip was booked or change before we depart that it is your responsibility to inform The Ski Company of these changes.

*“ Failure to declare a pre-existing medical condition could invalidate your policy and make you liable for all costs incurred. If you do have a pre-existing medical condition you must tell us at the time of booking”*



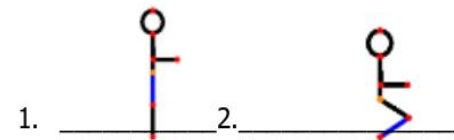
1. Chair position against wall (starting with 1 minute, increase by 30 seconds a week)



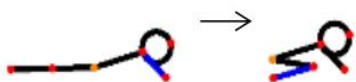
2. Bunny hops (either on the spot or moving)



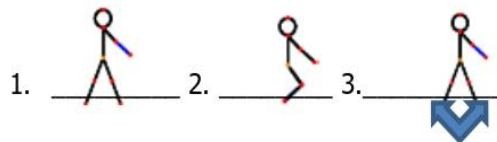
3. Squats
  - : stand straight
  - :squat down as if sitting on a chair keeping your back straight



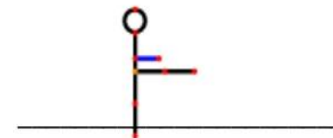
4. Squat Thrust
  - :start in press up position
  - : lift knees up to chest and back out again



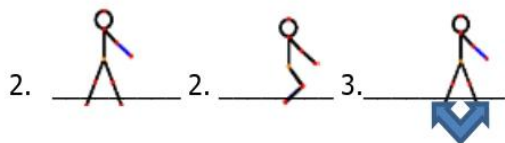
5. Alternate Foot Jumps
  - : bend knees and jump into air switching feet in mid air
  - :make sure you bend right down to touch the ground



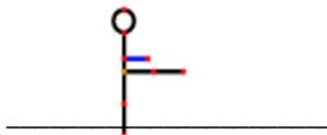
6. Front Kicks
  - : stand in press up position
  - :lift leg up to kick hand



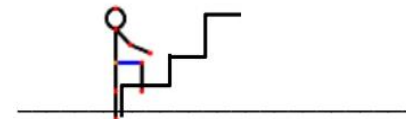
7. Alternate Foot Jumps
  - : bend knees and jump into air switching feet in mid air
  - :make sure you bend right down to touch the ground



8. Front Kicks
  - : stand in press up position
  - :lift leg up to kick hand



9. Step Ups
  - :step up with both feet on step and back down again



NB: ON EXERCISES 2 – 7 START WITH 10 REPS PER DAY – INCREASING BY 3 REPS PER WEEK.

This is a short fitness programme, which we expect all students to follow properly. There is a much greater risk of injury if your child is not physically prepared for skiing and they will not enjoy the trip if they are constantly exhausted. Parents please ensure your son/daughter does the exercises daily.

# Ski Trip – KIT LIST

All students must have appropriate clothing for skiing.

The following list is **ESSENTIAL**.

Please remember that lots of thin layers are a more efficient way of keeping warm.

Ski Jacket and Ski Salopettes

Ski Goggles

Ski Gloves

Warm Hat

Thermal Layers Polo/roll necks/t-shirts

Sweatshirt / Fleece

Sunglasses (optional but suitable for ski conditions)

Trainers and other footwear for après ski activities

**Proper Ski Socks**

Sun Protection Cream

Lip Salve

Water Bottle – for use while you are skiing

Small rucksack – to carry packed lunch and water bottle

**AND:**

Normal clothing and underwear for evening and daily use.

**TOWEL**

Wash kit

Please note that a **Europe type plug adapter** will be needed, each room group might want to bring one small 3 or 4 way extension lead (UK 3 pin) as well so this can be plugged into the Europe type adapter.

**Hand Luggage – suggestions**

Money (English /Euros)

Food and drink for the journey

Medication for journey

Water bottle

**Optional BUT recommended:**

Neck pillow or pillow

Small blanket

Ear plugs / Eye Mask

Small wash kit and toothbrush/paste

to freshen up during the journey

**Students are responsible for the security of all of their belongings and money.**

**MEDICATION** for the week should be packed in the students hold luggage in a clear named plastic bag with full instructions. Mrs Taylor-Lane will collect this from the student at the start of the week. **All medication MUST be in its original packaging.** Where the medication is prescribed, the dispensing label must also be present on the package or a copy of the prescription provided.

**Confidential Information Form**

**You will need you child's passport  
and GHIC card to complete this form**



**Ski Trip Behaviour Contract  
February 2026**

