

Weekly Bulletin 27th January 2023

Week Commencing
MONDAY
30th January 2023

A

Transport to School—BUSES INFORMATION:
Oxfordshire School Transport information and timetables can be found [HERE](#).
Public Buses: Thames travel Timetables can be found [HERE](#).
Public Buses: Thames Travel BB3 Timetable can be found [HERE](#).

Weekly Bulletin and Letters: <https://www.langtreeschool.com/letters/>

If you have any safeguarding concerns regarding a child please contact: Ms Burman, Deputy Head Teacher and Designated Safeguarding Lead sburman@langtreeschool.com
Ms Wood, SENCo and Deputy Safeguarding Lead swood@langtreeschool.com Mrs Belcher, Head of Year 7 & 8, and Deputy Safeguarding Lead bbelcher@langtreeschool.com
For further information on Safeguarding please read our Safeguarding Policy in the school website

All those involved in Buggy do need to check the rehearsal schedule weekly as there are likely to be changes and additions.



[REHEARSAL INFORMATION HERE](#)
[COSTUME INFORMATION HERE](#)

Reminder—all students Langtree School will be closed on Wednesday 1st February 2023. A copy of the letter from Mr Bamford to all parents can be found [HERE](#).



The Langtree PTA are running the Art Café in Whitchurch TOMORROW Saturday 28 January.
Please come and support us by joining us for a cake and a cuppa, 10:30-12:30.
Please contact on andrea.joubert42@gmail.com if you can help.



Year 9—Virtual Parents Evening 2nd February 2023: A letter has been emailed home - a copy can be found [HERE](#)

Year 10—GCSE English Literature, Romeo and Juliet set text, please see the letter from the English Department about buying a copy of the set text [HERE](#).

Year 11—Parents Evening letter and Reports: have been emailed home this week. Parents Evening letter [HERE](#). Please email Dr Thatcher if you have any queries cthatcher@langtreeschool.com

Year 11 GCSE's: Click here to view the: [Year 11 SUMMER 2023 GCSE TIMETABLE](#)

Year 11 Prom: 29th June 2023

All Years—message from the Food Department: If your child has borrowed any small food containers please can these be returned to the food department, we have nearly run out of containers to lend. We have celebration type containers but are always happy to receive more - plastic only, we don't need any metal ones.

Save the date: PTA QUIZ NIGHT— Friday 10th March 2023— more information next week.

Supporting young people who self-harm 30th January 5.30pm. Our CAMhs link worker, Emma Hyde, will be running a virtual parent forum on 30th January at 5.30pm - 6.30pm. The forum will be on Supporting young people who self-harm. This session explores what self-harm is and how it might present in teenagers. It looks at why young people might self-harm and helps to challenge commonly held assumptions. The session includes support around how to talk to your young person, dealing with your own feelings and supporting teenagers with alternative strategies. A link will be sent out to all parents nearer the time.

School Buses: please can we remind parents that the school has no control over the school buses—Oxfordshire County Council administer all aspects of school buses. Contact information for all the buses can be found at the top of the page or please contact OCC Schools Transports on: 01865 323500

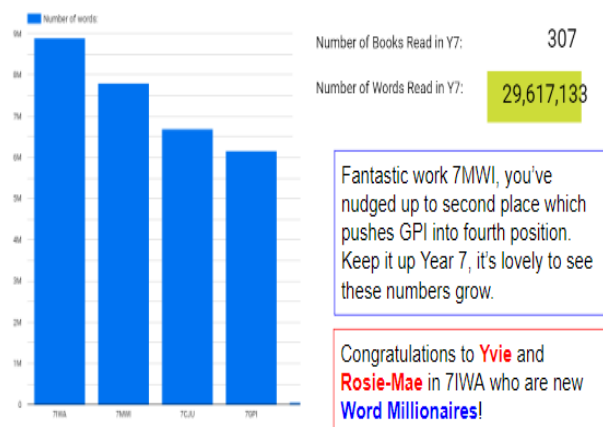
School Health Nurse Newsletter: [HERE](#)

Kooth offer a mental health and wellbeing service: letter [HERE](#)

Illness and school: At the start of a new term we would like to ask parents to remind their children about the importance of good hand hygiene to prevent the spread of infection. Please can you remind your child to regularly wash their hands with soap and water, and also to catch coughs and sneezes in tissues then binning them is another simple way to help stop illness from spreading. It's important to minimise the spread of infection in schools and other education and childcare settings as much as possible. If your child is unwell and has a fever, they should stay home from school until they feel better and the fever has resolved. If your child has diarrhoea and or vomiting they should be kept at home until 48 hours after the last episode of illness. Should your child have a confirmed case of: Chicken Pox / Shingles / Measles / Mumps / Strep A / Scarlet Fever / Whooping Cough / Covid19 - please inform the school by emailing: studentabsence@langtreeschool.com Information can be found: <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Children's Mental Health Week—Place2Be have some tips for parents [HERE](#)

Word Millionaire News





LOVE OUR LANGTREE

Please join the PTA again to tidy up our school grounds and improve our learning environment

SATURDAY 4th March 2023 2-5pm

Gardening, sweeping, tidying, weeding, a lot of camaraderie, , satisfaction guaranteed, plenty of snacks and drinks!

New areas and exciting plans to work on!

Please bring: sweeping brushes, dustpans and brushes, garden forks, garden waste containers, secateurs, weeding tools, hoes/scraping tools, wheelbarrows, strong muscles, gardening gloves, power tools, and as many willing helpers as you can!

If you can't join us, please could you donate a medium-large shrub instead?? Ideally evergreen and/or low maintenance. Please can these can be delivered to school reception on Friday 3rd March, or to the afternoon event

RSVP to juliet_white@hotmail.com

Thank you so much for making a difference

Careers Notice

Rolls-Royce Apprenticeships. At this webinar on 2nd February from 18:30-19:30 for students in Years 10 to 13 and parents/carers, Careers Leads and teachers, you'll find out how you can kick-start an exciting career and contribute to ground-breaking work as a Rolls-Royce apprentice.

[Eventbrite](#)

Careers Fest Parent/Carer Twilight Session. We are holding a twilight session at Careers Fest 2023 for parents and carers on 22nd March from 15:30-18:30. Please share the booking link with your parents/carers. There will be focused employer talks throughout the evening - we will share details of these in due course.

[Careersfest23](#)

A free event on Monday 6th February 2023 for students and Parents/Carers interested in finding out about apprenticeships, where to find them and how to apply.

[Leaflet about the event](#)

Speakers for schools - upcoming live broadcasts from a range of industries with the opportunity to ask questions via a moderated Q&A

[Upcoming Broadcasts](#)



YOUTH VOLUNTEERING EVENT

16 TO 21 YEAR OLDS IN OXFORDSHIRE

ARE YOU CURRENTLY VOLUNTEERING IN FOOTBALL OR INTERESTED IN GETTING STARTED?

Come join us for a day of coaching and leadership workshops to support you in your journey!

Introduction to Coaching Football Workshop

in partnership with Oxford Brookes University
Sport and Coaching Science Department.

Leadership Workshop

Opportunities in Football



Thursday 16th February 2023



9:30am – 2:30pm



The Oxford Academy School,
Sandy Ln W, Littlemore,
Oxford OX4 6JZ

TO REGISTER YOUR PLACE, COMPLETE THE MICROSOFT FORM. DEADLINE FRIDAY 10TH FEBRUARY 2023.

For more information please contact Oxfordshire FA via Development@Oxfordshirefa.com

Delivered by Oxfordshire FA Youth Leadership Team in partnership with Oxford Brookes University Sport and Coaching Science Department.

TERM 3 CLUBS						
Staff Lead	Department	Club Name	Which year group (s)	Where is the club	Day	Anything else students need to know?
Mr Henderson	Music	Orchestra	Year 7, Year 8, Year 9, Year 10, Year 11	Music Room	Monday Afterschool	Rehearsals end at 4.30 pm
Miss Thorburn	English	Debate Society	Year 9, Year 10, Year 11	Hu5	Tuesday Lunchtime	
Mrs. Lackey (Club run by Anne Wig more from REACH)		Christian Union	Year 7, Year 8, Year 9, Year 10, Year 11	Science 1	Tuesday Lunchtime	Starts on 13th September. Everyone welcome. Sessions alternate every 3 weeks between games, questions and a talk. We will start next week with games and biscuits!
Mrs. Jarvis	History	History Film Club	Year 7, Year 8, Year 9	H2	Tuesday Lunchtime	starting 13th Sept. 1st Film The Horrible Histories Movie
Ms Burman	Student Services	LGBT+	Year 7, Year 8, Year 9, Year 10, Year 11	Hums3	Wednesday Week B Lunchtime	Anyone welcome. The group's aim is to break stereotypes, celebrate identities and explore issues to do with LGBT+ issues.
Miss Smith	English	Debate Society	Year 7, Year 8	Hu5	Wednesday Lunchtime	
Mrs. Jarvis	History	GCSE History Clinic	Year 10 and Year 11	Hu2	Wednesday Lunchtime	For support with GCSE History homework or revision.
Mr Nonweiler		Dungeons & Dragons	Year 7, Year 8, Year 9, Year 10, Year 11	En2 (TBC)	Thursdays After school	3pm to 4pm. No previous experience required. Not on some Thursdays when Mr Nonweiler is running detention. Students will need to "sign up". More information to follow in a tutor time!
Mr Jones	Maths	Chess & Cubing Club	Year 7, Year 8, Year 9, Year 10, Year 11	Ma2	Friday Lunchtime	Chess sets and cubes provided!

SPORTS CLUBS	LUNCH		AFTER SCHOOL	
	BOYS	GIRLS	BOYS	GIRLS
MONDAY	YEAR 7 FOOTBALL ASTRO 1.30-2.00			
TUESDAY	YEAR 9 & 10 BASKETBALL SPORTS HALL 1.30-2.00	YEAR 8 & 9 FOOTBALL ASTRO 1.30-2.00	YEAR 8 & 9 FOOTBALL FIELD	YEAR 8 & 9 FOOTBALL FIXTURES
WEDNESDAY A	YEAR 8 FOOTBALL ASTRO 1.30-2.00 (A)	YEAR 7 FOOTBALL SPORTS HALL 1.30-2.00	YEAR 10 FOOTBALL FIELD	YEAR 10 & 11 FOOTBALL FIXTURES
WEDNESDAY B	YEAR 9 FOOTBALL ASTRO 1.30-2.00 (B)		A AND B WEEK RUNNING CLUB - WITH MR SUBBURY FIELD 3-4.00PM	YEAR 11 FOOTBALL FIELD
THURSDAY	GCSE PE THEORY CLINIC SCIENCE 1	YEAR 10 & 11 FOOTBALL ASTRO 1.30-2.00	YEAR 7 FOOTBALL FIELD 3-4.15	YEAR 7 FOOTBALL FIXTURES
FRIDAY A	YEAR 11 FOOTBALL ASTRO 1.30-2.00			
FRIDAY B	YEAR 10 FOOTBALL ASTRO 1.30-2.00			

LUNCHTIME AND AFTERSCHOOL CLUBS JANUARY-FEBRUARY 2023 - SEE ABOVE FOR TIMES

PUPILS OF ANY ABILITY ARE WELCOME TO ALL CLUBS.

COURTYARD TABLE TENNIS

(OUTSIDE BOYS CHANGING ROOMS)

MONDAY - YEAR 7

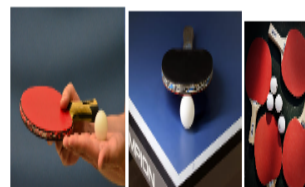
TUESDAY - YEAR 8

WEDNESDAY - YEAR 9

THURSDAY - YEAR 10

FRIDAY - YEAR 11

WILL RUN FROM 1.30-2.00 EACH LUNCHTIME
BATS AND BALLS AVAILABLE FROM SPORTS AMBASSADOR ON DUTY
ALL BATS AND BALLS TO BE RETURNED AT THE END OF PLAY.



Well Being Provision at Langtree						
Implementation	7	8	9		10	11
All	Transition		Transition			Transition
All	Assemblies and tutor activities Topics covered in assemblies and tutor activities follow 6 steps to wellbeing: 1. Be Active... Go for a walk or run. Step outside. ... 2. Keep Learning ... Try something new. Rediscover an old interest. ... 3. Give ... Do something nice for a friend, or a stranger. Thank someone. ... 4. Connect ... With the people around you. ... 5. Take Notice ... Be curious. ... 6. Care For The Planet ... look after your community and the world.					
All	6 discreet lessons PSHE/RSE Taught in curriculum Link to the policy					
All Year 7s	Student Leaders mentoring sessions					
All	Extra Curricular	Langtree Challenge	Reflections on progress	Sponsored walk	Creativity days	Activity Week
All	Have a Student PSHE/RSE google classroom Have a Student Report a concern page that they can use Resources on the Student Tab for wellbeing					
Targeted Groups	Attendance group	Friendship group	Managing anxiety Group	Young Carers	Resilience Group	Exam support
Individual work	<ul style="list-style-type: none"> • Report to tutor, HOY, SLT • CAMHs referral • Bereavement : Seesaw (parents need to refer) • Nomad: mentoring service • ELSA support • 1 to 1 interviews with PP students in 7&8 • Peer mentor - Year 11 students mentor younger years • School nurse • Early Help Assessment (EHA) work with family: Oxford County Council 					
Parental support	Financial advice: https://www.citizensadvice.org.uk/debt-and-money/getting-financial-advice/ Advice regarding housing Food Banks: Wallingford Helping you help your child: <ul style="list-style-type: none"> • Advice for parents regarding online parental controls: if in doubt, call the NSPCC's trained helpline counselors on 0808 800 5000 • https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/ • Supporting well being: https://www.youngminds.org.uk/parent/ • Online pornography: how to keep your child safe • Online sexual harassment: pornography, editing photos and body image, sharing nudes, peer pressure, sexualised bullying • Coping with self - harm: A guide for parents and carers • Information about drugs National Domestic Abuse Helpline: 0800 2000 247 Recognising domestic abuse: NSPCC website The school will host two virtual sessions by Child and Adolescent Mental Health services (CAMHs) <ul style="list-style-type: none"> • Parent forum on 30th January on supporting children who self harm 					
Road Safety:	Parents and students must read and agree to the following Cycling to School rules: 1. All bicycles must be roadworthy and appropriate for the age of the student in terms of frame size and seat height. All bikes must have brakes that work safely. 2. Students must wear a helmet to cycle to and from school and this helmet must be visible to school staff when students enter the school site. Helmets must be stored in lockers during the school day. 3. When students leave the Reading Road, they must dismount their bike and walk the bike to the cycle storage areas. 4. During the winter months when cycling to and from school in the dark, parents will ensure that students wear reflective clothing and that all bikes have front and rear lights. 5. All students will cycle in a safe manner and take into account pedestrians and other school children. 6. All students will refrain from listening to music through earphones whilst cycling to school.					



The Oratory ECO
Recycling Scheme Continues!

oratory.co.uk

Put your old IT to good use!

Do you have a laptop, tablet or phone that you no longer use?

We would love to give it a new home!

The Oratory ECO Recycling project supported by Langtree School has teamed up with SOFEA, a Didcot based charity to support 'Getting Oxfordshire Online' to help tackle the digital divide and help get everyone online across Oxfordshire.

The previous recycling initiative 'Laptops to schools' managed to distribute 140+ Laptops to 3 Secondary Schools and 11 Primary Schools in Oxfordshire and Berkshire, including Langtree School.

How does it work?

Mr Lennartsson and Langtree School would be delighted with donations of laptops up to around 10 years old and phones and tablets up to 6 years old. Please get in touch if you are not sure if your device will be suitable.

The devices will be securely wiped, upgraded to run the latest possible software and minor faults can be fixed.

When ready the devices will be passed on to SOFEA in Didcot. SOFEA will then distribute the devices to local charities and community groups involved in 'Getting Oxfordshire Online'.

SOFEA and 'Getting Oxfordshire Online' can be found on:
www.sofea.uk.com and www.gettingoxfordshireonline.org

Please note that tablets and mobiles need to be removed from any Google or Apple accounts to be of any use!

FOR MORE INFORMATION

Email: office@langtreeschool.com or eco.recycling@oratory.co.uk

Your device can be handed in to Langtree School, The Oratory School reception or direct to Mr Lennartsson

Henley Rowing Club



Junior Learn to Row Course



Boys and Girls 11 – 16 years
6-week term with 2 Sessions per week
Tuesdays or Thursdays 4.30 - 6pm & Sunday 1-2.30pm or 2:30-4:00pm

Term 1 - 14th February – Sunday 26th March

£275 per person per term
Complete Terms 1 & 2 for a 50% discount for Term 3

Contact: LTR@henleyrowing.club
www.henleyrowingclub.co.uk/junior-learn-to-row
Grants are available to low-income families
Adult Courses are also available

The PTA are signed up to receive donations from Amazon. You can do this by shopping at smile.amazon.co.uk. You can login using your existing Amazon account – just make sure you select

Langtree School Association

as your chosen charity. If you shop with Amazon via their app you can also enable Smile on the app. Open the app and find 'Settings' in the main menu (☐). Tap on 'AmazonSmile' and follow the instructions to activate it.



LIVING WELLwith **NEURODIVERSITY**

NHS
Oxford Health
NHS Foundation Trust

A new support service 
from Oxfordshire CAMHS in collaboration with Autism Oxford UK Limited

Is **YOUR** family open to/
involved with CAMHS
NDC services?
Are **YOU** a parent/carer
of a young person
awaiting an assessment?



FREE ONLINE COURSES FOR YOU!



- The virtual sessions will be held in the evenings as an informal space for parents/carers to safely share their experiences/tips.
- It will be facilitated by professionals who will cover the basics of ADHD/Autism and much more!

Scan the QR code to access the events and resources!



If you have any questions, please email us on youngpeoplesupport@autismoxford.org.uk

Working together to deliver the best for our communities, our people & the environment

MISSION

VISION

Outstanding care by an outstanding team

| Caring | Safe | Excellent | VALUES

School Health Nurse: Langtree School

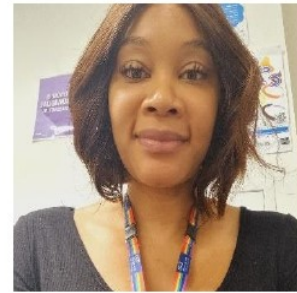
Your Development School Health Nurse is: Nyesha Lowe

You can contact me for an appointment on 07786 735 788 or drop in to see me in my office.

I am available every Wednesday at Lunchtime for drop-ins. I am also in on the following days:

Week A: Monday, Tuesday, Wednesday

Week B: Monday, Tuesday, Wednesday and Friday



About me

I am a qualified Nurse who has had several years' experience working with children and young people with various health conditions. I have over 10 years' experience working within the NHS in various roles.

Role

Secondary schools within Oxfordshire have a named NHS School Health Nurse who is based in the school. The aim of the School Health Nurse is to offer evidence based preventative health care for children and young people. We strive to improve young people's health and wellbeing and their life chances. I will work closely with teaching and student support staff at encouraging students to be both physically and emotionally healthy in order to make informed healthy lifestyle choices and reach their full potential.

What we do

School Nurses provide public health interventions.

Including (but not exclusive to):

Someone to talk to confidentially to address issues concerning emotional, physical, sexual, and social health and wellbeing

- Immunisations
- Health lifestyle choices (keeping safe, smoking cessation, substance misuse advice)
- Support teachers with PSHE
- Refer and signpost to specialist services
- Offer a confidential School Nurse drop-in
- Provide contraception, pregnancy testing and sexual health screening.

If we cannot help, we will find someone who can.

How can you access the School Nurse?

Young people can pop into the School Nurse office at drop in's (alone or with a friend)

Speak to your tutor or student support to help with referral

Self-refer by drop in or using phone number to text

Confidentiality

The School Nursing service is confidential. This means we can discuss personal information with young people in confidence and will not discuss it with anyone else without their permission. However, we would pass on any information that we feel is needed to protect a young person or someone else from serious harm. Whenever possible this would be discussed with the young person first.

Contact details:

Monday-Friday 09.00 – 15.00

Tel: Mobile: 07786735788

Email: nyesha.lowe@oxfordhealth.nhs.uk or Schoolnurse@langtreeschool.com

School Nurse Website: www.oxfordhealth.nhs.uk