

# Weekly Bulletin 20th January 2023

Week Commencing  
**MONDAY**  
23rd January 2023

# B

**Transport to School—BUSES INFORMATION:**  
Oxfordshire School Transport information and timetables can be found [HERE](#).  
Public Buses: Thames travel Timetables can be found [HERE](#).  
Public Buses: Thames Travel BB3 Timetable can be found [HERE](#).

Weekly Bulletin and Letters: <https://www.langtreeschool.com/letters/>

If you have any safeguarding concerns regarding a child please contact: Ms Burman, Deputy Head Teacher and Designated Safeguarding Lead [sburman@langtreeschool.com](mailto:sburman@langtreeschool.com)  
Ms Wood, SENCo and Deputy Safeguarding Lead [swood@langtreeschool.com](mailto:swood@langtreeschool.com) Mrs Belcher, Head of Year 7 & 8, and Deputy Safeguarding Lead [bbelcher@langtreeschool.com](mailto:bbelcher@langtreeschool.com)  
For further information on Safeguarding please read our Safeguarding Policy in the school website

## **WE NEED YOUR HELP—Our school production of 'Bugsy Malone' is in mid-March.**

We have a huge cast, and are looking for donations of the following:

- \* 30-45 old suits that you've outgrown! / \* 30-45 1920s style dresses (or plain shift dresses or slips we can embellish)
- \* any 1920s style accessories - hats, pearls, gloves, stoles, ties, bowties, broaches, beads, feathers, bags, etc.

Please don't loan us your precious vintage items or family heirlooms! If there are any family members with sewing skills who are interested in supporting us to alter/embellish any donations - I would love to hear from you. [gpimm@langtreeschool.com](mailto:gpimm@langtreeschool.com)



[REHEARSAL INFORMATION HERE](#)

[COSTUME INFORMATION HERE](#)

[ORCHESTRA INFORMATION HERE](#)

**All those involved in Bugsy do need to check the rehearsal schedule weekly as there are likely to be changes and additions. Please note that the Orchestra rehearsal information has been updated please use the link above.**

**All Years:** ScoPay / Online Payments: ScoPay have changed provider from Worldpay to Vesta Merchant Services. This should make it easier to checkout when paying for items on ScoPay. There are two noticeable changes: Any saved card information that you had previously stored will have been lost so you will need to re-save your card information if required. The checkout screen has now changed and will look slightly different. Please contact [finance@langtreeschool.com](mailto:finance@langtreeschool.com) if you have any queries.

**All Years:** Please can we remind all parents who drop off / collect students from Langtree that the zig zag lines on the road outside school are a no parking area, cars parked there mean that the buses are unable to enter / leave the school site. Additionally the parking next to the village hall is primarily for users of the village hall. If parents use this parking please can they be considerate and courteous to all other users of the carpark

## **Term Dates 2023—2024: [HERE](#)**

There is an additional bank holiday on May 8th 2023 for the Kings Coronation—updated 2022—2023 Term Dates [HERE](#).

**Year 7 Creativity Day trip:** Wembley Stadium tour on Thursday 9th February 2023—full trip and payment details [HERE](#). Wembley Stadium is the national stadium of England and the home of English football. Put simply, it really doesn't get any better than Wembley. With 90,000 seats, it's the largest sports venue in the UK and the second-largest stadium in Europe.

**Year 11 GCSE's:** Start on May 15th 2023 Summer 2023 contingency dates. The awarding bodies have collectively agreed a contingency day for several years now which is always scheduled at the end of the GCSE, GCE AS and A level exam timetables. The contingency day is in the event of national or significant local disruption to exams in the United Kingdom, being part of the awarding bodies' standard contingency planning for exams. Following the COVID-19 pandemic, further resilience was needed within the exam timetables. A single contingency day was not felt to be sufficient if a national event or incident had a significant effect on the exam timetable. For example, summer exams could be affected by extremely high temperatures. For the June 2023 exams, the awarding bodies have therefore introduced two additional half-day contingency sessions. These are on Thursday 8 June 2023 and Thursday 15 June 2023. The standard contingency day remains at the end of the timetable being scheduled on Wednesday 28 June 2023. **Candidates must remain available until Wednesday 28 June 2023 should examinations need to be rescheduled.**

## **Year 11 Prom Date: 29th June 2023**

**Children's Mental Health Week—Place2Be have some tips for parents [HERE](#)**

## **Supporting young people who self-harm 30th January**

**5.30pm.** Our CAMhs link worker, Emma Hyde, will be running a virtual parent forum on 30th January at 5.30pm - 6.30pm. The forum will be on Supporting young people who self-harm. This session explores what self-harm is and how it might present in teenagers. It looks at why young people might self-harm and helps to challenge commonly held assumptions. The session includes support around how to talk to your young person, dealing with your own feelings and supporting teenagers with alternative strategies. A link will be sent out to all parents nearer the time.

**Langtree PTA** have secured a date to run the Art Café in Whitchurch on Saturday 28 January. We are looking for home baked cakes, raffle prizes and volunteers to help out on the day, 9:30-11:30 and 11:30-13:30. If you cannot help please come and support us by joining us for a cake and a cuppa, open for customers from 10:30-12:30. Please contact on [andrea.joubert42@gmail.com](mailto:andrea.joubert42@gmail.com) if you can help.







# YOUTH VOLUNTEERING

## EVENT

16 TO 21 YEAR OLDS IN OXFORDSHIRE

### ARE YOU CURRENTLY VOLUNTEERING IN FOOTBALL OR INTERESTED IN GETTING STARTED?

Come join us for a day of coaching and leadership workshops to support you in your journey!

#### Introduction to Coaching Football Workshop

in partnership with Oxford Brookes University  
Sport and Coaching Science Department.

#### Leadership Workshop

#### Opportunities in Football



Thursday 16<sup>th</sup> February 2023



9:30am – 2:30pm



The Oxford Academy School,  
Sandy Ln W, Littlemore,  
Oxford OX4 6JZ

TO REGISTER YOUR PLACE, COMPLETE THE MICROSOFT FORM. DEADLINE FRIDAY 10<sup>TH</sup> FEBRUARY 2023.

For more information please contact Oxfordshire FA via [Development@Oxfordshirefa.com](mailto:Development@Oxfordshirefa.com)

Delivered by Oxfordshire FA Youth Leadership Team in partnership with Oxford Brookes University Sport and Coaching Science Department.



TERM 3 CLUBS						
Staff Lead	Department	Club Name	Which year group (s)	Where is the club	Day	Anything else students need to know?
Mr Henderson	Music	Orchestra	Year 7, Year 8, Year 9, Year 10, Year 11	Music Room	Monday Afterschool	Rehearsals end at 4.30 pm
Miss Thorburn	English	Debate Society	Year 9, Year 10, Year 11	Hu5	Tuesday Lunchtime	
Mrs. Lackey (Club run by Anne Wig more from REACH)		Christian Union	Year 7, Year 8, Year 9, Year 10, Year 11	Science 1	Tuesday Lunchtime	Starts on 13th September. Everyone welcome. Sessions alternate every 3 weeks between games, questions and a talk. We will start next week with games and biscuits!
Mrs. Jarvis	History	History Film Club	Year 7, Year 8, Year 9	H2	Tuesday Lunchtime	starting 13th Sept. 1st Film The Horrible Histories Movie
Ms Burman	Student Services	LGBT+	Year 7, Year 8, Year 9, Year 10, Year 11	Hums3	Wednesday Week B Lunchtime	Anyone welcome. The group's aim is to break stereotypes, celebrate identities and explore issues to do with LGBT+ issues.
Miss Smith	English	Debate Society	Year 7, Year 8	Hu5	Wednesday Lunchtime	
Mrs. Jarvis	History	GCSE History Clinic	Year 10 and Year 11	Hu2	Wednesday Lunchtime	For support with GCSE History homework or revision.
Mr Nonweiler		Dungeons & Dragons	Year 7, Year 8, Year 9, Year 10, Year 11	En2 (TBC)	Thursdays After school	3pm to 4pm. No previous experience required. Not on some Thursdays when Mr Nonweiler is running detention. Students will need to "sign up". More information to follow in a tutor time!
Mr Jones	Maths	Chess & Cubing Club	Year 7, Year 8, Year 9, Year 10, Year 11	Ma2	Friday Lunchtime	Chess sets and cubes provided!

SPORTS CLUBS	LUNCH		AFTER SCHOOL	
	BOYS	GIRLS	BOYS	GIRLS
MONDAY	YEAR 7 FOOTBALL ASTRO 1.30-2.00			
TUESDAY	YEAR 9 & 10 BASKETBALL SPORTS HALL 1.30-2.00	YEAR 8 & 9 FOOTBALL ASTRO 1.30-2.00	YEAR 8 & 9 FOOTBALL FIELD	YEAR 8 & 9 FOOTBALL FIXTURES
WEDNESDAY A	YEAR 8 FOOTBALL ASTRO 1.30-2.00 (A)	YEAR 7 FOOTBALL SPORTS HALL 1.30-2.00	YEAR 10 FOOTBALL FIELD	YEAR 10 & 11 FOOTBALL FIXTURES
WEDNESDAY B	YEAR 9 FOOTBALL ASTRO 1.30-2.00 (B)		A AND B WEEK RUNNING CLUB - WITH MR SUBBURY FIELD 3-4.00PM	YEAR 11 FOOTBALL FIELD
THURSDAY	GCSE PE THEORY CLINIC SCIENCE 1	YEAR 10 & 11 FOOTBALL ASTRO 1.30-2.00	YEAR 7 FOOTBALL FIELD 3-4.15	YEAR 7 FOOTBALL FIXTURES
FRIDAY A	YEAR 11 FOOTBALL ASTRO 1.30-2.00			
FRIDAY B	YEAR 10 FOOTBALL ASTRO 1.30-2.00			

LUNCHTIME AND AFTERSCHOOL CLUBS JANUARY-FEBRUARY 2023 - SEE ABOVE FOR TIMES

PUPILS OF ANY ABILITY ARE WELCOME TO ALL CLUBS.

## COURTYARD TABLE TENNIS

(OUTSIDE BOYS CHANGING ROOMS)

MONDAY - YEAR 7

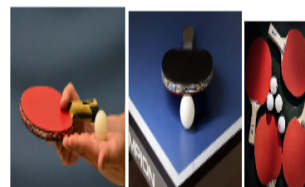
TUESDAY - YEAR 8

WEDNESDAY - YEAR 9

THURSDAY - YEAR 10

FRIDAY - YEAR 11

WILL RUN FROM 1.30-2.00 EACH LUNCHTIME  
BATS AND BALLS AVAILABLE FROM SPORTS AMBASSADOR ON DUTY  
ALL BATS AND BALLS TO BE RETURNED AT THE END OF PLAY.



Well Being Provision at Langtree						
Implementation	7	8	9		10	11
All	Transition		Transition			Transition
All	Assemblies and tutor activities Topics covered in assemblies and tutor activities follow 6 steps to wellbeing: 1. Be Active... Go for a walk or run. Step outside. ... 2. Keep Learning ... Try something new. Rediscover an old interest. ... 3. Give ... Do something nice for a friend, or a stranger. Thank someone. ... 4. Connect ... With the people around you. ... 5. Take Notice ... Be curious. ... 6. Care For The Planet ... look after your community and the world.					
All	6 discreet lessons PSHE/RSE Taught in curriculum Link to the policy					
All Year 7s	Student Leaders mentoring sessions					
All	Extra Curricular	Langtree Challenge	Reflections on progress	Sponsored walk	Creativity days	Activity Week
All	Have a Student PSHE/RSE google classroom Have a Student Report a concern page that they can use Resources on the Student Tab for wellbeing					
Targeted Groups	Attendance group	Friendship group	Managing anxiety Group	Young Carers	Resilience Group	Exam support
Individual work	<ul style="list-style-type: none"> <li>• Report to tutor, HOY, SLT</li> <li>• CAMHs referral</li> <li>• Bereavement : <a href="#">Seesaw</a> (parents need to refer)</li> <li>• Nomad: mentoring service</li> <li>• ELSA support</li> <li>• 1 to 1 interviews with PP students in 7&amp;8</li> <li>• Peer mentor - Year 11 students mentor younger years</li> <li>• School nurse</li> <li>• Early Help Assessment (EHA) work with family: Oxford County Council</li> </ul>					
Parental support	Financial advice: <a href="https://www.citizensadvice.org.uk/debt-and-money/getting-financial-advice/">https://www.citizensadvice.org.uk/debt-and-money/getting-financial-advice/</a> <a href="#">Advice regarding housing</a> Food Banks: <a href="#">Wallingford</a> Helping you help your child: <ul style="list-style-type: none"> <li>• <a href="#">Advice for parents regarding online parental controls</a>: if in doubt, call the NSPCC's trained helpline counselors on 0808 800 5000</li> <li>• <a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/</a></li> <li>• Supporting well being: <a href="https://www.youngminds.org.uk/parent/">https://www.youngminds.org.uk/parent/</a></li> <li>• <a href="#">Online pornography: how to keep your child safe</a></li> <li>• <a href="#">Online sexual harassment: pornography, editing photos and body image, sharing nudes, peer pressure, sexualised bullying</a></li> <li>• <a href="#">Coping with self - harm: A guide for parents and carers</a></li> <li>• <a href="#">Information about drugs</a></li> </ul> National Domestic Abuse Helpline: 0800 2000 247 <a href="#">Recognising domestic abuse: NSPCC website</a> The school will host two virtual sessions by Child and Adolescent Mental Health services (CAMHs) <ul style="list-style-type: none"> <li>• Parent forum on <b>30th January</b> on supporting children who self harm</li> </ul>					
Road Safety:	Parents and students must read and agree to the following Cycling to School rules: 1. All bicycles must be roadworthy and appropriate for the age of the student in terms of frame size and seat height. All bikes must have brakes that work safely. 2. Students must wear a helmet to cycle to and from school and this helmet must be visible to school staff when students enter the school site. Helmets must be stored in lockers during the school day. 3. When students leave the Reading Road, they must dismount their bike and walk the bike to the cycle storage areas. 4. During the winter months when cycling to and from school in the dark, parents will ensure that students wear reflective clothing and that all bikes have front and rear lights. 5. All students will cycle in a safe manner and take into account pedestrians and other school children. 6. All students will refrain from listening to music through earphones whilst cycling to school.					



The Oratory ECO  
Recycling Scheme Continues!

[oratory.co.uk](http://oratory.co.uk)

## Put your old IT to good use!

**Do you have a laptop, tablet or phone that you no longer use?**

### We would love to give it a new home!

The Oratory ECO Recycling project supported by Langtree School has teamed up with SOFEA, a Didcot based charity to support 'Getting Oxfordshire Online' to help tackle the digital divide and help get everyone online across Oxfordshire.

The previous recycling initiative 'Laptops to schools' managed to distribute 140+ Laptops to 3 Secondary Schools and 11 Primary Schools in Oxfordshire and Berkshire, including Langtree School.

### How does it work?

Mr Lennartsson and Langtree School would be delighted with donations of laptops up to around 10 years old and phones and tablets up to 6 years old. Please get in touch if you are not sure if your device will be suitable.

The devices will be securely wiped, upgraded to run the latest possible software and minor faults can be fixed.

When ready the devices will be passed on to SOFEA in Didcot. SOFEA will then distribute the devices to local charities and community groups involved in 'Getting Oxfordshire Online'.

SOFEA and 'Getting Oxfordshire Online' can be found on:  
[www.sofea.uk.com](http://www.sofea.uk.com) and [www.gettingoxfordshireonline.org](http://www.gettingoxfordshireonline.org)

**Please note that tablets and mobiles need to be removed from any Google or Apple accounts to be of any use!**

### FOR MORE INFORMATION

Email: [office@langtreeschool.com](mailto:office@langtreeschool.com) or [eco.recycling@oratory.co.uk](mailto:eco.recycling@oratory.co.uk)

Your device can be handed in to Langtree School, The Oratory School reception or direct to Mr Lennartsson



# Henley Rowing Club



## Junior Learn to Row Course



**Boys and Girls 11 – 16 years**  
**6-week term with 2 Sessions per week**  
**Tuesdays or Thursdays 4.30 - 6pm & Sunday 1-2.30pm or 2:30-4:00pm**

**Term 1 - 14<sup>th</sup> February – Sunday 26<sup>th</sup> March**

**£275 per person per term**  
**Complete Terms 1 & 2 for a 50% discount for Term 3**

**Contact: [LTR@henleyrowing.club](mailto:LTR@henleyrowing.club)**  
**[www.henleyrowingclub.co.uk/junior-learn-to-row](http://www.henleyrowingclub.co.uk/junior-learn-to-row)**  
**Grants are available to low-income families**  
**Adult Courses are also available**

**The PTA are signed up to receive donations from Amazon. You can do this by shopping at [smile.amazon.co.uk](http://smile.amazon.co.uk). You can login using your existing Amazon account – just make sure you select**

### **Langtree School Association**

**as your chosen charity. If you shop with Amazon via their app you can also enable Smile on the app. Open the app and find 'Settings' in the main menu (☐). Tap on 'AmazonSmile' and follow the instructions to activate it.**



## **LIVING WELL**with **NEURODIVERSITY**

**NHS**  
Oxford Health  
NHS Foundation Trust

**A new support service**   
from Oxfordshire CAMHS in collaboration with Autism Oxford UK Limited

Is YOUR family open to/  
involved with CAMHS  
NDC services?  
Are YOU a parent/carer  
of a young person  
awaiting an assessment?



## **FREE ONLINE COURSES FOR YOU!**



- The virtual sessions will be held in the evenings as an informal space for parents/carers to safely share their experiences/tips.
- It will be facilitated by professionals who will cover the basics of ADHD/Autism and much more!

Scan the QR code to access the events and resources!



If you have any questions, please email us on [youngpeoplesupport@autismoxford.org.uk](mailto:youngpeoplesupport@autismoxford.org.uk)

Working together to deliver the best for our communities, our people & the environment

MISSION

VISION

Outstanding care by an outstanding team

| Caring | Safe | Excellent | VALUES

## School Health Nurse: Langtree School

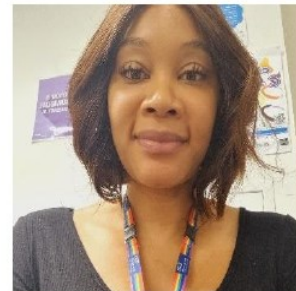
Your Development School Health Nurse is: Nyesha Lowe

You can contact me for an appointment on 07786 735 788 or drop in to see me in my office.

I am available every Wednesday at Lunchtime for drop-ins. I am also in on the following days:

Week A: Monday, Tuesday, Wednesday

Week B: Monday, Tuesday, Wednesday and Friday



### About me

I am a qualified Nurse who has had several years' experience working with children and young people with various health conditions. I have over 10 years' experience working within the NHS in various roles.

### Role

Secondary schools within Oxfordshire have a named NHS School Health Nurse who is based in the school. The aim of the School Health Nurse is to offer evidence based preventative health care for children and young people. We strive to improve young people's health and wellbeing and their life chances. I will work closely with teaching and student support staff at encouraging students to be both physically and emotionally healthy in order to make informed healthy lifestyle choices and reach their full potential.

### What we do

School Nurses provide public health interventions.

Including (but not exclusive to):

Someone to talk to confidentially to address issues concerning emotional, physical, sexual, and social health and wellbeing

- Immunisations
- Health lifestyle choices (keeping safe, smoking cessation, substance misuse advice)
- Support teachers with PSHE
- Refer and signpost to specialist services
- Offer a confidential School Nurse drop-in
- Provide contraception, pregnancy testing and sexual health screening.

If we cannot help, we will find someone who can.

### How can you access the School Nurse?

Young people can pop into the School Nurse office at drop in's (alone or with a friend)

Speak to your tutor or student support to help with referral

Self-refer by drop in or using phone number to text

### Confidentiality

The School Nursing service is confidential. This means we can discuss personal information with young people in confidence and will not discuss it with anyone else without their permission. However, we would pass on any information that we feel is needed to protect a young person or someone else from serious harm. Whenever possible this would be discussed with the young person first.

### Contact details:

Monday-Friday 09.00 – 15.00

Tel: Mobile: 07786735788

Email: [nyesha.lowe@oxfordhealth.nhs.uk](mailto:nyesha.lowe@oxfordhealth.nhs.uk) or [Schoolnurse@langtreeschool.com](mailto:Schoolnurse@langtreeschool.com)

School Nurse Website: [www.oxfordhealth.nhs.uk](http://www.oxfordhealth.nhs.uk)