

Weekly Bulletin 13th January 2023

Week Commencing
MONDAY
16th January 2023

A

Transport to School—BUSES INFORMATION:
Oxfordshire School Transport information and timetables can be found [HERE](#).
Public Buses: Thames travel Timetables can be found [HERE](#).
Public Buses: Thames Travel BB3 Timetable can be found [HERE](#).

Weekly Bulletin and Letters: <https://www.langtreeschool.com/letters/>

If you have any safeguarding concerns regarding a child please contact: Ms Burman, Deputy Head Teacher and Designated Safeguarding Lead sburman@langtreeschool.com
Ms Wood, SENCo and Deputy Safeguarding Lead swood@langtreeschool.com Mrs Belcher, Head of Year 7 & 8, and Deputy Safeguarding Lead bbelcher@langtreeschool.com
For further information on Safeguarding please read our Safeguarding Policy in the school website

WE NEED YOUR HELP—Our school production of 'Bugsy Malone' is in mid-March.

We have a huge cast, and are looking for donations of the following:

- * 30-45 old suits that you've outgrown! / * 30-45 1920s style dresses (or plain shift dresses or slips we can embellish)
- * any 1920s style accessories - hats, pearls, gloves, stoles, ties, bowties, broaches, beads, feathers, bags, etc.

Please don't loan us your precious vintage items or family heirlooms! If there are any family members with sewing skills who are interested in supporting us to alter/embellish any donations - I would love to hear from you. gpimm@langtreeschool.com



[REHEARSAL INFORMATION HERE](#)
[COSTUME INFORMATION HERE](#)

All those involved in Bugsy do need to check the rehearsal schedule weekly as there are likely to be changes and additions.

The next **PSHE session will take place on 19th January** during lesson 1. Students in all years will be taking part: Y7 - Harmonious relationships, Y8 - Smoking & vaping, Y9 - knife crime, Y10 - consent, Y11 - safe driving.

Term Dates 2023—2024: [HERE](#)

Please note that there is an additional bank holiday on May 8th 2023 for the Kings Coronation—updated 2022—2023 Term Dates [HERE](#).

Year 7 Camp—Activities Week July 2023: First letter to parents [HERE](#).

Year 8 French Trip—Activities Week July 2023: First letter to parents [HERE](#).

Year 9—Virtual Parents Evening 2nd February 2023: A letter has been emailed home -a copy can be found [HERE](#)

Year 10 Work Experience—Activities Week—Information letter [HERE](#).

Year 11 GCSE's: Start on May 15th 2023 Summer 2023 contingency dates. The awarding bodies have collectively agreed a contingency day for several years now which is always scheduled at the end of the GCSE, GCE AS and A level exam timetables. The contingency day is in the event of national or significant local disruption to exams in the United Kingdom, being part of the awarding bodies' standard contingency planning for exams. Following the COVID-19 pandemic, further resilience was needed within the exam timetables. A single contingency day was not felt to be sufficient if a national event or incident had a significant effect on the exam timetable. For example, summer exams could be affected by extremely high temperatures. For the June 2023 exams, the awarding bodies have therefore introduced two additional half-day contingency sessions. These are on Thursday 8 June 2023 and Thursday 15 June 2023. The standard contingency day remains at the end of the timetable being scheduled on Wednesday 28 June 2023. **Candidates must remain available until Wednesday 28 June 2023 should examinations need to be rescheduled.**

Help needed with Mock Interviews: for Year 11 students: It is imperative for young people to have the opportunity to learn from career and labour market information, as well as to have encounters with employers and employees. For this reason, we would very much like our Year 11 students to have the experience of mock interviews. We have done this very successfully in the past, and Creativity Day (Thursday 9th February, between 11.20 am and 1.20 pm) will be an ideal opportunity to do this as there will be lots of space in the school to carry out the interviews and to ensure that social distancing is maintained. We would very much like your support with this process; if you feel you are able to help by carrying out mock interviews, or if you know of any employers/employees who might be able to offer us their time and expertise please do contact me. Thank you Susannah Wood swood@langtreeschool.com

Supporting young people who self-harm 30th January 5.30pm. Our CAMhs link worker, Emma Hyde, will be running a virtual parent forum on 30th January at 5.30pm - 6.30pm. The forum will be on Supporting young people who self-harm. This session explores what self-harm is and how it might present in teenagers. It looks at why young people might self-harm and helps to challenge commonly held assumptions. The session includes support around how to talk to your young person, dealing with your own feelings and supporting teenagers with alternative strategies. A link will be sent out to all parents nearer the time.

Langtree PTA have secured a date to run the Art Café in
Whitchurch on Saturday 28 January.

We are looking for home baked cakes, raffle prizes and volunteers to help out on the day, 9:30-11:30 and 11:30-13:30.

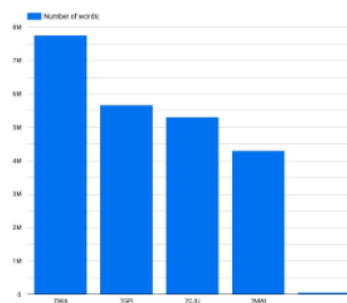
If you cannot help please come and support us by joining us for a cake and a cuppa, open for customers from 10:30-12:30.

Please contact on andreajobert42@gmail.com if you can help.



Word Millionaire News

Number of Words Read in Y7: **23,099,232**



Fantastic work 7MWI, you are less than 1 million words behind CJU now. Will you move into third place by next week?

Number of books read in Year 7: 243

GCSE English Literature revision: Book Club

The following revision resources, available on the Scholastic website, may be of interest or benefit to your child. These are not compulsory, but are offered in response to enquiries from parents and students about additional resources. If you purchase these books through the website Scholastic.co.uk, Langtree Book Club, the books are discounted in price and the school will earn "rewards" (much like a Tesco clubcard or Nectar card!!) with Scholastic. As part of the "book club", you can also have the books delivered to school for free, avoiding the £4.95 P&P charge. The deadline for book club orders is 16/1/22. Books can still be ordered after this date, but the post to school option will not be available. The specific resources that may be of interest are listed below. Please feel free to click on the links, scroll through the pages and then the links to the specific texts to find out more.

- [Study guides for Christmas Carol, Animal Farm, Romeo and Juliet, Poetry \(Love and relationships\)](#) These are currently discounted to £4.49 each
- [Home learning revision cards for Christmas Carol, Animal Farm and Romeo and Juliet](#). These packs of self study quiz cards are currently discounted to £5.24 each
- [Home learning Great Answers booklets for Christmas Carol, Animal Farm and Romeo and Juliet](#). These booklets offering sample essays for students are currently discounted to £4.49 each

Scholastic also offers a free downloadable app linked to these resources. Obviously, there are many texts here, so you may wish to review the resources with your child and discuss which, if any, are best for them. There is no requirement to buy, and please contact the English department if you are not in a position to purchase at present, but would like your child to have the resources. Students could also consider buying a range of resources between them in a group and then sharing with each other to keep costs down. Please note that Year 10 will not study Animal Farm until year 11. I anticipate there will be an opportunity to run this book club again next Autumn. Finally, the website offers [a huge range of books for all ages](#). You are able to order any book as part of this book club, if there are other books you would like to purchase. Thank you. J Holroyd (enquiries: jholroyd@langtreeschool.com)

Illness and school: At the start of a new term we would like to ask parents to remind their children about the importance of good hand hygiene to prevent the spread of infection. Please can you remind your child to regularly wash their hands with soap and water, and also to catch coughs and sneezes in tissues then binning them is another simple way to help stop illness from spreading. It's important to minimise the spread of infection in schools and other education and childcare settings as much as possible. If your child is unwell and has a fever, they should stay home from school until they feel better and the fever has resolved. If your child has diarrhoea and or vomiting they should be kept at home until 48 hours after the last episode of illness. Should your child have a confirmed case of: Chicken Pox / Shingles / Measles / Mumps / Strep A / Scarlet Fever / Whooping Cough / Covid19 - please inform the school by emailing: studentabsence@langtreeschool.com Further information can be found: <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Children’s Mental Health Week—Place2Be have some tips for parents [HERE](#)

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Food Department—Plastic containers/plastic sweet/chocolate containers - if a student has borrowed a container from the food dept and not yet returned it, please can this be returned in the next week. We would also be grateful to receive any Celebration (or other confectionary brand!) containers which are really useful to lend out if a student hasn't brought anything to take their food home in.



Should I keep my child off school?

Yes

	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrc0.de/minfoc>.

Careers Notice

Dear 9 Parents, Is your child worried about choosing their GCSE options? Do you feel unsure and unequipped to help? Your child may need some guidance in helping them decide which options are best for them. Don't worry help is at hand...Attend the FREE Adviza webinar on Wednesday 11th January 6pm-7pm. The webinar will look at the routes into further education and apprenticeships from GCSE options chosen. We will also cover the different combinations of GCSEs that can be chosen, what they entail and where to locate information and resources to support with this.

[LINK](#)

Everything you need to know to start a career in the NHS: the different types of NHS careers, where an NHS career can take you, the benefits and perks, routes in, how to get started

[WE are the NHS](#)

This virtual Access Accountancy Careers Course will take place on 24th January at 17:00 and features a variety of sessions from industry professionals, such as: introduction to accountancy careers, transferable skills session, LinkedIn beginner's workshop and a Q&A session with current accounting Apprentices.

[Registration Link](#)



YOUTH VOLUNTEERING EVENT

16 TO 21 YEAR OLDS IN OXFORDSHIRE

ARE YOU CURRENTLY VOLUNTEERING IN FOOTBALL OR INTERESTED IN GETTING STARTED?

Come join us for a day of coaching and leadership workshops to support you in your journey!

Introduction to Coaching Football Workshop

in partnership with Oxford Brookes University
Sport and Coaching Science Department.

Leadership Workshop

Opportunities in Football



Thursday 16th February 2023



9:30am – 2:30pm



The Oxford Academy School,
Sandy Ln W, Littlemore,
Oxford OX4 6JZ

TO REGISTER YOUR PLACE, COMPLETE THE MICROSOFT FORM. DEADLINE FRIDAY 10TH FEBRUARY 2023.

For more information please contact Oxfordshire FA via Development@Oxfordshirefa.com

Delivered by Oxfordshire FA Youth Leadership Team in partnership with Oxford Brookes University Sport and Coaching Science Department.

TERM 3 CLUBS						
Staff Lead	Department	Club Name	Which year group (s)	Where is the club	Day	Anything else students need to know?
Mr Henderson	Music	Orchestra	Year 7, Year 8, Year 9, Year 10, Year 11	Music Room	Monday Afterschool	Rehearsals end at 4.30 pm
Miss Thorburn	English	Debate Society	Year 9, Year 10, Year 11	Hu5	Tuesday Lunchtime	
Mrs. Lackey (Club run by Anne Wig more from REACH)		Christian Union	Year 7, Year 8, Year 9, Year 10, Year 11	Science 1	Tuesday Lunchtime	Starts on 13th September. Everyone welcome. Sessions alternate every 3 weeks between games, questions and a talk. We will start next week with games and biscuits!
Mrs. Jarvis	History	History Film Club	Year 7, Year 8, Year 9	H2	Tuesday Lunchtime	starting 13th Sept. 1st Film The Horrible Histories Movie
Ms Burman	Student Services	LGBT+	Year 7, Year 8, Year 9, Year 10, Year 11	Hums3	Wednesday Week B Lunchtime	Anyone welcome. The group's aim is to break stereotypes, celebrate identities and explore issues to do with LGBT+ issues.
Miss Smith	English	Debate Society	Year 7, Year 8	Hu5	Wednesday Lunchtime	
Mrs. Jarvis	History	GCSE History Clinic	Year 10 and Year 11	Hu2	Wednesday Lunchtime	For support with GCSE History homework or revision.
Mr Nonweiler		Dungeons & Dragons	Year 7, Year 8, Year 9, Year 10, Year 11	En2 (TBC)	Thursdays After school	3pm to 4pm. No previous experience required. Not on some Thursdays when Mr Nonweiler is running detention. Students will need to "sign up". More information to follow in a tutor time!
Mr Jones	Maths	Chess & Cubing Club	Year 7, Year 8, Year 9, Year 10, Year 11	Ma2	Friday Lunchtime	Chess sets and cubes provided!

SPORTS CLUBS	LUNCH		AFTER SCHOOL	
	BOYS	GIRLS	BOYS	GIRLS
MONDAY	YEAR 7 FOOTBALL ASTRO 1.30-2.00			
TUESDAY	YEAR 9 & 10 BASKETBALL SPORTS HALL 1.30-2.00	YEAR 8 & 9 FOOTBALL ASTRO 1.30-2.00	YEAR 8 & 9 FOOTBALL FIELD	YEAR 8 & 9 FOOTBALL FIXTURES
WEDNESDAY A	YEAR 8 FOOTBALL ASTRO 1.30-2.00 (A)	YEAR 7 FOOTBALL SPORTS HALL 1.30-2.00	YEAR 10 FOOTBALL FIELD	YEAR 10 & 11 FOOTBALL FIXTURES
WEDNESDAY B	YEAR 9 FOOTBALL ASTRO 1.30-2.00 (B)		A AND B WEEK RUNNING CLUB - WITH MR SUBBURY FIELD 3-4.00PM	YEAR 11 FOOTBALL FIELD
THURSDAY	GCSE PE THEORY CLINIC SCIENCE 1	YEAR 10 & 11 FOOTBALL ASTRO 1.30-2.00	YEAR 7 FOOTBALL FIELD 3-4.15	YEAR 7 FOOTBALL FIXTURES
FRIDAY A	YEAR 11 FOOTBALL ASTRO 1.30-2.00			
FRIDAY B	YEAR 10 FOOTBALL ASTRO 1.30-2.00			

LUNCHTIME AND AFTERSCHOOL CLUBS JANUARY-FEBRUARY 2023 - SEE ABOVE FOR TIMES

PUPILS OF ANY ABILITY ARE WELCOME TO ALL CLUBS.

COURTYARD TABLE TENNIS

(OUTSIDE BOYS CHANGING ROOMS)

MONDAY - YEAR 7

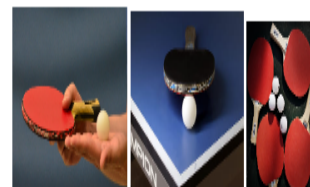
TUESDAY - YEAR 8

WEDNESDAY - YEAR 9

THURSDAY - YEAR 10

FRIDAY - YEAR 11

WILL RUN FROM 1.30-2.00 EACH LUNCHTIME
BATS AND BALLS AVAILABLE FROM SPORTS AMBASSADOR ON DUTY
ALL BATS AND BALLS TO BE RETURNED AT THE END OF PLAY.



Well Being Provision at Langtree						
Implementation	7	8	9		10	11
All	Transition		Transition			Transition
All	Assemblies and tutor activities Topics covered in assemblies and tutor activities follow 6 steps to wellbeing: 1. Be Active... Go for a walk or run. Step outside. ... 2. Keep Learning ... Try something new. Rediscover an old interest. ... 3. Give ... Do something nice for a friend, or a stranger. Thank someone. ... 4. Connect ... With the people around you. ... 5. Take Notice ... Be curious. ... 6. Care For The Planet ... look after your community and the world.					
All	6 discreet lessons PSHE/RSE Taught in curriculum Link to the policy					
All Year 7s	Student Leaders mentoring sessions					
All	Extra Curricular	Langtree Challenge	Reflections on progress	Sponsored walk	Creativity days	Activity Week
All	Have a Student PSHE/RSE google classroom Have a Student Report a concern page that they can use Resources on the Student Tab for wellbeing					
Targeted Groups	Attendance group	Friendship group	Managing anxiety Group	Young Carers	Resilience Group	Exam support
Individual work	<ul style="list-style-type: none"> Report to tutor, HOY, SLT CAMHs referral Bereavement : Seesaw (parents need to refer) Nomad: mentoring service ELSA support 1 to 1 interviews with PP students in 7&8 Peer mentor - Year 11 students mentor younger years School nurse Early Help Assessment (EHA) work with family: Oxford County Council 					
Parental support	Financial advice: https://www.citizensadvice.org.uk/debt-and-money/getting-financial-advice/ Advice regarding housing Food Banks: Wallingford Helping you help your child: <ul style="list-style-type: none"> Advice for parents regarding online parental controls: if in doubt, call the NSPCC's trained helpline counselors on 0808 800 5000 https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/ Supporting well being: https://www.youngminds.org.uk/parent/ Online pornography: how to keep your child safe Online sexual harassment: pornography, editing photos and body image, sharing nudes, peer pressure, sexualised bullying Coping with self - harm: A guide for parents and carers Information about drugs National Domestic Abuse Helpline: 0800 2000 247 Recognising domestic abuse: NSPCC website The school will host two virtual sessions by Child and Adolescent Mental Health services (CAMHs) <ul style="list-style-type: none"> Parent forum on 30th January on supporting children who self harm 					
Road Safety:	Parents and students must read and agree to the following Cycling to School rules: 1. All bicycles must be roadworthy and appropriate for the age of the student in terms of frame size and seat height. All bikes must have brakes that work safely. 2. Students must wear a helmet to cycle to and from school and this helmet must be visible to school staff when students enter the school site. Helmets must be stored in lockers during the school day. 3. When students leave the Reading Road, they must dismount their bike and walk the bike to the cycle storage areas. 4. During the winter months when cycling to and from school in the dark, parents will ensure that students wear reflective clothing and that all bikes have front and rear lights. 5. All students will cycle in a safe manner and take into account pedestrians and other school children. 6. All students will refrain from listening to music through earphones whilst cycling to school.					



The Oratory ECO
Recycling Scheme Continues!

oratory.co.uk

Put your old IT to good use!

Do you have a laptop, tablet or phone that you no longer use?

We would love to give it a new home!

The Oratory ECO Recycling project supported by Langtree School has teamed up with SOFEA, a Didcot based charity to support 'Getting Oxfordshire Online' to help tackle the digital divide and help get everyone online across Oxfordshire.

The previous recycling initiative 'Laptops to schools' managed to distribute 140+ Laptops to 3 Secondary Schools and 11 Primary Schools in Oxfordshire and Berkshire, including Langtree School.

How does it work?

Mr Lennartsson and Langtree School would be delighted with donations of laptops up to around 10 years old and phones and tablets up to 6 years old. Please get in touch if you are not sure if your device will be suitable.

The devices will be securely wiped, upgraded to run the latest possible software and minor faults can be fixed.

When ready the devices will be passed on to SOFEA in Didcot. SOFEA will then distribute the devices to local charities and community groups involved in 'Getting Oxfordshire Online'.

SOFEA and 'Getting Oxfordshire Online' can be found on:
www.sofea.uk.com and www.gettingoxfordshireonline.org

Please note that tablets and mobiles need to be removed from any Google or Apple accounts to be of any use!

FOR MORE INFORMATION

Email: office@langtreeschool.com or eco.recycling@oratory.co.uk

Your device can be handed in to Langtree School, The Oratory School reception or direct to Mr Lennartsson

Henley Rowing Club



Junior Learn to Row Course



Boys and Girls 11 – 16 years
6-week term with 2 Sessions per week
Tuesdays or Thursdays 4.30 - 6pm & Sunday 1-2.30pm or 2:30-4:00pm

Term 1 - 14th February – Sunday 26th March

£275 per person per term
Complete Terms 1 & 2 for a 50% discount for Term 3

Contact: LTR@henleyrowing.club
www.henleyrowingclub.co.uk/junior-learn-to-row
Grants are available to low-income families
Adult Courses are also available

The PTA are signed up to receive donations from Amazon. You can do this by shopping at smile.amazon.co.uk. You can login using your existing Amazon account – just make sure you select

Langtree School Association

as your chosen charity. If you shop with Amazon via their app you can also enable Smile on the app. Open the app and find 'Settings' in the main menu (☐). Tap on 'AmazonSmile' and follow the instructions to activate it.



LIVING WELLwith **NEURODIVERSITY**

NHS
Oxford Health
NHS Foundation Trust

A new support service 
from Oxfordshire CAMHS in collaboration with Autism Oxford UK Limited

Is YOUR family open to/
involved with CAMHS
NDC services?
Are YOU a parent/carer
of a young person
awaiting an assessment?



FREE ONLINE COURSES FOR YOU!



- The virtual sessions will be held in the evenings as an informal space for parents/carers to safely share their experiences/tips.
- It will be facilitated by professionals who will cover the basics of ADHD/Autism and much more!

Scan the QR code to access the events and resources!



If you have any questions, please email us on youngpeoplesupport@autismoxford.org.uk

Working together to deliver the best for our communities, our people & the environment

MISSION

VISION

Outstanding care by an outstanding team

| Caring | Safe | Excellent | VALUES

School Health Nurse: Langtree School

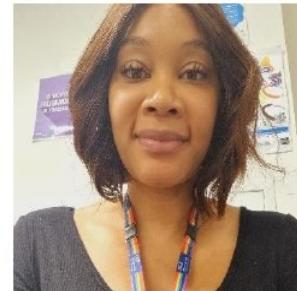
Your Development School Health Nurse is: Nyesha Lowe

You can contact me for an appointment on 07786 735 788 or drop in to see me in my office.

I am available every Wednesday at Lunchtime for drop-ins. I am also in on the following days:

Week A: Monday, Tuesday, Wednesday

Week B: Monday, Tuesday, Wednesday and Friday



About me

I am a qualified Nurse who has had several years' experience working with children and young people with various health conditions. I have over 10 years' experience working within the NHS in various roles.

Role

Secondary schools within Oxfordshire have a named NHS School Health Nurse who is based in the school. The aim of the School Health Nurse is to offer evidence based preventative health care for children and young people. We strive to improve young people's health and wellbeing and their life chances. I will work closely with teaching and student support staff at encouraging students to be both physically and emotionally healthy in order to make informed healthy lifestyle choices and reach their full potential.

What we do

School Nurses provide public health interventions.

Including (but not exclusive to):

Someone to talk to confidentially to address issues concerning emotional, physical, sexual, and social health and wellbeing

- Immunisations
- Health lifestyle choices (keeping safe, smoking cessation, substance misuse advice)
- Support teachers with PSHE
- Refer and signpost to specialist services
- Offer a confidential School Nurse drop-in
- Provide contraception, pregnancy testing and sexual health screening.

If we cannot help, we will find someone who can.

How can you access the School Nurse?

Young people can pop into the School Nurse office at drop in's (alone or with a friend)

Speak to your tutor or student support to help with referral

Self-refer by drop in or using phone number to text

Confidentiality

The School Nursing service is confidential. This means we can discuss personal information with young people in confidence and will not discuss it with anyone else without their permission. However, we would pass on any information that we feel is needed to protect a young person or someone else from serious harm. Whenever possible this would be discussed with the young person first.

Contact details:

Monday-Friday 09.00 – 15.00

Tel: Mobile: 07786735788

Email: nyesha.lowe@oxfordhealth.nhs.uk or Schoolnurse@langtreeschool.com

School Nurse Website: www.oxfordhealth.nhs.uk