

Langtree School

Your Development School Health Nurse is: Nyesha Lowe



You can contact me for an appointment on 07786 735 788 or drop in to see me in my office. I am available every Wednesday at Lunchtime for drop-ins. I am also in on the following days:

Week A: Monday, Tuesday, Wednesday

Week B: Monday, Tuesday, Wednesday and Friday

About me

I am a qualified Nurse who has had several years' experience working with children and young people with various health conditions. I have over 10 years' experience working within the NHS in various roles.

Role

Secondary schools within Oxfordshire have a named NHS School Health Nurse who is based in the school. The aim of the School Health Nurse is to offer evidence based preventative health care for children and young people. We strive to improve young people's health and wellbeing and their life chances. I will work closely with teaching and student support staff at encouraging students to be both physically and emotionally healthy in order to make informed healthy lifestyle choices and reach their full potential.

What we do

School Nurses provide public health interventions.

Including (but not exclusive to):

Someone to talk to confidentially to address issues concerning emotional, physical, sexual, and social health and wellbeing

- Immunisations
- Health lifestyle choices (keeping safe, smoking cessation, substance misuse advice)
- Support teachers with PSHE
- Refer and signpost to specialist services
- Offer a confidential School Nurse drop-in
- Provide contraception, pregnancy testing and sexual health screening.

If we cannot help, we will find someone who can.

How can you access the School Nurse?

Young people can pop into the School Nurse office at drop in's (alone or with a friend)

Speak to your tutor or student support to help with referral

Self-refer by drop in or using phone number to text

Confidentiality

The School Nursing service is confidential. This means we can discuss personal information with young people in confidence and will not discuss it with anyone else without their permission. However, we would pass on any information that we feel is needed to protect a young person or someone else from serious harm. Whenever possible this would be discussed with the young person first.

Contact details:

Monday-Friday 09.00 – 15.00

Tel: Mobile: 07786735788

Email: nyesha.lowe@oxfordhealth.nhs.uk or Schoolnurse@langtreeschool.com

School Nurse Website: www.oxfordhealth.nhs.uk