

# Weekly Bulletin 8th September 2022

Week Commencing  
Monday  
5th September 2022

# B

## Transport to School—BUSES INFORMATION:

Oxfordshire School Transport information and timetables can be found [HERE](#).  
Public Buses: Thames Travel Timetables can be found [HERE](#).  
Public Buses: Thames Travel BB3 Timetable can be found [HERE](#).

Weekly Bulletin and Letters: <https://www.langtreeschool.com/letters/>

If you have any safeguarding concerns regarding a child please contact: Ms Burman, Deputy Head Teacher and Designated Safeguarding Lead [sburman@langtreeschool.com](mailto:sburman@langtreeschool.com)  
Ms Wood, SENCo and Deputy Safeguarding Lead [swood@langtreeschool.com](mailto:swood@langtreeschool.com) Mrs Belcher, Head of Year 7 & 8, and Deputy Safeguarding Lead [bbelcher@langtreeschool.com](mailto:bbelcher@langtreeschool.com)  
For further information on Safeguarding please read our Safeguarding Policy in the school website



During tutor time this morning all students had an opportunity to reflect on the long life and service of Queen Elizabeth II.

If any students or staff would like to write a message of support to the Royal Family there is a "Book of Condolence" in the School Hall. This can be written in directly or messages can be written and added to the book. If you have a message you would like added to the book, rather than writing in it directly please bring it to Mr Bamford's office.

**School Calendar 2022—2023:** This has been updated with the remaining inset day dates. The new calendar can be found on Page 6 or <https://www.langtreeschool.com/parents-calendar/>

**All Years:** Clubs information can be found on Page 5

**Year 9 History—Front Line Living History Workshop:** [HERE](#) A copy was emailed home earlier in the week.

**Year 10 History—Front Line Living History Workshop:** [HERE](#) A copy was emailed home earlier in the week.

**Year 11 History—Front Line Living History Workshop:** [HERE](#) A copy was emailed home earlier in the week.

**Year 10 Off Site Permission:** Please could parents complete this [FORM](#) if you have not already done so please complete the off site permission letter. No Y10's will be able to go off site until these have been returned by the whole year group—there is an option to refuse permission.

**English Department:** Have put together some reading list.....Dive into a good book on page 4

**Music Department:** Start dates—Orchestra Monday 12th September, after school. Junior Choir Thursday 15th September, lunchtime. Senior choir will start on Wednesday 21st September, afterschool.

**Aspens—School Canteen:** A current menu is available [HERE](#).

**London to Brighton Charity Ride:** Miss Painter is riding from London to Brighton on the 11th September 2022 to raise some money for an amazing charity close to my family. The charity is called Wyfold riding for the disabled. They aim to help disabled children and young adults with their physical and social skills through the art of horse riding. My mum (and I during the holidays) have been volunteering with this charity for over 20 years so it is super important to our family. If anyone would like to make a small donation I would be very grateful.

<https://www.justgiving.com/fundraising/jessica-painter1>



**Vacancies at Langtree School:** We are looking for a Pastoral Assistant (maternity cover) and Teaching Assistants, full details and an application form can be found: <https://www.langtreeschool.com/vacancies/>

**PTA—Save the Dates:** The PTA are pleased to invite you to our FACE TO FACE meeting on **Tuesday 20th Sept, 7.30pm** at The Perch and Pike. (The Street, South Stoke, RG8 0JS) Everyone is welcome. Come along to hear what's going on, find out what we're planning for the future and have your say. If you have any questions before or after the meeting, please don't hesitate to get in touch, email us on [pta-chair@langtreeschool.com](mailto:pta-chair@langtreeschool.com) **This is your PTA and we need more parents involved to ensure we can continue supporting the school in the next academic year. We would love to hear from you to let us know you are interested in joining the PTA committee in any capacity.** If you would like your email address to be added to the PTA contact list, please email Gillian McCoy on [pta-secretary@langtreeschool.com](mailto:pta-secretary@langtreeschool.com) Vicky Weller and Helen Scurr Co-Chairs of the PTA.

**LOVE OUR LANGTREE 3** Following on from the success of the first two Love Our Langtree days, the PTA will be holding **LOVE OUR LANGTREE 3 on Sat 1st Oct, 2.30 - 5pm.** So please come along and help to keep the outside space of Langtree looking clean, tidy, friendly and welcoming for all. Watch this space for further details.

## PTA Fun Family Rounders

Sat 17<sup>th</sup> Sept, 2.00pm – 4.00pm

Langtree School Field

Join in and have some fun,

Make new friends.

All the family welcome.

Email by Thurs 15<sup>th</sup> Sept

[pta-chair@langtreeschool.com](mailto:pta-chair@langtreeschool.com)

to let us know you're coming.

Sorry, no dogs allowed on site.

Students have made a great start to the new year. Please see below some of our rules and expectations. For further details, please see our website. Ms Burman—Deputy Headteacher.

### **Student Handbook**

Please see a copy of the student handbook which has been given to all students: [HERE](#). I want to draw your attention to pages 10, 11 and 12. If your child has been given a detention, they are expected to write it in their handbook on page 10. They should show you the handbook so that you are aware of the detention. Similarly, pages 11 and 12 are to record any equipment that is missing. Please look at these pages periodically so that we are all aware of any issues that are arising. If there are any problems with equipment, please do not hesitate to contact your child's Head of Year.

Mrs Belcher - Year 7 & 8

Ms Godfrey - Year 9

Ms Phipps - Year 10

Mr Sinnamon - Year 11

### **Punctuality Matters**

Please ensure your child arrives in school before 8.40am - ideally at 8.30 am. Tutor time starts promptly at 8.40am. We will endeavour to email you when your child is late to school and persistent offenders will receive a Senior Leader Detention. We will email parents when students are late to lessons and we are very grateful for the support parents give us to ensure that this is rectified. Visitors to the school often remark on our calm and purposeful atmosphere and we want to maintain this high standard.

### **Attendance**

The past couple of years have been very turbulent - understandably. Our attendance for last academic year was 92% . Our attendance target for this year is 96%.

We would appreciate your cooperation in refraining from taking your child out of school in order to avoid disruption to their learning. We do understand that medical appointments cannot always be arranged outside of school hours; however, we do expect all reasonable attempts to be made for your child to attend school before and / or after the appointment.

If your child's attendance is below 90% - they are considered to be a persistent absentee by the local education authority and this will have a detrimental effect on their learning. Students with low attendance will be closely monitored by the pastoral team.

Holidays taken in term time will not be authorised (unless the circumstances are exceptional). Any unauthorised holidays may incur a fixed penalty fine.

Please note absences can only be authorised by Ms Burman, Deputy Headteacher - all request for absences or notification of absence must be emailed to [studentabsence@langtreeschool.com](mailto:studentabsence@langtreeschool.com)

Mobile phones

Please remind your child that students are not allowed to use their mobile phones without a teacher's permission when they are in the school building.

### **Jewellery**

This is a polite reminder that students are allowed to wear one small plain stud, gold or silver, in each ear. They are permitted to the stud either in their ear lobe or helix. No hoops, transparencies etc are allowed. We do not allow any plasters to cover non regulation jewellery. Students will be asked to remove any non regulation jewellery and items will be kept in the school office. Parents can collect items, otherwise students can collect any items on a Friday at the end of the school day.

### **Relationship and Sex Education (RSE policy)**

Please see the [RSE draft policy](#). If you have any comments about the lessons, please do contact Ms Morel on [emo-rel@langtreeschool.com](mailto:emo-rel@langtreeschool.com).

Students and parents are encouraged to read the policy each year for consultation. Consultation period ends September 23rd 2022.

### **Student Health**

Please be aware that there has been a rise in cases of nerve damage linked to the use of nitrous oxide, commonly known as NOs.

'Experts say that as the use of the drug has risen so too have cases of spinal cord and nerve damage, including paralysis' (Guardian 30th Aug 2022)

While it is illegal in the UK to supply nitrous oxide for human consumption or to sell it to children, it is not illegal to possess the drug. Users often buy small silver canisters of the gas – known as whippits because of their original purpose as whipped cream chargers – and inhale it from a balloon. The rise in medical cases is due in part to the NOs now being available in larger canisters - users are inhaling more gas and therefore experiencing greater effects - including the negative ones.

### **Wellbeing**

Please see the next page for the Wellbeing provision at Langtree School



## Well Being Provision at Langtree

Implementation	7	8	9	10	11	
All	Transition		Transition		Transition	
All	Assemblies and tutor activities Topics covered in assemblies and tutor activities follow 6 steps to wellbeing: 1. Be Active... Go for a walk or run. Step outside. ... 2. Keep Learning ... Try something new. Rediscover an old interest. ... 3. Give ... Do something nice for a friend, or a stranger. Thank someone. ... 4. Connect ... With the people around you. ... 5. Take Notice ... Be curious. ... 6. Care For The Planet ... look after your community and the world.					
All	6 discreet lessons PSHE/RSE Taught in curriculum Link to the policy					
All Year 7s	Student Leaders mentoring sessions					
All	Extra Curricular	Langtree Challenge	Reflections on progress	Sponsored walk	Creativity days	Activity Week
All	Have a Student PSHE/RSE google classroom Have a Student Report a concern page that they can use Resources on the Student Tab for wellbeing					
Targeted Groups	Attendance group	Friendship group	Managing anxiety Group	Young Carers	Resilience Group	Exam support
Individual work	<ul style="list-style-type: none"> <li>- Report to tutor, HOY, SLT</li> <li>- CAMHs referral</li> <li>- Bereavement : <a href="#">Seasaw</a> (parents need to refer)</li> <li>- Nomad: mentoring service</li> <li>- ELSA support</li> <li>- 1 to 1 interviews with PP students in 7&amp;8</li> <li>- Peer mentor - Year 11 students mentor younger years</li> <li>- School nurse</li> <li>- Early Help Assessment (EHA) work with family: Oxford County Council</li> </ul>					
Parental support	Financial advice: <a href="https://www.citizensadvice.org.uk/debt-and-money/getting-financial-advice/">https://www.citizensadvice.org.uk/debt-and-money/getting-financial-advice/</a>  Helping you help your child: <a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/</a> <a href="https://www.youngminds.org.uk/parent/">https://www.youngminds.org.uk/parent/</a> <a href="#">Online pornography: how to keep your child safe</a> <a href="#">Online sexual harassment: how to talk to your child</a> <a href="#">Coping with Self harm: a guide for carers and parents</a> <a href="#">Information about drugs</a> National Domestic Abuse Helpline: 0800 2000 247 <a href="#">Recognising domestic abuse: NSPCC website</a> <a href="#">Advice regarding housing:</a>  The school will host two virtual sessions by Child and Adolescent Mental Health services (CAMHs) <ul style="list-style-type: none"> <li>- A parent forum on <b>26th September</b> for supporting children who are anxious</li> <li>- Parent sorum on <b>30th January</b> on supporting children who self harm</li> </ul> Links will be published for next week for the 26th September.					

# Dive into a good book



Here are some suggestions for great books to jump into.

[Year 7 Must Reads](#)

[KS3 Recommended Reading List](#)

[Brilliant Books for KS4](#)

**Students:** please download the Woodcote Library app onto your phone to help you manage your library account.

## COURTYARD TABLE TENNIS

(OUTSIDE BOYS CHANGING ROOMS)

MONDAY - YEAR 7

TUESDAY - YEAR 8



**Bake Off to raise money for  
MacMillan Cancer research**

**Bake a cake to represent an  
European country**

**Sign up in room La2 by Friday 23rd**



**Cake will be sold for  
50p a slice during Thursday  
29th in the canteen!**



**Come have a look at  
their beautiful  
creations. There will  
be a prize for the  
winners.**

**TERM 1 CLUBS**

Staff Lead	Department	Club Name	Which year group (s)	Where is the club held	Day	Anything else students need to know?
Mr Henderson	Music	Orchestra	Year 7, Year 8, Year 9, Year 10, Year 11	Music Room	Monday Afterschool	Rehearsals end at 4.30 pm
Miss Thorburn	English	Debate Society	Year 9, Year 10, Year 11	En2	Tuesday Lunchtime	
Mrs Lackey (Club run by Anne Wigmore from REACH)		Christian Union	Year 7, Year 8, Year 9, Year 10, Year 11	Science 1	Tuesday Lunchtime	Starts on 13th September. Everyone welcome. Sessions alternate every 3 weeks between games, questions and a talk. We will start next week with games and biscuits!
Mrs Jarvis	History	History Film Club	Year 7, Year 8, Year 9	H2	Tuesday Lunchtime	starting 13th Sept. 1st Film The Horrible Histories Movie
Mrs Pimm	Drama	KS3 Drama Club	Year 7, Year 8, Year 9	Main Hall	Tuesday After School	3.05-4.15pm weekly from 13th September, through Term 1
Ms Burman	Student Services	LGBT+	Year 7, Year 8, Year 9, Year 10, Year 11	Hums3	Wednesday Week B Lunchtime	Anyone welcome. The group's aim is to break stereotypes, celebrate identities and explore issues to do with LGBT+ issues.
Miss Thorburn	English	Debate Society	Year 7, Year 8	En2	Wednesday Lunchtime	
Mr Henderson	Music	Senior Choir	Year 9, Year 10, Year 11	Music Room	Wednesday After School	Ends at 4.30 pm
Mr Henderson	Music	Junior Choir	Year 7, Year 8	Music Room	Thursday Lunchtime	Students should come straight to the music room and eat their lunch in the music room.
Mr Nonweiler		Dungeons & Dragons	Year 7, Year 8, Year 9, Year 10, Year 11	En2 (TBC)	Thursdays After school	3pm to 4pm. No previous experience required. Not on some Thursdays when Mr Nonweiler is running detention. Students will need to "sign up". More information to follow in a tutor time!
Mr Jones	Maths	Chess & Cubing Club	Year 7, Year 8, Year 9, Year 10, Year 11	Ma2	Friday Lunchtime	Chess sets and cubes provided!

**SPORTS CLUBS TERM 1**

Students of any ability are welcome at all clubs	LUNCH		AFTER SCHOOL	
	BOYS	GIRLS	BOYS	GIRLS
MONDAY	GCSE BADMINTON SPORTS HALL 1.30-2.00		KS4 + GCSE BADMINTON SPORTS HALL 3.00-4.00	
TUESDAY	YEAR 7 FOOTBALL ASTRO	YEAR 8 & 9 FOOTBALL ASTRO 1.30-2.00	YEARS 8 & 9 RUGBY MATCHES & TRAINING	YEAR 8 & 9 HOCKEY ASTRO
WEDNESDAY A	YEAR 8 FOOTBALL ASTRO	YEAR 7 FOOTBALL SPORTS HALL 1.30-2.00	YEAR 10 & 11 RUGBY TRAINING AND	YEAR 7 HOCKEY MATCHES AND TRAINING
WEDNESDAY B	YEAR 9 FOOTBALL ASTRO		TRAINING UNLESS FIXTURES	
WEDNESDAY			RUNNING CLUB - WITH MR SUDBURY FIELD 3-4.00PM	
THURSDAY	GCSE PE THEORY CLINIC YEAR 10 - A WEEK	YEAR 10 & 11 FOOTBALL ASTRO 1.30-2.00	YEAR 7 RUGBY MATCHES AND TRAINING SOUTH OXON	YEAR 10 & 11 ASTRO
FRIDAY A	YEAR 11 FOOTBALL ASTRO 1.30-2.00			
FRIDAY B	YEAR 10 FOOTBALL ASTRO 1.30-2.00			

<b>Thursday 1st September</b>	<b>Inset Day</b>
Friday 2nd September	Start of Term 1 for Year 7 students - Induction Day
Monday 5th September	Start of Term 1 for all other students.
Thursday 22nd September	OPEN EVENING - half day for student's, school ends at 1.20pm
Friday 23rd September	SPONSORED WALK
Friday 30th September	INSET DAY
Monday 3rd October	INSET DAY
Friday 21st October	End of Term 1
<b>October Break – Monday 24th October – Friday 28th October 2022</b>	
Monday 31st October	Start of Term 2
21st November to 2nd December	Year 11 Mock Exams
Monday 5th December	INSET DAY
Friday 16th December	End of Term 2 (Half Day)
<b>Christmas Holiday – Monday 19th December 2022 – Monday 2nd January 2023</b>	
Tuesday 3rd January	Start of Term 3
Thursday 9th February	End of Term 3
Friday 10th February	INSET DAY
<b>February Break – Monday 13th February – Friday 17th February 2023</b>	
Monday 20th February	Start of Term 4
Friday 31st March	End of Term 4
<b>Easter Holiday – Monday 3rd April – Friday 14th April 2023</b>	
Monday 17th April	Start of Term 5
Monday 1st May	May Day Bank Holiday
Friday 26th May	End of Term 5
<b>May Holiday – Monday 29th May – Friday 2nd June 2023</b>	
Monday 5th June	Start of Term 6
Friday 23rd June	INSET DAY
Friday 21st July	End of Term 6 (Half Day)



## WE ARE HIRING!

Aspens Services is currently recruiting for a General Assistant for maternity cover to join our friendly team at Langtree School.

If you would like further information, please get in touch to arrange a chat.

**CONTACT AMANDA AT**  
[LANGTREE.SCHOOL@ASPENS-SERVICES.COM](mailto:LANGTREE.SCHOOL@ASPENS-SERVICES.COM)

# SCHOOL FOOD

WHAT TO EXPECT WHEN YOU  
DINE WITH US

**Aspens**

## FOOD FOR THE FUTURE

Research increasingly demonstrates the need for good nutrition across all age groups and we know a balanced diet reduces the number of nutrition-related illnesses in young people. We play an important role in promoting a well-balanced diet and setting students on the right track for later life.

### FREE SCHOOL MEALS

You may be entitled to them.

Check out this website:

[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

We are one team with the same goal – to provide a great catering service to our customers and we love what we do!

We are committed to quality and our approach to food sourcing focuses on sustainability, seasonality and provenance.

Our menus are exciting and innovative, reflecting the very latest UK and international eating trends but with a real focus on health and wellbeing. Our menus adhere to the school food-based standards to make sure students are fuelled and hydrated for learning.

### Allergens and Special Diets

We cater for different requirements so that all customers can enjoy a tasty meal with us every day. For pre-packaged food, our labelling processes have been reviewed to give ingredients and allergen information in accordance with Natasha's Law. We continue encourage customers to talk to us so we can work together to provide meals that are safe to eat.

### Food Trends - What's hot and What's Not!

Attitudes and expectations around food are increasingly influenced by the high street and as we now eat a much wider variety of food than ever before - we make sure we are on trend!

We keep taste buds excited with our great Flavours of the Month themes and specials!

### Vegan and Free-From.

Vegan and free-from ingredients are key to our recipe development and we love to tempt our customers with more and more opportunities to try alternative dishes.

We have a great range of Plant Power options as part of our menu cycle as well as our pop up special days.



EMAIL [INFO@ASPENS-SERVICES.COM](mailto:INFO@ASPENS-SERVICES.COM)  
WEB [ASPENS-SERVICES.COM](http://ASPENS-SERVICES.COM)



# SAMPLE MENU

DISHES MAY VARY

# DEALS

Autumn / Winter 2022 / 23  
12/9, 3/10, 24/10, 14/11,  
5/12, 26/12, 16/1, 6/2

## What's On The Menu?

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Backlog British	THURSDAY Food Festival	FRIDAY Fun Day
	Meat Free Monday! Choose either our tasty Margherita Pizza or our Veggie Supreme	Classic Beef Burger In a Bun with Oven Baked Wedges & Garden Peas	Roasted Gammon Joint Crispy Roasties, Fresh Veggies & Gravy	Not So Spicy Chicken Tikka Masala Wholegrain Rice, Carrots & Peas	Golden Fish Fingers (MSC) Palook, Chips & Baked Beans
	Served with Pasta Salad	Super Veggie Burger In a Bun with Oven Baked Wedges & Garden Peas	Veggie Sausage & Root Veg Traybake Crispy Roasties, Fresh Veggies & Gravy	Creamy Vegetable Korma With Wholegrain Rice, Carrots & Peas	Vegetable Fingers Chips & Baked Beans
	Hot Tomato Pasta With or without Grated Cheese on top				
	Crispy Skin Jacket Potatoes Choice of Tasty Toppings				
	Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit				
	Italian Sticky Orange Poleenta Cake	Waffle Sponge Cake	Ice Cream Tub	Apple Sponge Cake	Crunchy Vanilla Cookie

**FOOD FESTIVAL** By Aspens

AVAILABLE EVERY DAY

Week Two

Our promotions are created to give our customers the opportunity to try new products, demonstrate value for money, increase loyalty and encourage use of the service at different times of the day. We offer rewards such as discounted prices, free fruit, treats, drinks or money off vouchers.

We also hold a range of theme days to keep the menu exciting!



## EXCITING FOOD OFFERS

### STREATERIES

Streateries is our secondary meal offer where every day has a theme. Featuring Global cuisines, customised offers and food on the move, we are bang up to date with the current trends whilst still ensuring that there is a place on the menu for the comfort of our familiar school dining hall favourites. Each day the menu includes as standard a street food dish, a hand held version, vegetarian/vegan choices along with a selection of sides.

### DELIKITCHEN

Our Deli Kitchen brand is for the popular standard Aspens hot and cold offers. This can range from Authentic Italian pizza and pasta, Hacienda Mexicana's burritos, rice pots and sides and Voulez Poulet's house rub chicken, dogs and sides through to our range of healthy sandwiches, paninis, wraps, jacket potatoes, salads, fruit and cold dessert pots.



Sustainability is one of our core values - we recognise that our activities can affect the environment and so we do what we can to minimise our impact. We believe that lots of small changes can add up to make a big difference and so we have a multi-faceted approach including:

- using environmentally friendly cleaning chemicals and disposables wherever possible across all our sites.
- phasing out single use plastics and giving preference to products made of recycled materials.
- reducing food miles and carbon output by selecting local suppliers wherever possible.
- conscious consumption - providing low impact food choices such as plant based proteins, seasonal fruit and vegetables and zero waste recipes



# Your School Nursing Service

Someone you know and can trust...

Your School Nursing Service can work both in and out of School to help provide or find you support about:

**Keeping Healthy**

**Immunisations**

**Emotional Health**

**Weight Management**

**Sexual Health**

**Drugs and Alcohol**

**Smoking**

We can also help make sure that young people with disabilities, long term illness, or other needs can receive extra support when they need it. If we can't provide the help ourselves, we will connect you with someone who can.

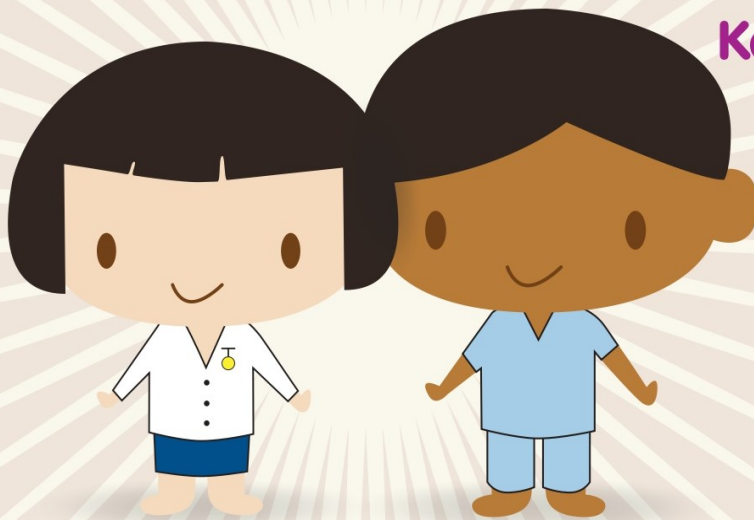
**When and Where can I Access my School Nursing Service?**

Your School Health Nurse is Jody Coleman. Jody will be in school Friday afternoons only.

If you would like to see Jody, please attend Drop In on a Friday lunchtime

Email: [lisa.clayden@oxfordhealth.nhs.uk](mailto:lisa.clayden@oxfordhealth.nhs.uk)

Text ChatHealth on: 07312 263084



## Confidential

We provide a confidential service. This means that you can discuss personal information in confidence. We will not discuss your personal information with anyone else without your permission. This includes parents and teachers. We would only pass on your information in order to protect you or someone else from serious harm. Whenever possible we would discuss this with you first.

## Qualified

School Nurses or Specialist Community Public Health Nurses are qualified nurses or midwives with specific graduate level education, and work with a team to support you.

## Non Judgemental

We are here to help, not to judge.