You don't stop playing games because you get old.

OD and

Save the date....

Tuesday 5th July 2022

Wednesday 6th July 2022

Thursday 7th July 2022

Tickets will go on sale after half term

How would you fly?

Weekly Bulletin 13th May 2022

WEEK COMMENCING **Monday** 16th May 2022 will be WEEK:

Transport to School—BUSES INFORMATION:Oxfordshire School Transport information and timetables can be found <u>HERE</u>. Public Buses: Thames travel Timetables can be found Public Buses: Thames Travel BB3 Timetable can be found HERE.

The Weekly Bulletin and letters can be found on the website: https://www.langtreeschool.com/

If you have any safeguarding concerns regarding a child please contact: Ms Burman, Deputy Head Teacher and Designated Safeguarding Lead sburman@langtreeschool.com Ms Wood, SENCo and Deputy Safeguarding Lead swood@langtreeschool.com Mrs Belcher, Head of Year 7 & 8, and Deputy Safeguarding Lead bbelcher@langtreeschool.com For further information on Safeguarding please read our Safeguarding Policy in the school website

Year 11: GCSE's start on Monday - A copy of the timetable can be found **HERE.**

Year 8—Human Careers Library: On Thursday 16th June, 9.00am to 1.20pm, we are holding a Human Careers Library. The aim of the event is to introduce different careers to Year 8 with representatives from a range of careers and apprenticeships present to answer questions from students. 'Career books' (the representatives) will sit at tables in the hall and students will rotate round the tables, spending 10 minutes on each table. The 'books' might bring a prop relating to their work to help spark questions, and there will also be a list of prompt questions on the table for the students to ask. If you are able to support the event, or part of the event, by being a 'book' (there will be 4 x 1 hour sessions: 9.00am - 10.00am, 10.00am - 11.00am, 11.20am - 12.20pm and 12.20pm to 1.20pm), then please do let me know. Your support is very much appreciated. Please contact Susannah Wood—Careers Lead: swood@langtreeschool.com

Year 8 Isle of Wight Trip: Letter with further information, medical form and date for parent information evening HERE.

Years 7, 8 and 9 —The Big Plastic Count: Students have been information about The Big Plastic Count during tutor time today. Please read this **LETTER** from Mrs Brockwell. Additional information can be found through these web links:

https://thebigplasticcount.com/media/BPC-ID-Sheet.pdf)

https://thebigplasticcount.com/media/The-Big-Plastic-Count-Top-Tips-Poster.pdf

https://thebigplasticcount.com/media/The-Big-Plastic-Count-Tally-Sheet.pdf

https://www.youtube.com/watch?v=ORgjsppf0gI

All Years: Please check that your child had everything with them before they leave for school, the office cannot guarantee to be able to got items to students if they are all the second schools are the second schools. to be able to get items to students if they are dropped at reception during the day.

All Years: if any contact details change please remember to inform the school: office@langtreeschool.com please include your child's full name and your full name in the email with the change of contact information.





CLUBS—Lunchtime and After School

SPORTS CLUBS INFORMATION CAN BE FOUND HERE. Sports Fixture Information: BOYS

Club Name	Year group (s)	Where is the club held?	Day	Time	Anything else students need to know?		
Keyboard/piano orchestra	ALL	Music Room	Monday	After School	See Mr Henderson for more information		
Running Club	ALL	Field	Monday	After School	Run by: Dr Pete Sudbury. Come along have ago no minimum standard.		
Christian Union	ALL	En4	Tuesday	Lunchtime	See Mrs Lackey for more information		
Young Carers	ALL	Art 2	Tuesday	Lunchtime	Drop in club for Young Carers		
Debating Society	Tuesday lunchtime for Year 9, 10 and 11. Wednesday lunchtime for Years 7 and 8.	En 2	Tuesday lunchtime for Year 9, 10 and 11. Wednesday lunchtime for Years 7 and 8.	Lunchtime			
LGBTQ+ Pride Group	ALL	Humanities 3	Wednesday wk B	Lunchtime	For LGBTQ+ students, questioning students, and allies! Anyone can go providing you are respectful.		
Pan Band	ALL	Music Room	Wednesday	3.00—4.30	See Mr Henderson for more details		
Geeks & Gaming (Mr Nonweiler)	Year 7, Year 8, Year 9, Year 10, Year 11	IT1	Thursday	After school	Programming and playing board games! speak to senior student leaders, Lloyd or Ben.		
Cubing Club	ALL	Math 2	Friday	Lunchtime	No equipment required		

	LUNCH 13	3.30-14.00	AFTER SCHOOL	AFTER SCHOOL 15.00-16.00		
SPORTS CLUBS	BOYS	<i>G</i> IRLS	BOYS	<i>G</i> IRLS		
MONDAY A		YEAR 9 FOOTBALL ASTRO TRAINERS NEEDED	ALL YEARS RUNNING CLUB FIELD			
MONDAY B	YEAR 9 FOOTBALL ASTRO TRAINERS NEEDED		BOTH WEEKS MR SUDBURY			
TUESDAY A	YEAR 10 FOOTBALL ASTRO TRAINERS NEEDED		YEAR 7 CRICKET CLUB ASTRO WEEK A	YEAR 7 & 8 ROUNDERS PITCHES		
TUESDAY B		YEAR 10 FOOTBALL ASTRO TRAINERS NEEDED	YEAR 8 CRICKET CLUB ASTRO WEEK B	BOTH WEEKS		
WEDNESDAY A	YEAR 7 FOOTBALL ASTRO TRAINERS NEEDED		ALL YEARS ATHLETICS CLUB GIRLS AND BOYS TRACK AND FIELD			
WEDNESDAY B	KS3 ULTIMATE FRISBEE		(GREAT FOR COMPETITION AND SPORTS DAY PRACTICE)			
THURSDAY A		YEAR 7 & 8 FOOTBALL ASTRO	YEAR 9 CRICKET CLUB ASTRO WEEK A	YEAR 9 & 10 ROUNDERS PITCHES		
THURSDAY B		TRAINERS NEEDED	YEAR 10 CRICKET CLUB ASTRO WEEK B	BOTH WEEKS		
FRIDAY A						
FRIDAY B	YEAR 8 FOOTBALL ASTRO TRAINERS NEEDED					

*TENNIS NETS AVAILABLE EVERY LUNCHTIME - BRING YOUR OWN RACKET + BALL LUNCHTIME AND AFTERSCHOOL CLUBS AFTER EASTER 2022

Student Wellbeing

Link to pages on school website:

https://langtreeschool.com/student-wellbeing/ https://langtreeschool.com/student-wellbeing-resources/

Bereavement: Losing someone important to you, recently or in the past, is one of the hardest things to experience in life and at this time of year it can make things feel even harder. When you're young we know that bereavement can be even more difficult. The death of a family member, friend or even someone you barely know can have a huge impact on how you feel. There is support and advice available to help get you through it, so please don't suffer in silence, click on the links below to find out more now.

Supporting bereaved adolescents | SeeSaw

Secondary & Young Adults - Grief Encounter

Supporting Your Child During Exam Time

https://www.youtube.com/watch?v=qiKJRoX 2uo - 7 minute yoga for stress relief
https://www.youtube.com/watch?v=kVWPN47Q91Y - advice on anxiety/panic attacks during exams
https://www.youtube.com/watch?v=temtzTnux58 - box breathing technique
https://www.youtube.com/watch?v=sG7DBA-mgFY - 10 minute meditation by headspace

https://www.youtube.com/watch?v=inpok4MKVLM—5 minute meditation

<u>Coping with Panic Attacks: Information from the School Nurse</u>

I seem to be seeing a number of students who are telling me they are suffering from panic attacks when in school and struggle to remember how to manage them in the heat of the moment. This information may help your child to cope if they find themselves in this situation:

<u>End a Panic Attack in 3 Minutes With These 4 Easy Steps - NoPanic</u>
There is also a breathing video which lasts for 4 minutes <u>Correct Breathing Animation - NoPanic</u>

The children's mental health charity, Place2Be, has launched a new website aimed at helping parents with typical situations they can find themselves in with their children. Advice can be found on over forty topics including: Understanding sibling rivalry. My child is lying, what does it mean, what should I do? My child has trouble going to sleep. My child says 'I hate you!' Cultural identity: who am I?

Website https://parentingsmart.place2be.org.uk/

Christain Union

We are delighted to be able to start CU again at Langtree with youth workers from REACH.

When: Every Tuesday lunchtime (starting 10th May)

Where: English 4

What time: 1:20pm / once you've got your lunch you can bring

Who for: Any students from Yr 7-11

What will we do: Play games, have discussions, eat biscuits!

Careers Notice

Any Questions: Just ask Mrs Lackey :)



Link

Yr10 virtual work experience opportunity with the Ordnance Survey. Ordnance Survey (OS) is launching a new geospatial virtual work experience programme in July 2022. For up to 500 year 10 students and accessible to students across the country. Teamed up with Speakers for Schools, a leading youth social mobility charity, to deliver the five-day virtual work experience programme. Students will get a sense of how important the geospatial profession can be and demon-	https://www.ordnancesurvey.co.uk/ education/work-experience						
50 jobs that allow you to travel the world							
99 jobs in Travel and Tourism - ultimate guide							
Meet the Stemettes with Siemens Energy is a free online panel discussion event on 1st June from 11:00-13:45 to discuss paths into STEM careers with inspiring women from Siemens Energy and hear about their unique experiences in the industry. This will be followed by a networking session where there'll be a chance to chat with panellists and other attendees.	Stemettes @ Siemens Energy						
This University of Oxford access event for young women in Years 10-12 with Bangla- deshi and Pakistani heritage takes place on 22nd June from 09:30-15:45. It will give them the opportunity to find out what it feels like to be a student at the University of Oxford. Complete the booking form by 27th May.	<u>Flyer</u>						
Big Bang Digital 2022 will feature 6 STEM panels streamed live from The Big Bang Fair from 22nd-24th June (2 each day), where students get to hear from real scientists and engineers, shining a spotlight on sustainability, health and wellness and technology, ask questions and get inspired.	Big Bang Digital						
Pathway CTM will be joined by ICAEW at this online event on 19th May from 18:00-19:00 to discuss transferable skills, understanding students strengths and adopting those skills within the workplace.	Transferable Skills With ICAEW						

Veggie nachos & cheese and rainbow slaw wedges

Cowboy pie

Quorn sausage Toad in the hole

Jacket Potato

Cheese & spring onion pastry slices

Veggie sausage summer tray bake Vegetable bolognese Carrot potato pie

Sticky veggie bangers & mash

Cheese quiche salad new potatoes Cold pasta pots

Tomato mozzarella gnocchi

MANAGER'S SPECIALS WILL VARY DAILY

Your School Nursing Service

Someone you know and can trust...

Your School Nursing Service can work both in and out of School to help provide or find you support about:

Keeping Healthy

Immunisations

Emotional Health

Weight Management

Sexual Health

Drugs and Alcohol Smoking

We can also help make sure that young people with disabilities, long term illness, or other needs can receive extra support when they need it. If we can't provide the help ourselves, we will connect you with someone who can.

When and Where can I Access my School Nursing Service?

Your School Health Nurse is Jody Coleman. Jody will be in school Friday afternoons only.

If you would like to see Jody, please attend Drop In on a Friday lunchtime

Email:lisa.clayden@oxfordhealth.nhs.uk

Text ChatHealth on: 07312 263084

Confidential

We provide a confidential service. This means that you can discuss personal information in confidence. We will not discuss your personal information with anyone else without your permission. This includes parents and teachers. We would only pass on your information in order to protect you or someone else from serious harm. Whenever possible we would discuss this with you first

Qualified

School Nurses or Specialist Community Public Health Nurses are qualified nurses or midwives with specific graduate level education, and work with a team to support you.

Non Judgemental

We are here to help, not to judge.