

17th December 2021

Dear Parents,

It has been an extremely busy term and I am sure all of our students are looking forward to a well earned break. However, just before we sign off for the festive season, please can you read the following information about school uniform and the Year 11 mocks (for our Year 11 parents):

Uniform matters

- Please could you remind your child/ren to wear their school jumper. Students are allowed to wear a grey, black or navy jumper, but it must be over the top of their school jumper. Not instead of it.
- We have noticed a few students in school with massive holes in their tights. Therefore, we have purchased some black tights that will be stored in the school reception. When students have laddered their tights, they will be asked to go to reception to obtain new ones and we will contact you to arrange payment of £2. We hope this is agreeable, but if you do have any concerns please do contact me.
- Please can you check your child's skirt length. If you need to purchase a school skirt, please contact the school office. We do have lots of second hand skirts which you can purchase for £2. Skirt length should be on, or close to, the knee.

Year 11 mocks

Year 11s will be sitting their mock exams in the first two weeks of the new term. The majority of the exams will take place in the sports hall. As a result of the safety measures we are taking due to covid, the sports hall may be colder than usual. Therefore, for the mock period only, if girls do not have any trousers with the Langtree logo, they are allowed to wear plain black trousers. Please encourage your child/ren to wear thermals and a black, navy or grey jumper over their school jumper (not instead of it). Students are also permitted to wear low heeled boots to keep their feet warm. No trainers are allowed. In order to comply with exam regulations, students *will not* be allowed to wear their coats in the sports hall.

Year 11 students will need to wear their face masks when they walk into the sports hall. Once they are sitting in their allocated seat, they can take off their masks if they would like to and place them in a clear bag which will be provided on their desk. Students will be safely distanced from one another once they are seated in the hall. If your child has one to one support for their exams (either to read tests to them or scribe for them), then we would ask them to wear a mask for the duration of the tests to protect both the student and the teaching assistant.

There will be no tutor sessions for the mock period: students must go straight to the main hall prior to the start of their exams where they will be met by their tutors and teachers. If your child has any concerns during this period, they should talk to their tutor or Head of Year. If they are unable to find them, they should go to the

pastoral office and leave a message with Miss Boycheva and someone from the pastoral team will contact them.

Please be aware that the above is based on current guidance. We will keep you informed if this changes.

Supporting Your Child During Exam Time

Young Minds have launched advice for parents about supporting their children during mock times.

Tips include:

- Encourage your child to take revision breaks and find a balance between studying and doing things they find enjoyable and relaxing.
- Make sure they are eating and drinking at regular intervals.
- Reassure them – reinforce that you are and will be proud of them no matter what happens.
- Remain positive and hopeful!
- Let them know their feelings are valid and normal, but also offer support and solutions where possible.
- Anxiety is often worse at night and this means it is useful to encourage good bedtime routine

For more information please see: <https://www.youngminds.org.uk/parent/a-z-guide/exam-time>

Finally, can I take this opportunity to thank you for all your support during a very busy period. Have a safe, relaxing and merry xmas.

Ms S Burman
Deputy Headteacher