

My child is unwell what should I do?

Would you have sent your child to school before Covid?

NO



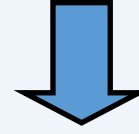
Keep your child off school until they are well enough to return.

If they are exhibiting any of the main Covid symptoms: Get a test to check if you have coronavirus as soon as possible.

Stay at home and do not have visitors until you get your test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

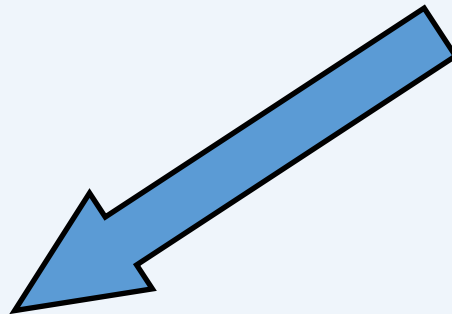
YES



Do they have?

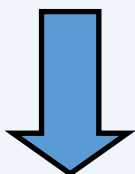
- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

NO



Does your child have an underlying chronic medical condition? (i.e. Cystic fibrosis)

NO

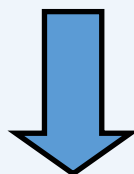


Children who are otherwise well, but have:

- Runny noses
- Sore throats without a fever
- Mild colds

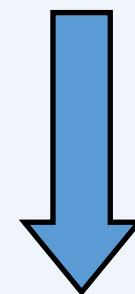
Can come to school as normal

YES



Speak to their specialist team about testing criteria if you haven't already seen or spoken to them or had a letter from them.

YES



Keep your child off school and at home

If you have any of the main symptoms of coronavirus:

Get a test to check if you have coronavirus as soon as possible.

Stay at home and do not have visitors until you get your test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

More Information:

NHS website: Is my child too ill for school? [HERE](#)

School Nurse: Advice for Parents. [HERE](#)

Call your GP or 111 for advice

NHS website: [Coronavirus](#)