

# LANGTREE PHYSICAL EDUCATION PROGRAMME - GIRLS

		AUTUMN		SPRING		SUMMER	
		TERM 1	TERM2	TERM 3	TERM 4	TERM 5	TERM 6
YEAR 7		HOCKEY	FITNESS	NETBALL	BADMINTON	ROUNDERS	TENNIS
		FITNESS	FOOTBALL	GYMNASTICS	DANCE	ATHLETICS	ATHLETICS
YEAR 8		FOOTBALL	FITNESS	NETBALL	BADMINTON	ROUNDERS	TENNIS
		HOCKEY	BASKETBALL	GYMNASTICS	DANCE	ATHLETICS	ATHLETICS
YEAR 9		FOOTBALL	FITNESS	NETBALL	BADMINTON	ROUNDERS	TENNIS
		HOCKEY	BASKETBALL	GYMNASTICS	DANCE	ATHLETICS	ATHLETICS
YEAR 10		HOCKEY Outwitting opponents	FOOTBALL Outwitting opponents	NETBALL Outwitting opponents	BASKETBALL Outwitting opponents	ROUNDERS Outwitting opponents	TENNIS Outwitting opponents
		FITNESS	CIRCUITS	BADMINTON	VOLLEYBALL	ATHLETICS	ATHLETICS
YEAR 11		FOOTBALL	BADMINTON	NETBALL	BASKETBALL	ROUNDERS	TENNIS
		HOCKEY	FITNESS	VOLLEYBALL	BADMINTON	ATHLETICS	ATHLETICS

The order in which activities are taught may vary. In Key Stage 4 the emphasis is on promoting positive attitudes to sport and encouraging students to take responsibility for their own fitness.