

Rednock School RSE scheme of work 2026-27

RSE topics are taught throughout a student's time at Rednock school, and are designed so that students' knowledge builds up over time in an age-appropriate way. All lessons are delivered in line with statutory guidance and therefore focus on the law and the facts.

Year 7	Year 8	Year 9	Year 10	Year 11	Sixth Form
Friendships Bullying, including cyber bullying Discrimination Puberty in males and females Mental health Female Genital Mutilation (basic information) Healthy relationships Respectful and disrespectful behaviour Consent – every day (e.g. borrowing things)	Consent – dealing with rejection Grooming, child sexual exploitation and Chelsea's Story Stereotypes at work Gender discrimination Contraception (basic information – condom and pill) Sexting Sexual relationships	Friendships, groups and gangs Sexual health (basics) Sexual harassment Contraception in more detail – different types, condoms, negotiation, emergency contraception. Commitment Consent – introduction to sexual consent	Risks of a night out, including alcohol and sex Discrimination and the equalities act Body image Healthy intimate relationships Ending relationships Pornography Abuse in relationships Sexually transmitted infections	Consent in sexual relationships Fertility and menopause Planned and unplanned pregnancy, including miscarriage and abortion Forced marriage and honour based violence	Body image Break-ups Harassment and other inappropriate behaviours in relationships Misogyny Contraception Sex in healthy relationships Sexually transmitted infections Pornography Modern family structures