

Rednock School RSE scheme of work 2026

RSE topics are taught throughout a students' time at Rednock school, and are designed so that students' knowledge builds up over time in an age-appropriate way. All lessons are delivered in line with statutory guidance and therefore focus on the law and the facts.

Year 7	Year 8	Year 9	Year 10	Year 11	Sixth Form
<p>Friendships</p> <p>Bullying, including cyber bullying</p> <p>Discrimination</p> <p>Puberty in males and females</p> <p>Mental health</p> <p>Female Genital Mutilation (basic information)</p> <p>Healthy relationships</p> <p>Respectful and disrespectful behaviour</p> <p>Consent – every day (e.g. borrowing things)</p>	<p>Consent – dealing with rejection</p> <p>Grooming, child sexual exploitation and Chelsea's Story</p> <p>Stereotypes at work</p> <p>Gender discrimination</p> <p>Contraception (basic information – condom and pill)</p> <p>Sexting</p> <p>Sexual relationships</p>	<p>Friendships, groups and gangs</p> <p>Sexual health (basics)</p> <p>Sexual harassment</p> <p>Contraception in more detail – different types, condoms, negotiation, emergency contraception.</p> <p>Commitment</p> <p>Consent – introduction to sexual consent</p>	<p>Risks of a night out, including alcohol and sex</p> <p>Discrimination and the equalities act</p> <p>Body image</p> <p>Healthy intimate relationships</p> <p>Ending relationships</p> <p>Pornography</p> <p>Abuse in relationships</p> <p>Sexually transmitted infections</p>	<p>Consent in sexual relationships</p> <p>Fertility and menopause</p> <p>Planned and unplanned pregnancy, including miscarriage and abortion</p> <p>Forced marriage and honour based violence</p>	<p>Body image</p> <p>Break-ups</p> <p>Harassment and other inappropriate behaviours in relationships</p> <p>Misogyny</p> <p>Contraception</p> <p>Sex in healthy relationships</p> <p>Sexually transmitted infections</p> <p>Pornography</p> <p>Modern family structures</p>