

Rednock School RSE scheme of work 2024-25

RSE topics are taught throughout a student's time at Rednock school, and are designed so that students' knowledge builds up over time in an age-appropriate way. All lessons are delivered in line with statutory guidance and therefore focus on the law and the facts.

Year 7	Year 8	Year 9	Year 10	Year 11	Sixth Form
Friendships	Consent – dealing with rejection	Friendships, groups and gangs	Risks of a night out, including alcohol and sex.	Consent in sexual relationships	Body image
Bullying, including cyber bullying.	Grooming, child sexual exploitation and Chelsea's story	Sexual health (basics)	Discrimination and the equalities act	Fertility and menopause	Break-ups
Discrimination	Stereotypes at work	Sexual harassment	Body image	Planned and unplanned pregnancy, including miscarriage and abortion	Harassment and other inappropriate behaviours in relationships
Puberty in males and females	Gender discrimination	Contraception in more detail – different types, condoms, negotiation, emergency contraception	Healthy intimate relationships	Forced marriage and honour-based violence	Misogyny
Mental health in puberty	Contraception (basic information – condom and pill)	Commitment	Ending relationships, including sextortion		Contraception
Female Genital Mutilation (basic information)	Sexting	Consent – introduction to sexual consent	Pornography		Sex in Healthy relationships
Healthy relationships	Sexual relationships	Homosexual relationships (Philosophy and Ethics)	Abuse in relationships		Contraception
Respectful and disrespectful behaviour.	Consent – dealing with rejection	Transgender issues (Philosophy and Ethics)	Sexually transmitted infections		Sexually transmitted infections
Consent – every day (e.g. borrowing things)		Female Genital Mutilation (Philosophy and Ethics)			Pornography
		Divorce (Philosophy and Ethics)			Modern family structures