

Name



Psychology



Contact Information

Course Leader: Jake.Mitchell@rednockschool.org.uk

Welcome,

You have chosen to study A-level Psychology at Rednock. Good choice!

We will be covering a range of topics throughout the two years. As such, there are a few things you are going to need in preparation for your A-level: see below. Should you need any more assistance please email me at:

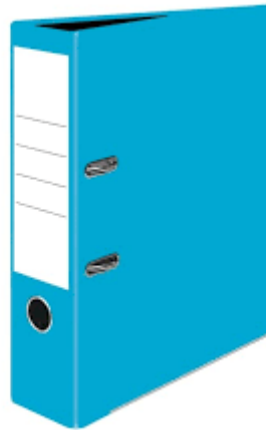
Jake.Mitchell@rednockschool.org.uk (Course leader and head of Social Science)

Before you start the

course!

You will need the following equipment

- * **Lever arch Folder (Not a ring binder)**
- * **Dividers**
- * **A4 lined paper**
- * **A calculator**
- * **Pens, pencils, rubbers etc.**



In your first term you will learn about the following topics

- Approaches in psychology
- Research Methods

It is important that you do this work to start to familiarise yourself with a new subject. The tasks are intended to help you to get a better understanding of psychology as a subject. We hope you enjoy them.

Summer Tasks

Before your first week in Rednock Sixth Form, I would like you to research the origins of Psychology and the 5 [approaches](#) of Psychology that you will study. Use the hyperlinks to help you (just Googling answers can lead to incorrect answers, so please use the sites recommended).

If you prefer to read, rather than watch videos, you will find lots of useful information on these pages: [Topics | Psychology | tutor2u](#)

[Approaches in Psychology | Collections](#)

You will need to write answers for the following questions, using the hyperlinked videos:

1. What are the [origins of Psychology](#)? - Who was Wilhelm Wundt. What is meant by introspection and the emergence of science?
2. The [Biological approach](#) to Psychology - Define genotypes and phenotypes, neurotransmitters and hormones.
3. The [Behavioural approach](#) to Psychology—Define classical and operant conditioning, social learning theory.
4. [The Cognitive approach](#) to Psychology—Define schemas, cognitive neuroscience, the role of theoretical and computer models.
5. [The Psychodynamic Approach](#)—Who was Freud? What is the Iceberg theory?
6. [The Humanistic Approach](#) - What are the defining features of the Humanistic approach? How does it differ from other approaches?

Please complete these sections on the following pages. And bring them with you to your first psychology lesson. Including all of the required resources.

Please answer the following questions. Remember you might be tested on this within the first term for a baseline test.

1. What is psychology?
2. What is meant by Science?
3. What is meant by introspection?
4. What did Wilhelm Wund do in Germany in 1879?
5. What is Structuralism?
6. What contributions to psychology did Sigmund Freud make?
7. Which approach did Carl Rogers belong to?

8. What do we mean by the term Cognitive?
9. What is behaviourism Interested in?
10. What are the assumptions of Social Learning Theory?
11. What are the 4 stages of the mediation process?

Other Useful Websites.

<https://www.tutor2u.net/psychology/reference/introspection-early-use>

<https://www.simplypsychology.org/structuralism.html>

<https://www.simplypsychology.org/Sigmund-Freud.html>

<https://www.simplypsychology.org/carl-rogers.html>

<https://www.simplypsychology.org/bandura.html>

<https://www.tutor2u.net/psychology/reference/research-methods-key-term-glossary>

Let's get creative

Create a timeline of Psychology. This should be a fun and imaginative activity. Think about using images, and other information that you research around psychology.

Research Methods

Research methods are a considerable part of the course. You will need to get your head around a few things if you want to be successful in Psychology.

There is a list of terms below. Create flashcards either on card or digitally, using a platform like Quizlet with the word on one side and the definition on the other. Use this link to find the correct definitions (you will need to read the information and work out the definition, it doesn't just give you a one-sentence answer): [Topics | Psychology | tutor2u](#)

Aim	Sample
Hypothesis	Population
Independent Variable	Pilot Study
Dependent Variable	Observation
Operationalising Variables	Generalisability Reliability
Experiment	Validity
Correlation	Ethics

Final TASK: Where can Psychology take you!

Research and create a poster of different occupations in Psychology. E.g. Sports Psychologist, Health Psychologist and Neuropsychologist.

If you have questions about what you read, write them down and we can discuss them in the first few weeks.

If you have any problems with the work, then please email Mr Mitchell:

jake.mitchell@rednockschool.org.uk