



SUBJECT: Physical Education

YEAR: 10 & 11

HEAD OF DEPARTMENT: Mr Sykes

GROUPING POLICY: Mixed ability in option blocks

EXAM BOARD: AQA

ASSESSMENT: 60% External examination; 40% Practical Performance

(We strongly advise that only students who have a genuine interest in PE take this course AND are playing sport at a competitive level inside and outside of school as competitive practice and matches will need to be on video as part of the practical assessment)

COURSE CONTENT

Link to Specification:

<https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582>

Curriculum Intent

This course is designed for those students who not only excel in their chosen practical area, but also have a good appreciation of the scientific background that goes alongside the course. This course is designed for those students who are able to perform well in three sports and also have an interest in Physical Education and Sport. The course involves continual practical assessment, along with some written coursework. The course also contains two exam papers at the end of the course, both of an hour and fifteen minutes each.

What will my child learn?

Over the two years of the GCSE Physical Education (PE) course, students will study the following topics:

1. Applied anatomy and physiology
2. Movement analysis
3. Physical training
4. Use of data
5. Sports psychology
6. Socio-cultural influences
7. Health, fitness and well-being

What will homework look like?

Homework will range through a variety of different questions and challenges related to the specific topic studied within class time. Homework will be set on a weekly basis. This could be in the form of exam related questions, research on particular topics, practical tasks to sit alongside the delivery of the participation element of the course.

What enrichment opportunities are available?

- There is a range of extra-curricular clubs and practices.
- Fixtures against other teams on a local and national level.



ASSESSMENT

How will my child's work be assessed?

Candidates will be formally assessed throughout the 2 years during practical lessons where they will cover a variety of different activities, along with an assessment in their selected practical areas. The 60% theory grade is exam based, two written papers covering the whole GCSE grades (1-9).

- Each paper will assess a set of topic areas and consist of a mixture of multiple choice/objective test questions, short answer questions and extended answer questions.

Paper 1: The human body and movement in physical activity and sport (30%), 1hr 15mins

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data (also in paper 2)

Paper 2: Socio-cultural influences and well-being in physical activity and sport (30%), 1hr 15mins

- Sports psychology
- Socio-cultural influences
- Health fitness and well being
- Use of data (also in paper 1)

ADDITIONAL INFORMATION

How can I support my child in this subject?

- Ensure that your child has the correct kit and equipment for each lesson to enable them to participate fully in the course.
- Access to the AQA website where plenty of previous exam papers and resources are available.
- Revision guides will be given to pupils in Year 11 to aid revision at home.

How can I support my child with exams?

- Use of revision guide
- Question and answering