



**SUBJECT:** Life-skills and Ethics

**YEAR:** 10 & 11

**HEAD OF DEPARTMENT:** Mr Sanders

**EXAM BOARD:** AQA

**ASSESSMENT:** 100% External Examination

**GROUPING POLICY:** Follows English groupings

All students have the appropriate support and challenge to access the full course content. Where necessary the curriculum is adapted for specific learner needs.

## COURSE CONTENT

### Curriculum Intent

Life skills gives students opportunities to reflect on their experiences and how they are developing. Its aim is to give students the knowledge, skills and understanding they need in order to lead confident, healthy, independent lives and to become informed, active, responsible citizens. Life skills lessons help students to understand and manage a wider range of relationships responsibly as they mature, and to show respect for the diversity of, and differences between, people. It also develops students' well-being and self-esteem, encouraging belief in their ability to succeed and enabling them to take responsibility for their learning and future choice of courses and career.

### Curriculum Implementation.

Life skills is followed by all students in Years 10 and 11 for 2 periods per fortnight. Students study a range of topics including Personal, Social and Health Education (PHSE), Relationships and Sex education (RSE), Citizenship and careers education. They also study religious education (RE) and ethics topics. Students are encouraged to learn in a wide variety of different ways, and there is an emphasis on teaching students to express their views sensitively both through written work and through discussion.

### Character and Culture Values

Rednock School's programme of character and culture education pervades everything that we do, and consists of a series of six values that follow the acronym 'I MATTER'. In Life skills, students' work is organised around each value.

Term	Value	Year 10 topics	Year 11 topics
1	<b>I am Thoughtful</b> <i>Social skills and emotional wellbeing</i>	RE topic - Sikhism, British values.	RE topic – war and peace, The UN, the commonwealth, international law.
2	<b>I am Tenacious</b> <i>Resilience, grit, perseverance</i>	Human rights, extremism, alcohol, drugs, a safer night out.	RE topic – crime and punishment, job applications, post-16 options .
3	<b>I am Motivated</b> <i>Careers, aspirations, growth mindset</i>	Work experience, social media presence, discrimination, health screening.	Interview skills, the law in the UK, democracy in the UK.
4	<b>I am Aware of my own abilities</b> <i>Self-awareness and self-control</i>	Body image, healthy relationships, relationship abuse, pornography.	Consent, fertility, planned and unplanned pregnancy, forced marriage.
5	<b>I am Resourceful</b> <i>Problem solving</i>	STIs, mental illness, stress, interview skills, work experience prep.	RE topic - the environment, new challenges, stress management.



6	<b>I Explore the world around me.</b> <i>Cultural awareness, citizenship, community</i>	Finance, gambling, work experience follow-up.	
---	--	---	--

#### **What will homework look like?**

Homework is not given for this subject.

#### **What enrichment opportunities are available?**

Enrichment opportunities are available through visits and talks from outside agencies such as the local Police, thematic plays to explore messages about bullying, disability, road safety awareness and grooming. These enrichment opportunities change from year to year according to the changing needs and current topical issues of our society.

Students will also study Citizenship, PSHE and RE topics on wider learning days throughout the year

### **ASSESSMENT**

#### **How will my child's work be assessed?**

Students are not formally assessed in Life skills, instead, they are given formative feedback to help them to develop their skills in expressing their ideas in writing.

In addition, students are expected to be active participants in their learning self and peer assess and evaluate progress at regular intervals to identify targets and strategies for improvement.

### **ADDITIONAL INFORMATION**

#### **How can I support my child in this subject?**

- Encourage reading around topics and watching relevant television programmes
- Discussion of classroom learning
- Check through homework tasks

#### **How can I support my child with exams?**

- Discuss what your child has been learning in their Life skills lessons. Encourage them to describe to you the facts of what they have been learning, and what they think about it.
- Encourage your child to explain to you why they think as they do.
- Help your child to find suitable sources of information if they wish to find out more about what we have been studying – some of the topics we cover are quite tricky.
- Encourage your child to take part in activities in school and out of school and to be an active member of their community.
- Encourage your child to watch, read or listen to the news, and discuss it with them.