

**SUBJECT:** Physical Education

**YEAR:** 7, 8 & 9

**HEAD OF DEPARTMENT:** Mr Sykes

**GROUPING POLICY:** Students have been set based on their progress and attainment last year. For each population there is a high prior attainment set, a set where students need more support and two or three sets of mixed prior attainment students.

In Year 7 across all 3 subjects; Students are set in mixed ability groups.

**COURSE CONTENT:**

**What will my child learn?**

We aim to introduce a broad range of physical activities building on Key Stage 2. Skills and principles of play are introduced in major games – rugby, hockey, netball, football, basketball, cricket and rounders. Body management, mobility and control are enhanced in gymnastics whilst athletics, swimming, orienteering multi-skills and dance offer individual sporting experiences.

As students progress through the year, we aim for them to develop their skills and techniques and how to apply them in different activities. They learn to use their initiative and make decisions for themselves about what to do to improve their performance.

**What will homework look like?**

N/A

**What enrichment opportunities are available?**

- Extra-Curricular clubs and practices;
- Fixtures against other schools at both local and National levels;
- Inter Community activities;
- Elite squads and performance opportunities.

**ASSESSMENT**

**How will my child's work be assessed?**

- Ongoing assessment in line with school policy – on, below or exceeding level;
- Attitude to learning;
- Behaviour.

**ADDITIONAL INFORMATION**

**How can I support my child in this subject?**

Ensure students bring the correct kit and equipment to each lesson to enable them to take part fully in each lesson.