



PHYSICAL EDUCATION

QUALIFICATION: A Level

EXAMINATION BOARD: OCR

What will my child learn?

The course aims to:

- Develop knowledge and skills in selected activities
- Explore the contemporary sociological issues in modern sport
- Examine anatomy and the effects of exercise
- Analyse the way we learn to be skillful

What will homework look like?

One piece of work for each of the theory elements each week. Practical analysis homework when required

What enrichment opportunities are available?

- School Clubs and practices
- Inter-School Fixtures
- Elite squads
- Potential to help lead/ assist lower school teams and practices

ASSESSMENT

How will my child's work be assessed?

Work will be assessed in line with the exam board criteria. Marks will be given in line with exam board mark schemes and students will be given estimated exam grades based on the exam board criteria.

There will be three examination papers in the summer of Year 13

- 3 written papers including 30% (Applied Anatomy and Physiology, Exercise Physiology and Biomechanics) 20% (Skill acquisition and Sports Psychology) and 20% (Sport and Society and Contemporary Issues in Sport) respectively
- Practical assessment and performance 30% of total A level assessed throughout the course.

ADDITIONAL INFORMATION

How can I support my child in this subject?

Encourage them to join extra-curricular activities, assist with revision. It is also vital that students are (preferably) playing within their chosen practical sport outside of school.

How can I support my child with exams?

- Purchase revision guides
- Ensure the student allocates time to revision

- Visit OCR website (www.ocr.org.uk) with specifications, exam papers and mark schemes

What could the qualification lead on to?

- Sports Coaching
- Physiotherapy
- Teaching
- Sports Psychology
- Analysis of Sport